American Indian and Alaska Native National Behavioral Health Conference

MAY 15-17, 2019
ALBUQUERQUE CONVENTION CENTER
ALBUQUERQUE NEW MEXICO

Preserving Wisdom Promoting Innovation
CLARA FERNANDO
ARTIST

Clara Fernando was born and raised in Gallup NM, where her father worked for the ATS&F railroad. She comes from the Tribes of the Laguna and Zuni Pueblos. She began her career in the late 1980s, developing her talents with pottery and jewelry making. She returned to the Laguna reservation in the early 1990s where she sold at a pull off from I-40, a scenic view overlook capturing the magnificent view of the Pueblo and Mount Taylor behind it. After 30 years of painting pottery, she recently started painting on canvas. Her love for color mixed with science and mathematics combine to portray traditional art with a modern edge. She is multifaceted, producing unique pieces of beaded and wire wrap jewelry, ceramic and traditional pottery, drawings and paintings on card stock and canvas. She creates new concepts but respects the traditional upbringing of her pueblo background. She currently resides in the village of Mesita with her two young sons, Takia, 16 and Seneca, 13. As a cultural artist, she continues to volunteer in her community and work towards positive solutions for the youth. She is building on her career by developing her company called “Designs by Pie”. Pie was a childhood nickname given to her by her father. Her logo is the mathematic “Pi” sign with traditional design. You can find her art page on Facebook under Clara Fernando.
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Dear NIHB Health Summit and AI/AN National Behavioral Conference attendees,

On behalf of the Albuquerque Area Indian Health Board, Inc., we are pleased to welcome you to the 10th Annual National Tribal Public Health Summit and the 2019 American Indian and Alaska Native National Behavioral Health Conference. We are delighted that the Albuquerque Area Southwest Region has been selected to host these important conferences to promote the health and wellness of Indigenous people throughout the country.

Albuquerque Area Indian Health Board (AAIHB), Inc. has a long tradition of partnership with the National Indian Health Board, Inc. (NIHB) to host events, conferences, and important health initiatives. We are especially grateful for the opportunity to share our indigenous hospitality, foods, history, culture, language, and work; the proud home to the 27 Indigenous Bands, Nations, Pueblos, and Tribes. We invite all of you to attend our culture night to observe some of our traditional songs and dances and bridge a greater understanding and appreciation of the core activities that have contributed to our health and resilience for generations. We also look forward to learning from each of you about the vigorous research, interventions, and promising preventive practices that are taking place to promote health and wellness on tribal lands and in urban Indigenous communities throughout our country.

The AAIHB, namely the T6hajiilee Band of Navajos, the Ramah Band of Navajos, the Jicarilla Apache Nation, the Mescalero Apache Tribe, the Ute Mountain Ute Tribe and the Southern Ute Indian Tribe, formed in 1980 for the interest and commitment toward the health and wellness of tribes, and provides leadership in matters that pertain to the health and well-being of its people.

AAIHB supports public health activities in the consortium communities that prevent and reduce the impact of adverse health conditions and health disparities; and continues to lead and advocate for maintaining trust responsibility by the federal government for quality health care services for all Native Americans. For four decades, AAIHB has provided high quality tribal health care services, training, and technical assistance to enhance tribal public health infrastructure, capacity, and wellness while respecting spiritual and cultural values.

AAIHB also serves as the parent organization to the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) which serves the 27 Tribes, Bands, Pueblos and Nations in the Indian Health Service Albuquerque Area to provide public health services including epidemiology, community health assessment, health promotion/disease prevention intervention, program evaluation, public health surveillance, student development, health research, and training to improve the quality of life of American Indians.

On behalf of the Albuquerque Area Indian Health Board, Inc. and the indigenous people we serve, we welcome you all to the Southwest Region. We look forward to your support by your participation in these two important events. Thank you in advance for your attendance.

Sincerely,

Albuquerque Area Indian Health Board, Inc.
CULTURE NIGHT
Sponsored by
Albuquerque Area Indian Health Board Inc.
Töhajiilee Band of Navajos * Jicarilla Apache Nation *
Mescalero Apache Tribe
Ramah Band of Navajos * Southern Ute Indian Tribe * Ute Mountain Ute Tribe
www.aaihb.org | www.aastec.org

Join Us for an Exciting Evening at the Indian Pueblo Cultural Center
Wednesday, May 15, 2019
6:00-8:00 PM

Southwest Indigenous Buffet and Performance

In partnership with

THE FORMER MISS NAVAJO NATION SUNNY DOOLEY
MISTRESS OF CEREMONIES
TRADITIONAL PHILOSOPHY, SONGS, STORIES,

THE ZUNI OLLA MAIDENS PERFORMANCE

SOUTHERN UTE TRIBE
YOUTH GROUP TRADITIONAL SIGN LANGUAGE STORIES

AND MORE!!!

