

Pascua Yaqui Pueblo
Community Health Improvement Plan
2016 – 2020



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PASCUA YAQUI TRIBE HEALTH SERVICES DIVISION

VISION – A healthy Yaqui (Hiaki) community where all people can enjoy health and wellness in a clean, safe environment, be protected from public health threats, and have access to high-quality and comprehensive health care.

MISSION STATEMENT – The mission of the Pascua Yaqui Tribal Health Programs is to provide the highest possible standards of care for the health and well-being of tribal members and their families within all Yoeme communities.

VALUES

- We respect and dignify individual choices and Yoeme cultural values and traditions.
- Using a holistic wellness approach, we support healing the mind, body, and spirit.
- We affirm the use of traditional healing herbs and prayer.
- We are committed to the prevention and treatment of disease and to the restoration of health in our Yoeme communities.
- We are dedicated in bringing about emotional and spiritual unity within our Yoeme families.
- We encourage a healthful lifestyle through support and education of the benefits of balanced nutrition, moderate exercise and freedom from addiction.
- We acknowledge the strength of the Yoeme communities and endeavor to honor and share our elders’ wisdom for the future of our children.
- Through the service of our Health Programs, the Yoeme Nation shall live in balance and harmony within the sacred circle of life.

PURPOSE STATEMENT – We serve Tribal Members and their families in all Yoeme Communities by providing and promoting health services to achieve longevity, wellness and healthy lifestyles. By doing this we help our Community live in balance and harmony within the sacred circle of life.

ABOUT THE PASCUA YAQUI HEALTH SERVICES DIVISION (PYHSD) – PYHSD offers tribal members and their dependents (regardless of residence), and tribal employees a vast array of health services. PYHSD houses several departments including Administration and Community Programs, Managed Care, Health Services, HIM, Centered Spirit, Sewa U’usim, and the Dental Center. Additional programs include:

- Community Health Nursing
- Community Health Representatives
- Diabetes Program and Wellness Center
- First Things First
- HIV/AIDS Prevention
- Healthy Families, Injury Prevention
- Injury Prevention and Public Health Preparedness
- Pascua Clinic and Specialty Clinics
- Traditional /Alternative Healing
- Women, Infants and Children
- Youth Wellness Program

PROMOTING A HEALTHY PASCUA YAQUI PUEBLO

How Can We Continuously Improve Our Community Health?

Community health improvement planning is a process that helps communities make decisions about health based on accurate and current data. Community leaders, public health, and health care workers collect and use this information to ensure that programs and services are meaningful, purposeful, and strategic. Particularly, public health departments use what is learned from the process to identify the health needs of the community and respond by implementing strategies to make improvements. A public health-focused community improvement planning process often includes three components: a community health assessment, a community health improvement plan, and an organizational strategic plan. These are described below:

- A **Community Health Assessment (CHA)** – a collaborative approach of gathering and reviewing data and information about a community’s health status. The data and information collected are typically used to decide on priorities and to plan actions that will improve the community’s health.
- A **Community Health Improvement Plan (CHIP)** – a community-driven planning process that uses CHA results to prioritize health concerns and create a plan to address them. The plan generally covers a five-year span and describes how the department will systematically work together with community partners to address the most pressing health needs of the community.
- A **Strategic Plan** – a plan that defines how an organization intends to use its resources to achieve its goals. Through a common understanding of the mission, vision, goals, and objectives, the strategic plan provides a framework that health departments can use to make decisions that will help it move forward.

While each component is often considered a separate activity, they can be developed together as part of an overall process aimed at improving health outcomes. For example, the CHA reports data and information about a community’s health status, which stakeholders can then use to identify the community’s health priorities to be addressed in the CHIP. The strategic plan addresses the health department’s internal capacity (e.g. policies, resources and staff), as well as its program needs in order to support overall improvement efforts, both internally and in addressing the community’s health.

Pascua Yaqui Pueblo Community Health Assessment and Strategic Plan

Pascua Yaqui Pueblo Community Health Assessment: Collecting data about an entire community takes the time, expertise, and cooperation of many people. The Pascua Yaqui Tribe Health Services Division (also called the PYT Health Department) began conducting the first Pascua Yaqui Pueblo CHA in May 2012. The PYT Health Department held several meetings to: 1) collect and analyze the data, 2) gather input from the community, and 3) report results to community stakeholders. In April 2016, the PYT Health Department presented the preliminary CHA results at a community partners meeting. After reviewing the findings, community stakeholders identified the most important health issues and themes that emerged from the process. The health issues identified by community stakeholders are the basis for this *Pascua Yaqui Pueblo Community Health Improvement Plan*.

