



# Community Health Assessments

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United South and Eastern Tribes, Inc.



# Background: CDC grant



Five year grant from National Center from Chronic Disease Prevention and Health Promotion to assess/implement:

- Policy, systems, and environmental approaches to promote health and support and reinforce healthful behaviors
- Community/clinical linkages supporting cardiovascular disease
- Health system interventions to improve the effective delivery and use of clinical and other preventative services



# CDC Required Assessments:



- Access to healthy foods.
- Policies and standards that promote healthy behaviors.
- Partnerships
- Existing nutrition and physical activity standards in early childcare environments.
- Use of team based care strategies to prevent and control chronic disease.
- Community-clinical linkages (WIC, for example).
- Health systems interventions to support breastfeeding and increase use of dental treatment and prevention services for patients with diabetes.





# Why do you want to do a CHA?



- Accreditation
- Information
- Program planning
- Community participation
- Inter-departmental participation



# Critical elements to consider BEFORE the CHA begins:



- Capacity
  - On-site staffing capacity
  - Partnership capacity
  - Contractor capacity
- Role of steering committee
  - Guide the process
  - Choose elements
  - Keep process moving



# Critical elements to consider BEFORE the CHA begins:



- Common pitfalls:
  - Staff turnover
  - Stalled project
  - Lack of community support
  - Unresponsive contractors



# Critical elements to consider BEFORE the CHA begins:



- Leadership buy-in:
  - Fully informed and supportive leadership
  - Role of leadership
  - Progress monitoring
  - Conflict resolution







**THANK YOU**