The Pueblo Indian Cultural Center is 2.2 miles from the Convention Center. Transportation will be provided via shuttle bus or you are welcome to arrange your own transportation via taxi or ride share or personal vehicle.
NIHB EVENT APP

The National Indian Health Board's event app is a resource for conference and event information. Get all the information you need to get the most out of your NIHB conference experience by downloading the app! Get everything you need from agendas, speaker information, conference logistics, maps, sponsors, exhibitors, social media links, and more. This is your go-to resource!

• It's convenient.
• View the agenda, speakers, sponsors, maps, evaluations, receive event reminders, and more!
• Works on all your mobile devices.
• No more paper evaluations! Submitting electronic evaluations via the app saves roughly 3,000 sheets of paper, helping to reduce NIHB's environmental footprint.
• YOU CAN WIN PRIZES BY FILLING OUT SESSION EVALUATIONS USING THE APP!
The evaluations are for Plenary Sessions, Workshops, and Roundtable Sessions.

TO USE THE APP:

1. Download the app by entering the following URL into your mobile browser: https://crowd.cc/s/1E1I0
2. Open the app and tap on NIHB 2019 American Indian & Alaska Native National Behavioral Health Conference
3. Click Login for more features!
   a. Enter your First and Last Name
   b. Type in your email and a verification code will be sent to your email inbox
   c. Enter the verification code from your email

OR just use this QR code to download the app and then follow from #2!!

Available for iOS and Android.
WHAT IS THE NATIONAL INDIAN HEALTH BOARD?

PURPOSE
To advocate for the rights of all federally recognized American Indian and Alaska Native Tribes through the fulfillment of the trust responsibility to deliver health and public health services.

MISSION
Established by the Tribes to advocate as the united voice of federally recognized American Indian and Alaska Native Tribes, NIHB seeks to reinforce Tribal sovereignty, strengthen Tribal health systems, secure resources, and build capacity to achieve the highest level of health and well-being for our People.

WHAT IS THE NATIONAL INDIAN HEALTH BOARD?
The National Health Board (NIHB) is a 501(c)3 not for profit, charitable organization serving all 573 federally recognized Tribal governments for the purpose of ensuring that the federal government upholds its trust responsibilities to provide health care to the Tribes. Whether Tribes operate their own health care delivery systems through contracting and compacting or receive health care directly from the Indian Health Services (IHS), NIHB is their national advocate. NIHB also provides policy analysis on American Indian and Alaska Native (AI/AN) health and public health services, facilitates Tribal budget consultation, delivers timely information to all Tribal Governments, leads national Tribal public health programs, assists with Tribal capacity building, provides national and regional Tribal health events, conducts research, and provides training and technical assistance. These services are provided to Tribes, Area Health Boards, Tribal organizations, Tribal Leaders and members as well as federal agencies and private foundations. NIHB works collaboratively with the Tribes, through the Tribal health organizations, in the twelve IHS Service Areas, to accurately capture and present the Tribal perspective in response to federal legislation, regulations and policy. NIHB also serves as a conduit to foster collaboration between Indian Country and national and international organizations, foundations, corporations, academic institutions and other key stakeholders, in its quest to advance Indian health.

OUR BOARD OF DIRECTORS
Because NIHB serves all federally-recogized Tribes, our work must reflect the unity and diversity of Tribal values and opinions in an accurate, fair, and culturally-sensitive manner. This objective is accomplished through the efforts of the NIHB Board of Directors, which is comprised of representatives elected by the Tribes in each of the twelve IHS Service Areas, through their regional Tribal Health Board or health-serving organization. Each Health Board elects a representative and an alternate to sit on the NIHB Board of Directors. In Areas where there is no Area Health Board, Tribal governments choose a representative. The NIHB Board of Directors elects an Executive Committee comprised of Chairman, Vice-Chairman, Treasurer, and Secretary, who serve staggered, two-year terms and a Member-at-Large who serves a one year term. The Board of Directors meets quarterly.