Pascua Yaqui Health Department Strategic Plan: In January 2016, the PYT Health Department began a strategic planning process by conducting an environmental scan of the internal and external factors that affect the PYT Health Department. On March 14-15, 2016, Health Department managers and supervisors participated in a strategic planning session. They reviewed data from the CHA and a PYT Health Department performance assessment. After reviewing the data, they identified the department's internal strengths and areas for improvement, as well as external opportunities and threats (SWOT analysis). The result was a comprehensive 5-year plan addressing their performance goals.

The Pascua Yaqui Pueblo Community Health Assessment, Strategic Plan, along with this Community Health Improvement Plan, make up the Pascua Yaqui Tribe's overall community health improvement process.

PASCUA YAQUI PUEBLO COMMUNITY HEALTH IMPROVEMENT PLAN

CHIP Process

The *Pascua Yaqui Pueblo Community Health Improvement Plan 2016-2020* was developed through collaborative efforts involving several PYT Health Department staff, health care professionals, and community partners. Like the CHA, the CHIP focuses specifically on those Pascua Yaqui Tribal members residing in Pima County which includes the Pascua Yaqui Pueblo Reservation, Old Pascua, Barrio Libre, and elsewhere within Tucson. The Health Department convened a planning meeting to seek input on the CHIP. Together with community partners and PYT Health Department staff reviewed the findings of the *Pascua Yaqui Pueblo Community Health Assessment* (including the community survey and CHANGE tool assessment; they discussed community health issues and themes, and the assets and resources that can support health improvement efforts.

Issues and Themes Shaping Pascua Yaqui Pueblo's Health

Community partners identified several issues and themes related to the community's health. Many of these issues are interrelated and shape the health of individuals and the community. The themes and issues that the community partners regard as important as listed in Figure 1 below.

Figure 1. Issues and Themes

<ul style="list-style-type: none">• Theme: Address determinants of health and focus on policies, systems, and environmental change.<ul style="list-style-type: none">○ Access to care (including individuals with disabilities)○ Availability and use of health care and services provided through insurance plans○ Availability of educational opportunities○ Impact of incarceration on individuals and families○ Support for Tribal laws that address public health issues○ Families with inadequate housing or housing needs
<ul style="list-style-type: none">• Theme: Improve community engagement, education and empowerment<ul style="list-style-type: none">○ Barriers to seeking and receiving care○ Knowledge of health resources, alternative health services, and health department programs○ Communication from the health department to community○ Education on health-related topics and issues (health literacy and environmental awareness)○ Partnerships with providers and stakeholders
<ul style="list-style-type: none">• Theme: Traditional health and values<ul style="list-style-type: none">○ Balance of western and traditional healing, culturally appropriate services, Yaqui healing○ Multigenerational families
<ul style="list-style-type: none">• Theme: Safer communities and neighborhoods<ul style="list-style-type: none">○ Gang affiliation○ Illegal drug sales in community○ Enforcement of animal control laws
<ul style="list-style-type: none">• Theme: Strengthen families and relationships<ul style="list-style-type: none">○ Domestic violence○ Healthy relationships (families, young people, partners, etc.)

- **Theme: Address health areas greatly affecting the community**
 - Chronic diseases: Diabetes, chronic pain, cancer
 - Infectious diseases: Hepatitis C, sexually transmitted diseases, HIV/AIDS
 - Risk factors: Obesity, healthy eating, access to healthier food, healthy lifestyles
 - Substance abuse: Drug prevention and treatment - No mobile syringe exchange
 - Special populations: Men’s health, youth health, sexual health, LGBT health

Pascua Yaqui Pueblo’s Assets and Resources

Our communities are truly the most valuable asset and resource for improving our health status. There are several assets and resources in the community, including several community facilities, recreational areas, a transportation assistance program and plans to improve roadways and walkways. A complete listing can be found in the *Pascua Yaqui Pueblo CHA*; select resources are described below.

