

Native Fitness VII

Draft Agenda

(Subject to change as needed)

August 11 and 12th, 2010

Tuesday August 10, 2010

LOCATION: NIKE WORLD HEADQUARTERS

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| 3:00pm – 6:00pm | Pre-Registration |
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Wednesday August 11, 2010

LOCATION: NIKE WORLD HEADQUARTERS

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| 7:00am – 8:30am | Registration |
| 8:30am - 8:45am 8:45 – 9:15 | Opening Remarks – Joe Finkbonner(NPAIHB Executive Director) Welcome & Blessing – Sam McCracken and Kerri Lopez(Nike Native American Business and NPAIHB Diabetes Project Director) |
| 9:15am – 9:30am | Introductions/ Agenda/ Housekeeping – John Blievernicht & Kerri Lopez |
| 9:30am – 11:00 RONALDO | Breakout Session #1 – NAFC Trainers <ul style="list-style-type: none">▪ Warrior Code – Brian Laban, Brenda Gene▪ Functional Fun - Sports Moves for Everyone - John Blievernicht▪ Achieving Fitness With a Chair – Elfreida Barton |
| 11:00pm – 12:00pm | Lunch “Data into Action” – Kerri Lopez and Donnie Lee (WTDP Project Director and Portland Area Diabetes Consultant) |
| 12:00pm – 2:00pm | Key Note Speaker – Darryl Tonemah (Lunch provided) |
| 2:15pm – 4:00pm RONALDO | Breakout Session #2 – NAFC Trainers <ul style="list-style-type: none">▪ Warrior Code – Brian Laban, Brenda Gene▪ Functional Fun - Sports Moves for Everyone - John Blievernicht▪ Achieving Fitness With a Chair – Elfreida Barton |
| 4:15pm – 4:30pm | Closing |

Thursday August 12, 2010

LOCATION: NIKE WORLD HEADQUARTERS

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| 8:00am – 8:30am | Welcome – Doni Wilder (Portland Area Office, IHS Director) |
| 9:00am –11:00am RONALDO | Breakout Session #3 – NAFC Trainers <ul style="list-style-type: none">▪ Walking Strong - Take a Walk on the Wild Side - Brian Laban▪ We Don't Quit, Until our Kids are Fit - Brenda Gene▪ U Got to Love It - Boot Camp Fitness - Elfreida Barton▪ Training Clients with Injuries (advanced) - John Blievernicht |
| 11:00am – 11:15pm | Housekeeping |
| 11:15pm – 11:45pm | Nike and Native American Business Program – Sam McCracken |
| 11:45pm – 1:30pm | Lunch provided |
| 1:30pm – 5:00pm RONALDO | Breakout Session #4 – NAFC Trainers <ul style="list-style-type: none">▪ Walking Strong - Take a Walk on the Wild Side - Brian Laban▪ We Don't Quit, Until our Kids are Fit - Brenda Gene▪ U Got to Love It - Boot Camp Fitness - Elfreida Barton |
| 3:30pm – 4:30pm | All group workout – NAFC Trainers - Ronaldo Field |
| 4:30pm – 5:00pm | Closing – Receive Sports Incentive |