NIHB BOARD OF DIRECTORS
NIHB serves and represents all Federally Recognized Tribes through our Board of Directors and partnership with Tribal Health Boards or health-serving organizations in each of the twelve IHS Service Areas:

- Victoria Kitcheyan – Winnebago Tribe of Nebraska Tribal Council Member, NIHB Chairperson and Great Plains Area Representative
- William Smith – Valdez Native Tribe Chief, NIHB Vice Chairperson and Alaska Area Representative
- Lisa Elgin –California Rural Indian Health Board Chair, NIHB Secretary and California Representative
- Sam Moose –Director of Human Services at Fond du Lac Band of Lake Superior Chippewa, NIHB Treasurer and Bemidji Area Representative
- Andrew Joseph, Jr. – Confederated Tribes of the Colville Reservation Tribal Council Vice Chair, Northwest Portland Area Indian Health Board Chairperson, NIHB Member-at-Large and Portland Area Representative
- Donnie Garcia – Albuquerque Area Indian Health Board Chairperson, Albuquerque Area Representative
- Kaci Wallette – Fort Peck Assiniboine and Sioux Tribal Council Member, Billings Area Representative
- Beverly Cook – St. Regis Mohawk Tribe Chief, Nashville Area Representative
- Jonathan Nez – President Navajo Nation, Navajo Area Representative
- Marty Wafford – Southern Plains Tribal Health Board Chairperson, Oklahoma City Area Representative
- Phoenix Area – Vacant
- Sandra Ortega – Tohono O’odham Nation Tribal Council Member, Tucson Area Representative
### AGENDA AT-A-GLANCE

#### WEDNESDAY, MAY 15 (PRE-CONFERENCE)

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<tr>
<th>Time</th>
<th>LA SALA LOBBY</th>
<th>ANASAZI</th>
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#### THURSDAY, MAY 16

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<th>Time</th>
<th>LA SALA LOBBY</th>
<th>AZTEC/BRAZOS/CIMARRON/ DONA ANA/GALLESTE</th>
<th>ANASAZI</th>
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<th>TAOS</th>
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<tbody>
<tr>
<td>6:30 am</td>
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<td>6:30 am - 7:30 am — Fitness Event: Walk/Run (Meet at registration desk)</td>
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<td>8:00 am</td>
<td></td>
<td>8:30 am - 10:00 am Plenary Session</td>
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<td>9:00 am</td>
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<td>10:30 am - 12:00 pm Healing through Culture and Story: The Family Wellness Warriors Initiative</td>
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<td>10:00 am</td>
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<td>10:30 am - 12:00 pm Wisdom Warriors: Evidence-based Indigenous Healing</td>
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<td>11:00 am</td>
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<td>10:30 am - 12:00 pm Native Veteran Curriculum: Healing by Returning Warrior</td>
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<td>12:00 pm</td>
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<td>12:00 pm - 1:30 pm — SPECIAL SESSION: Therapy Dogs — TAOS</td>
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<td>3:00 pm</td>
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<td>1:30 pm - 3:00 pm Successes and Challenges Implementing Infant and Early Childhood Mental Health Consultation</td>
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<td>4:00 pm</td>
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<td>1:30 pm - 3:00 pm Documenting Traditional Elder Knowledge: Indigenous Prevention and Health Promotion</td>
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<td>5:00 pm</td>
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<td>1:30 pm - 3:00 pm Zero Suicide in Oklahoma: Tribal Healthcare System Implementation</td>
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<td>6:00 pm</td>
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<td>3:15 pm - 4:15 pm — SPECIAL SESSION: Poster Presentations &amp; Networking — AZTEC</td>
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#### FRIDAY, MAY 17