Community Services and Resources

The Pascua Yaqui Tribe has a facility that houses the Education Division and the Language and Culture Department. The building includes Education administrative offices, Hiaki High School, a large meeting room, the tribal library, the Intel clubhouse with music studio, and a traditional arts studio. Other community services and resources include a Multi-Purpose Justice Center (Law Enforcement Department, Courts, Prosecutor’s Office, and the Attorney General’s Office), alternative programs for behavioral health, adult education, mental health treatment, and an Animal Control Shelter.

Despite several community resources, many members must travel long distances to access other important community services including hospital, urgent care, health clinics, the library and grocery stores. The Pascua Yaqui Tribe Tribal Transportation Program aims to improve highway, road, bridge, parkway, or transit facility programs or projects that are located on, or which provide access to, the Pascua Yaqui Indian Reservation. The Tribe’s recent roadway project is the extension of Ignacio Baumea road from Los Reales Road to Valencia Road, and the improvements on Calle Torim. The road project will improve access, mobility and safety for vehicular, bicycle, and pedestrian traffic.

Recreational Assets

Community Facility at Pueblo Park: This area is used as a community meeting area and is the center of activity for major community celebrations. It includes:

- Aerobic room
- Basketball and volleyball courts
- Boxing gym
- Commercial kitchen for classes
- Gymnasiums
- Horse stables
- Meeting rooms
- Mosaic art studio
- Picnic areas
- Playgrounds
- Skate park
- Swimming pools
- Walking trails

Assets for Community-Level Change

Through other Pascua Yaqui Health Program initiatives, the Good Health and Wellness in Indian Country Coalition (Coalition) used the *CHANGE* (Community Health Assessment aNd Group Evaluation) Tool to identify community strengths (assets) and areas for improvement (needs). The Coalition examined several sites to determine what is currently in place that helps create a healthier environment and community-level change. The Coalition focused on four sectors: 1) Community at Large; 2) Community Institution/Organization; 3) Health Care; and 4) School. For each on these sectors, the Coalition surveyed community sites to identify needs and assets in the areas of Physical Activity, Nutrition, Tobacco, Chronic

Disease Management, and Leadership. The results were used to inform community health improvement priorities. The assets for each of the sectors are listed below in Figure 3.

Figure 2. Assets in Four Sectors – Pascua Yaqui CHANGE Tool Results

Sector	Assets
Community at Large	<i>Community Development Office</i> <ul style="list-style-type: none"> • Leadership, Physical Activity
Community Institution/Organization	<i>Casino Del Sol</i> <ul style="list-style-type: none"> • Chronic Disease Management, Leadership, Nutrition, Physical Activity <i>Workforce Innovation and Opportunity Act (WIOA)</i> <ul style="list-style-type: none"> • Chronic Disease Management, Leadership, Nutrition, Physical Activity <i>Human Resources</i> <ul style="list-style-type: none"> • Chronic Disease Management, Leadership, Nutrition, Physical Activity
Health	<i>Sewa U'usim, Diabetes Prevention Program, and Dental Clinic</i> <ul style="list-style-type: none"> • Chronic Disease Management, Leadership, Nutrition, Physical Activity, Tobacco
School	<i>Hiaki High School</i> <ul style="list-style-type: none"> • Chronic Disease Management, Leadership, Nutrition <i>Head Start</i> <ul style="list-style-type: none"> • Chronic Disease Management, Leadership, Nutrition, Physical Activity (Environment), Tobacco Physical Activity, Tobacco

Our Values for the CHIP Process

The *Pascua Yaqui Pueblo CHIP 2016-2020* will serve as a guide for our community-wide efforts toward a happier and healthier Pascua Yaqui Pueblo. Throughout the community health improvement process, the PYT Health Department will work with community, public health, and health care programs to leverage assets, resources, and skills and to provide the highest possible standards of care. That is, the department will provide services and programs that are credible, timely, quality, effective and accountable to the community. The Health Department is committed to help community members live healthy lifestyles and view their health in a holistic way. By promoting health and wellness using these values, the community health improvement process will be a comprehensive, strategic, and community-wide effort.

COMMUNITY HEALTH IMPROVEMENT PRIORITIES

During the CHIP planning meeting, community partners and staff went through a consensus-building process to select priority health areas. Attendees worked in small groups based on their area of expertise and interest to brainstorm goals, objectives, and activities aimed at improving the health of the community for each strategic priority. Below you will find a table for each of the six community health improvement priorities that emerged (called Strategic Priorities in the tables starting on the page below). Each table includes the goals, performance objectives, strategies, and a list of related national objectives that align with this plan’s objectives. The tables also provide information on which department, group or organization is responsible for each objective, and lists the partners that they will work with to complete specified activities.

