Oneida Community Health Study

2012 Results and Comparisons
Goal: Gather information about tribal member’s medical conditions and healthcare needs to compare to 2006 survey results while tracking changes and improvements. Many questions were taken from the Center for Disease Control BRFSS Survey

2,650 surveys sent to Oneida Tribal member’s households in Brown and Outagamie Counties January 6, 2012 through February 13, 2012
- 648 mail surveys completed
- +/- 3.3% margin of error

The following presentation compares the current results to those from the 2006 distribution
Positive Results

- Improved perception of general health
- Decreased lack of doctor visit due to cost for those aged 18-54
- Increased utilization of flu shot
- Improved oral care (dental visits and teeth cleaning)
- Increased frequency of eye exams
- Increased frequency of routine checkup for asthma
- Declined frequency of smokers aged 18-54; Improved smoking rules in homes
- Reduced average alcohol consumption per sitting
- Improved knowledge of personal A1C Test for those with diabetes
- Increased CO detector usage (>20%)
- Improved seat belt usage
Areas Needing Improvement

- Extreme rates of those overweight and obese (based on BMI)
- Increased rate of physical unhealthy days for those aged 55+
- Increased rate of mental unhealthy days for those aged 55+
- Increased frequency of smokers aged 55+
- Increased rate of those consuming alcohol of those aged 55+ (but fewer drinks on average per sitting)
- Increased frequency of depression for those aged 55+
- Increased rate of anxiety disorders
- Increased rate of depressive disorders
83% of members are overweight or obese with 54% considered obese

Ratings for general health improved for those aged 18-54 and 55+

Number of physically unhealthy days in past month increased for those aged 55+

Number of mentally unhealthy days in past month increased for those aged 55+
76% of respondents use Oneida Comprehensive Health Division

89% overall satisfaction rate

Most satisfied that staff listens to them (90%)

Least satisfied with ability to get in and be seen (73%)

Fewer respondents aged 18-54 were unable to see a doctor due to cost
62% of respondents exercised during the last month and 37% did not.

76% participated in moderate physical activities for at least 10 minutes outside of work.

Of those who exercised, the median number of days with moderate exercise is 3 days per week.

Of those who exercised, the median amount of time spent on moderate exercise is 16-30 minutes per day.
A higher rate of members received the flu shot last year than in 2006.

Of those who did not receive the flu shot, a lower percentage didn’t think they needed it than in 2006.

Of those who did not receive the flu shot, a higher percentage said they were concerned about the vaccine (side effects, etc.) than in 2006.
A higher percentage of members have gone to a dental clinic in the past year than in 2006.

69% of members have had their teeth cleaned in the past year.
70% of members have had their eyes examined in the past year

The percentage of members who have *no difficulty* reading print in newspapers, menus, etc. has decreased from 54% in 2006 to 47% now
8% have been told they have had a heart attack
  - 13% aged 55+ compared to 3% aged 18-54

9% have been told they have had angina or coronary heart disease
  - 15% aged 55+ compared to 3% aged 18-54

4% have been told they have had a stroke
18% have been told they have asthma

39% have not seen a health professional for a routine asthma check up in the past year

61% have not had any days where they were unable to carry out their usual activities in the past year due to asthma
62% of respondents have smoked at least 5 packs of cigarettes in their lifetime

Only 30% currently smoke every day compared to 39% in 2006

54% do not smoke at all currently compared to 48% in 2006

76% of respondents do not allow smoking in their homes compared to 65% in 2006
62% of those aged 18-54 have had an alcoholic drink in the past month compared to 43% of those aged 55+

The rate of those aged 55+ who have consumed an alcoholic drink in the past month has increased from 35% in 2006 to 43% now

Respondents aged 18-54 consume more drinks on average per sitting than those aged 55+

Of those who drank in the past month, only 24% drank 5 or more drinks on average compared to 33% in 2006

9% of respondents have driven when they’ve had too much to drink in the past month

*Remaining respondents don’t know
95% of women aged 40+ have had a mammogram

59% of women aged 40+ have had a mammogram in the past year and another 20% had one in the past 2 years

61% of women have had a breast exam in the past year

97% of women have had a Pap test

45% of women have had a Pap test in the past year and another 21% have had one in the past 2 years

82% of men aged 50+ have had a colonoscopy or sigmoidoscopy
72% of those aged 18-54 and 42% of those aged 55+ do not have diabetes.

Of those who have diabetes, 57% check their glucose daily.

81% of members aged 55+ get checked for diabetes every year down from 87% in 2006.

84% of respondents believe diabetes information is readily available from OCHC.

46% receive education about diabetes from OCHC up from 37% in 2006.
27% of respondents always get the social and emotional support they need and 38% usually get the support they need.

86% of respondents are satisfied with their lives.
- 82% of those aged 18-54 compared to 89% of those aged 55+.

![Graph showing receive social and emotional support needed]
39% of respondents have felt down, depressed or hopeless in the past 2 weeks

26% of respondents have been told by a healthcare provider that they have an anxiety disorder

30% of respondents have been told by a healthcare provider that they have a depressive disorder

21% of those aged 18-54 and 12% of those aged 55+ have used Oneida Behavioral Health services in the past year

15% of respondents received mental health services from OBH and 6% received services from another area clinic

14% have needed to see a doctor at OBH in the past year, but could not due to lack of appointments
95% of households have a smoke detector

57% of households have a carbon monoxide detector

9% of households have mold greater than the size of a dollar bill

49% of households use unfiltered tap water, 27% use filtered tap water, 17% use bottled or vended water, and 4% use another source
61% of households do not have firearms

Of the households with firearms, 58% have all firearms locked up

79% of respondents always wear their seat belts in the car and 12% nearly always wear them
Continuous Quality Improvement Plan

- Obesity
- Depression
- General Health for those aged 55+
Assessment Team

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