Note: Throughout the Strategic Priority tables, the reader will find the abbreviations: DEV and TBD. Their meanings are described here.

DEV	Developmental: Objectives, baseline or target information for which there are no current data for, but will be collected as part of the community health improvement process. Based on the data, the Public Health Accreditation Team may revise the approach.
TBD	To be determined: Target date for activity will be determined by the organization or department leading the objective.

Alignment with Federal Health Improvement Priorities

The Pascua Yaqui Pueblo CHIP objectives align with national objectives identified in *Healthy People 2020*. Healthy People 2020 is a list of 10-year goals and targets for achieving better health across the nation provided by the U.S. Department of Health and Human Services. This list is updated every ten years. Over the last three decades, the *Healthy People* initiative has established benchmarks and monitored progress over time. Specific areas of alignment for each strategic priority are noted in the strategic priority tables below.

STRATEGIC PRIORITY: Coordination of Care

GOAL 1: Integrate and enhance of medical, behavioral, social and economic services and programs.

PERFORMANCE MEASURES

How We Will Know We are Making a Difference

Indicators	Baseline	Target	Source	Frequency
Number of emergency room visits	DEV	Decrease of 2% per year	Banner, Carondelet, TMC (Yoeme Health Plan)	Annually
Number of annual physicals visits	DEV	Increase of 2% per year	El Rio Primary Care (Yoeme Health Plan)	Annually

BACKGROUND

Stakeholders:

- Health department, Education, IT, Primary Care Providers

Policy, Systems, Environmental Changes:

Change Organizational Norms and Influence Policy:

- Tribal Council support and involvement; Health Department Strategic Priority

Social Determinants of Health:

- Income; Availability of health services (underutilize health coverage options)

Alignment with Healthy People 2020:

- Improve access to comprehensive, quality health care services.

OBJECTIVE 1.1: By 12/31/2017, decrease visits to the emergency room by 2% annually.

Lead: Community Health Nursing (CHN) Program

Policy Change (Y/N): N

ACTION PLAN

Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Gather data and information to assess the scope of emergency room (ER) overuse.				
Convene quarterly public health/healthcare stakeholder meetings.	ONGOING beginning 10/2016	Quarterly meetings	El Rio, Yoeme Health Plan	
Determine baseline information for ER visits.	12/2016	ER report on usage by month, year, and patient type		
Identify target group who overuse the ER.	12/2016	Target group identification	CHN, Primary care providers; Clinic	
Strategy: Provide consistent coordination and case management follow-through.				
Create a description of programs and resources for low income and repeat patients.	3/2017	Program resource available for patients		
Provide consistent coordination and case management follow-through. (e.g. connection to primary care, behavioral health, addressing individual issues)	3/2017	Decreased percentage of patients that overuse the ER	CHN	

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OBJECTIVE 1.2: By 12/31/2018, increase annual physicals by 2% annually.				
Lead: Yoeme Health Plan, Health Information Management (HIM)				
Policy Change (Y/N): N				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Create a recall system and media campaign encouraging annual physicals.				
Determine baseline information for annual physicals	2/2017	Report of findings based on 2016 data	Yoeme Health Plan	
Create plan to target specific group of patients with a reminder system	6/2017	Completed plan		
Send reminders for individuals due for annual physicals.	7/2017	Postcards sent to targeted patients	Yoeme Health Plan	
Develop public service announcements and other education materials to inform the community about the importance of and availability of prevention services and annual physicals.	1/2018	Bi-Monthly announcements	PYT Radio, Yaqui Times, CHN, Diabetes Program, Sewa U'usim	
Yaqui Radio informative/ educational shows featuring patients being screened or talking about their annual physical.	3/2018	Bi-Monthly announcements	KPYT Radio	

Strategic Priority: Community Education, Empowerment and Engagement

GOAL 2: Increase the availability and accessibility to health education information and activities.

PERFORMANCE MEASURES

How We Will Know We are Making a Difference

Indicators	Baseline	Target	Source	Frequency
Number of health education materials produced and disseminated	0 resources in 2016	5 resources by 2020	Materials and Communications Log	Annually
Number of first-time and returning community garden volunteers	DEV	50 volunteers annually	Community Garden Volunteer Roster	Annually

BACKGROUND

Stakeholders:

- Police Department, Fire Department, Centered Spirit, Education, Sewa U'usim, Elders, Language and Culture, CHN

Policy, Systems, Environmental Changes:

Fostering coordination and networks in community health:

- Incorporating community garden into the physical environment

Social Determinants of Health:

- Health literacy

Alignment with Healthy People 2020:

- Increase the proportion of preschool Early Head Start and Head Start programs that provide health education to prevent health problems
- Increase the proportion of elementary, middle, and senior high schools that provide comprehensive school health education to prevent health problems

OBJECTIVE 2.1: Annually from 2016-2020, create and deliver health education materials on at least 1 leading health issue.

Lead: Sewa U'usim

Policy Change (Y/N): N

ACTION PLAN

Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Mobilize the community to advocate for prevention and educate on Tribal health issues				
Form a cross-cutting, community stakeholders workgroup	1/2017	List of workgroup participants	Good Health and Wellness in Indian Country Coalition	
Coordinate youth, elder and Language and Culture involvement in the workgroup and to provide input on health education materials	3/2017	# of youth and elders who participate; # of meetings with Language and Culture	Education, Language and Culture, Senior Center	

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Welcome Center workers will coordinate all health events calendar	7/2017	Monthly announcements	Welcome Center	
Implement monthly health campaigns aligning with national and local health initiatives: <ul style="list-style-type: none"> Update community poster with info on the the health issue of the month Issues will include asthma, STD's, air quality, and others 	9/2017	Schedule of monthly health campaigns	Yoeme Health Plan, CHN, Sewa U'usim	
Implement healthy eating curriculum at Head Start and Hiaki High School	8/2018	Schedule; # of youth who attend the workshops	Head Start and Hiaki High School, Diabetes Program	
Gather information annually and document 'best practices' on providing community health education.	ONGOING through 10/2019	Best practices document	Grants Program Manager	

OBJECTIVE 2.2: Annually from 2017-2020, recruit 50 of volunteers for the community garden.				
Lead: Sewa U'usim				
Policy Change (Y/N): Y				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Support the existing community effort and bolster its visibility in the community.				
Raise awareness of the community garden through other community events	3/2017	Attendance at community event	GHWC	
Recruit groups to participate in volunteer group (children's group, elders, diabetes program)	4/2017	Diversity of participants	GHWC, Diabetes Program, Head Start, Youth Programs	
Provide incentives for first-time volunteers	5/2017	# of first-time volunteers who participate at least 2 times within year		
Provide incentives for long-term volunteers	5/2017	# of volunteers who participate for 1 year or longer		

STRATEGIC PRIORITY: Substance Abuse

GOAL 3: Prevent and treat addiction to harmful substances and behaviors.

PERFORMANCE MEASURES

How We Will Know We are Making a Difference

Indicators	Baseline	Target	Source	Frequency
Number of peer support and coaching programs established	0 programs in 2016	1 peer support and coaching program	Centered Spirit (CSP)	Every 2 years
Number of prescription drug use agendas developed	0 agendas in 2016	1 agenda by 2019	Health Administration	Every 2 years

BACKGROUND

Stakeholders:

- Centered Spirit Program (CSP)

Policy, Systems, Environmental Changes:

Change Organizational Norms and Influence Policy:

- Tribal Council support and involvement; Agenda will influence policy change

Social Determinants of Health:

- Social support

Alignment with Healthy People 2020:

- Increase the number of Tribal health services providing population-based primary prevention services addressing substance abuse

OBJECTIVE 3.1: By 12/31/2020, pilot at least one peer support and coaching program to empower and promote individuals to live a healthy and balanced life.

Lead: Centered Spirit Program (CSP)

Policy Change (Y/N): N

ACTION PLAN

Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Develop a peer support and coaching program on healthy living practices.				
Research existing programs and potential funding sources	9/2016	Identify program model		
Adapt program and training materials	TBD	Model adaptation		
Conduct 2 pilot programs to assess effectiveness and obtain feedback	TBD	2 pilots and evaluation results		
Finalize the program based on pilot training results	TBD	Final program		
Train 2 staff to implement 12-week peer coaching program	TBD	Trained staff		
Identify and recruit individuals/groups in Pascua Yaqui that will benefit	ONGOING (Beginning 8/2017)	Number of participants	CHN, CHR	

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OBJECTIVE 3.2: By 12/31/2019, develop a PYT agenda for addressing prescription drug-related harms in the community.				
Lead: Health Policy and Procedures				
Policy Change (Y/N): Y				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Develop prescription drug misuse strategy that addresses the complex issues including pain, addiction, mental health, co-morbidities				
Establish a prescription drug misuse task force	6/2018	Multi-sector team	Centered Spirit; Law enforcement; CHN; Environmental Health; El Rio; PHAB Team	
Conduct research or an assessment to determine the extent of prescription drug misuse and its harm to individuals, families and the community	9/2018	Description of needs and risks		
Identify opportunities for prevention, education, treatment and enforcement strategies	3/2019	Priorities areas to address		
Propose recommendations with milestones	9/2019	Report		
Implement the recommendations with contribution from stakeholders (e.g. drug take back programs, peer support groups, alternatives to pain medications)	ONGOING (Beginning 3/2020)	Coordinated effort to prevent prescription drug misuse		

STRATEGIC PRIORITY: Chronic Disease

GOAL 4: Promote healthy behaviors and lifestyles, and reduce risk of chronic diseases through prevention and effective management of pre-existing conditions.

PERFORMANCE MEASURES				
How We Will Know We are Making a Difference				
Indicators	Baseline	Target	Source	Frequency
Number of healthy food policies adopted	DEV	DEV	GHWC Survey	Every 2 years
Childhood obesity rate <ul style="list-style-type: none"> Percentage of children 5-18 who are overweight or obese 	DEV	5% reduction in 2020	El Rio	Annually
Percentage of PYHSD staff utilizing Employee Wellness Policy	DEV	20% increase by 2020	PYHSD Survey	Every 2 years
Percent increase in cancer screenings <i>(See multiple indicators below)</i>				
• Breast cancer screenings	DEV	DEV	El Rio	Annually
• Cervical cancer screenings	DEV	DEV	El Rio	Annually
• Tobacco use screenings	DEV	DEV	El Rio	Annually
• Oral cancer screenings	DEV	DEV	El Rio	Annually
• Prostate cancer screenings	DEV	DEV	El Rio	Annually

Background
Stakeholders: <ul style="list-style-type: none"> For implementation – Health program: Nursing, HIV/AIDS, Diabetes For outreach and engagement – Casino, KPVT Radio, Pow wow, Health Services Division
Policy, Systems, Environmental Changes: <ul style="list-style-type: none"> Access to healthy food; Healthy foods on menu; Employee Wellness Policy
Social Determinants of Health: <ul style="list-style-type: none"> Income, poverty and food security Other determinants: Built environment and chronic disease risk factors
Alignment with Healthy People 2020: <ul style="list-style-type: none"> Increase the proportion of worksites that offer an employee health promotion program to their employees Increase the number of Tribal health services providing population-based primary prevention services addressing chronic disease Increase the proportion of schools that offer nutritious foods and beverages outside of school meals

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OBJECTIVE 4.1: By 9/30/2017, increase use of the PYT Employee Wellness Program by 20%.				
Lead: Health Admin				
Policy Change (Y/N): Y				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Identify percent of employees using the Employee Wellness Program	10/2016	Survey results		
Inform employees of policy and encourage them to utilize	1/2017	Increased awareness		
Provide incentives to individuals utilizing the program	6/2017	Increased use	On-reservation facilities that staff can use (Wellness Center, Stress Management, Nutrition)	
Obtain worker input on policy and update if needed	9/2017	Feedback and engagement		

OBJECTIVE 4.2: By 9/30/2018, increase the number of healthy food policies in schools and worksites. (DEV)				
Lead: GHWC				
Policy Change (Y/N): Y				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Advocate for and support programs and policies that encourage healthy eating, and improved access to fruits and vegetables				
Survey schools and worksites to determine existing policies	TBD	Examples of policies		
Review information on challenges and barriers to healthy foods	TBD	Summary		
Support fresh produce programs by purchasing food for the Good Health and Wellness Salad Bar	TBD	Monthly Soup and Salad Bar open to the community	Farmers, GWHC, Cafeteria	
Advocate for a policy that requires healthy food options at school events	TBD	Proposed policy	Health Admin	
Advocate for a PYT Health Services Division policy that encourages healthy food options be served at sponsored events and health facilities	TBD	Proposed policy	Health Admin	

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OBJECTIVE 4.3: By 9/30/2019, reduce the childhood obesity rate by 5% or more. (DEV)				
Lead: Diabetes Program				
Policy Change (Y/N): Y				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Increase access to opportunities for physical activities for kids				
Advocate for and support programs and policies that encourage physical activity, and decreasing BMI	TBD	Proposed policy to tribal leadership		
Educate parents of children's programs with resources that promote active play and physical activity	TBD	Health education materials	Head Start, Boys and Girls, Sewa U'usim	
Develop opportunities for community groups and business to sponsor physical activities for children	TBD	Increased number of physical activities	Community Center	

OBJECTIVE 4.4: By 12/31/2020, increase screenings of cancer screenings by 5%. (DEV)				
Lead: Community Health Nursing (CHN)				
Policy Change (Y/N): N				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Support health care providers, CHRs, nurses, HIV and Dental programs expand their reach and referrals.				
Work with health programs to identify screenings provided and resources for patients	9/2016	Description of available services		
Review patient records to send out reminders for screenings they are due for	TBD	Reminder system	Yoeme Health Plan, CHN, and Managed Care	
Work with health care providers to address challenges and barriers they face when refer patients for screenings	TBD	Increased opportunities for screenings		

STRATEGIC PRIORITY: Infectious Disease

GOAL 5: Raise awareness of emergency preparedness and sexual health services.

PERFORMANCE MEASURES				
How We Will Know We are Making a Difference				
Indicators	Baseline	Target	Source	Frequency
Number of chlamydia and gonorrhea screenings	DEV	DEV	El Rio	Monthly reports of screenings and referrals for treatment
Number of HIV and Hepatitis C (Hep C) screenings provided by New Beginnings, HIV/AIDS Program	0 HIV screenings 20 Hep C screenings	15 HIV screenings 25 Hep C screenings 2017 -2020	New Beginnings, HIV/AIDS Program	Semiannual reports of completed screenings and referrals for treatment
Number of programs for sexual health	0 in 2016	1 by 2020	HIV/AIDS Program	Every 2 years
Number of workshops and outreach on Public Health Emergency Preparedness at community-wide events	1 in 2016	1	Tribal PHEP program	Annually
Number of reportable disease monitored and tracked in Epi Info	0	10	Tribal PHEP, Health Admin, CHN	Monthly
Number of Health care workers trained in health emergency preparedness planning	0	10	Tribal PHEP program, CHN, FEMA,	Every 2 years

Background
<p>Stakeholders:</p> <ul style="list-style-type: none"> Sewa U'usim, HIV/AIDS Department, CSP, El Rio, Diabetes Program
<p>Policy, Systems, Environmental Changes:</p> <ul style="list-style-type: none"> Potential policy change around mandatory infectious disease screening at intake or protocols for offering infectious disease screenings
<p>Social Determinants of Health:</p> <ul style="list-style-type: none"> Access to health care
<p>Alignment with Healthy People 2020:</p> <ul style="list-style-type: none"> Promote healthy sexual behaviors, strengthen community capacity, and increase access to quality services to prevent sexually transmitted diseases (STDs) and their complications.

OBJECTIVE 5.1: By 12/31/2017, increase the number of STDs, HIV, and Hepatitis C screenings. (DEV)
<p>Lead: HIV/AIDS Program</p> <p>Policy Change (Y/N): Y</p>
ACTION PLAN

PASCUA YAQUI TRIBE - HEALTH DEPARTMENT
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Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Collaborate with PYHSD programs to increase community awareness of the importance of STD, HIV, and Hepatitis C screening.				
Coordinate community education events which discuss the importance of screening	6/2017	Schedule of community events	HIV/AIDS Program in collaboration with all PYHSD programs	
Utilize social media to share information about screenings	6/2017	Monthly social media campaigns	HIV/AIDS Program, Health Administration	
Produce monthly PSAs	10/2016	PSA schedule	HIV/AIDS Program, Radio	
Create a video about screening to play in the Welcome Center	6/2018	Completed video	HIV/AIDS Program, Language and Culture	
Strategy: Improve current STD, HIV, and Hepatitis C screening protocols and procedures				
Update protocols and procedures as needed to eliminate barriers to seeking screenings	1/2017	Updated protocols and procedures		

OBJECTIVE 5.2: By 12/31/2019, re-establish a sexual health program for high risk groups.				
Lead: HIV/AIDS Program				
Policy Change (Y/N): N				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Re-establish previous HIV prevention and education program (In Community Spirit Program) to reach high risk groups.				
Obtain Tribal Leadership support to develop prevention program	10/2017	Decision Memo from Health Oversight Committee	Tribal Council	
Seek funding internally or through external grants	10/2017	Funding secured	Grants Program Manager, HIV/AIDS Program	
Identify target populations	1/2018	Population identified in work plan	HIV/AIDS Program	
Adapt In Community Spirit program to incorporate language and cultural elements into the lessons	5/2018	Adapted program	Language and Culture	
Recruit and train staff to deliver program	6/2018	Trained staff		
Pilot sexual health sessions with 2 high risk groups	8/2018	Feedback on program		
Identify ongoing funding support for programs for financial sustainability	1/2019	Sustainable funding for program costs	Grants Program Manager	

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OBJECTIVE 5.3: By 12/31/2017, increase the number of workshops and outreach efforts in the community on Public Health preparedness.				
Lead: Tribal Health PHEP				
Policy Change (Y/N): N				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Create a community-wide campaign about the importance of preparedness.				
Raise awareness of Public Health preparedness by promoting the topic at community events	12/2017	1 event annually	PYT Radio station, AZ Dept. of PHEP taskforce, FEMA, CHN	
Develop PSA on PHEP	12/2017	Quarterly PSA	PYT Radio, Yaqui Times	
Develop and disseminate flyers on PHEP	12/2017	Semi-annually	PYT intranet announcement page, Community board, Yaqui Times	

OBJECTIVE 5.4: By 12/31/2017, increase the number of reportable diseases monitored and tracked in Epi Info.				
Lead: Tribal Health PHEP				
Policy Change (Y/N): N				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Improve internal data systems for notifiable diseases.				
Assess current reportable disease and tracking system	10/2016	Summary	CHN, El Rio Clinic, HIM, Health Admin	
Identify and approve reportable disease list to monitor and track	12/2016	Decision Memo	Health Admin, CHN	
Complete Epi Info Training	1/2017	Certificate	Health Admin, ITCA TEC	
Monitor and track reportable diseases in Epi Info	6/2017	Monthly Report from Epi Info	Health Admin	

OBJECTIVE 5.5: By 12/31/2017, increase the number of staff trained in health emergency preparedness.				
Lead: Tribal Health PHEP				
Policy Change (Y/N): Y				
ACTION PLAN				
Strategy/Activity	Target Date	Target or Result	Partners	Progress Notes
Strategy: Improve PYSHD staff awareness and involvement in preparedness planning.				
Identify percentage of health staff trained in health emergency preparedness and planning (EPP)	01/2017	Survey results	Health Admin, CHN	
Inform health staff on the importance of health EPP	7/2017	Increased awareness	Health Admin, CHN	
Schedule health EPP training	9/2017	Training Schedule	Health Admin, AZ PHEP, FEMA	

WORKING TOGETHER TOWARD A HEALTHIER PASCUA YAQUI PUEBLO

Both the Pascua Yaqui Pueblo *Community Health Assessment* and *Community Health Improvement Plan* are part of a larger effort toward making improvements in the community's health. In collaboration with the community partners, the Public Health Accreditation Team will begin to implement CHIP strategies and activities beginning in fall of 2016. Through the community health improvement efforts, we will be making strides toward our vision for the community's health, which is *"all Tribal Members and their families in all Yoeme Communities have the highest possible standards of care, are empowered to manage their own health and engage in healthy lifestyles, and live in balance and harmony within the sacred circle of life."* Achieving this vision will require partnership in all the strategic priorities, and in all areas that shape our community's health. The Public Health Accreditation Team will periodically monitor progress over the next five years (planned for 2017 and 2019), with an in depth review of the objectives and the supporting data to make any necessary adjustments to the CHIP. The Health Department is committed to continual health improvement and will continue to leverage our best assets – our community, culture, and traditions. Together, we will work toward a healthier Pascua Yaqui Pueblo for all Tribal members and their families in all Yoeme communities.