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<th>Time</th>
<th>LA SALA LOBBY</th>
<th>AZTEC/BRAZOS/CIMARRON/ DONA ANA/GALLESTE</th>
<th>ANASAZI</th>
<th>COCHITI</th>
<th>TAOS</th>
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<tbody>
<tr>
<td>8:00 am</td>
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<td>8:30 am - 10:00 am Leveraging Cultural Assets in Impacting Outcomes in Tribal Wellness Court Programs</td>
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<td>9:00 am</td>
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<td>8:30 am - 10:00 am Healing the Healers: Lessons from the Good Road of Life Training for Mental Health Professionals</td>
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<td>10:00 am</td>
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<td>8:30 am - 10:00 am Integrating Behavioral Health with Cancer Prevention and Treatment</td>
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<td>11:00 am</td>
<td></td>
<td>10:15 am - 11:45 am The Lasting Effects of Lateral Violence in Native Communities</td>
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<td>12:00 pm</td>
<td>8:00 am - 3:00 pm</td>
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<td>1:00 pm</td>
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<td>10:15 am - 11:45 am &quot;Sa'ah naa'beh b'i'eh pozhoo&quot; - Apache Path to Wellness</td>
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<td>2:00 pm</td>
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<td>12:45 pm - 1:45 pm Top line findings and recommendations of Alaska's opioid needs assessment</td>
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<td>3:00 pm</td>
<td></td>
<td>12:45 pm - 1:45 pm Kupuna (elder) Councils: Using Native Hawaiian Traditional Healing &amp; Cultural Practices to Reconnect Our Lahui (People) in Healing and Wellness</td>
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<td>4:00 pm</td>
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<td>12:45 pm - 1:45 pm Suicide Screening Screening Evidence, Clin Pathways and Treat Priorit</td>
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### Key
- Track: Community-based Behavioral Health Services
- Track: Sharing Traditional & Promising Practices
<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>1:00 pm - 5:00 pm</td>
<td>National Action Alliance for Suicide Prevention American Indian and Alaska Native Task Force Meeting</td>
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<td>9:00 am - 12:00 pm</td>
<td>National Opioid Response Planning</td>
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<td>1:00 pm - 5:00 pm</td>
<td>Special Listening Session: Developing the National Strategies for HIV and Viral Hepatitis and an STD</td>
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<td>1:00 pm - 5:00 pm</td>
<td>Tips for Successful Grant Writing</td>
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<td>6:00 pm - 8:00 pm</td>
<td>CULTURE NIGHT</td>
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<td>1:00 pm - 5:00 pm</td>
<td>Tips for Successful Grant Writing</td>
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<td>1:30 pm - 3:00 pm</td>
<td>A Competency based Approach to Developing a Rural Behavioral Health Workforce</td>
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<td>1:30 pm - 3:00 pm</td>
<td>Responding to Concerning Posts on Social Media: Tips and Tools for Adults who work with Native Youth</td>
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<td>1:30 pm - 3:00 pm</td>
<td>Building Resilience, Building Health: An Integrated Approach to Suicide Prevention and Community Wellness</td>
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<tr>
<td>1:30 pm - 3:00 pm</td>
<td>A Path to Change - From Small Tests to Big Results</td>
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<td>4:30 pm - 5:30 pm</td>
<td>Clinicians Lived Experiences with Culturally Adapting Empirically Supported Treatments for American Indian and Alaska Native Populations</td>
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<td>4:30 pm - 5:30 pm</td>
<td>People of a Place: Comparing Indigenous evaluation approaches with Western frameworks</td>
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<td>4:30 pm - 5:30 pm</td>
<td>Indian Country and Adverse Childhood Experiences</td>
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<td>10:30 am - 12:00 pm</td>
<td>A qualitative analysis: A pilot study to determine the efficacy of a vetted provider program for tribal Community Health Aides serving rural and remote regions</td>
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<td>8:30 am - 10:00 am</td>
<td>Innovative Strategies with the Expressive Arts, Behavioral Health Aides and Community Centers</td>
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<td>8:30 am - 10:00 am</td>
<td>A public health professional-research partnership to reduce adolescent risk for substance use and suicide on the Navajo Nation</td>
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<tr>
<td>8:30 am - 10:00 am</td>
<td>(CMS) Improving American Indian and Alaska Native (AIAN) Behavioral Healthcare through improved access to Medicaid services and reimbursements to Indian health care providers</td>
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<td>8:30 am - 10:00 am</td>
<td>Teaching Mental Health in Native Communities: Lessons Learned and Cultural Considerations</td>
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<td>10:15 am - 11:45 am</td>
<td>Strengths, Challenges and Highlights of the Indian Health Service Behavioral Health Initiatives: MSPI &amp; DVPI</td>
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<td>10:15 am - 11:45 am</td>
<td>Empowering Native Youth to Assist Their Peers in Remote Navajo Schools</td>
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<td>10:15 am - 11:45 am</td>
<td>Advancing Indigenous School-Based Health Services: Wholeness and Healing by Design</td>
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<tr>
<td>10:15 am - 11:45 am</td>
<td>Growing Our Own: A Grassroots Approach to Increasing Behavioral Health Access for American Indian and Alaska Native Peoples</td>
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<td>12:45 pm - 1:45 pm</td>
<td>Collaboration for Youth Focused Suicide Prevention</td>
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<td>12:45 pm - 1:45 pm</td>
<td>A public health research partnership to promote adolescent sexual and reproductive health on the Navajo Nation</td>
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<td>Incorporating the Recovery Wheel in a Therapeutic Village of Care Treatment Model</td>
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<td>12:45 pm - 1:45 pm</td>
<td>It All Begins with A Story: Community-Based Participatory Research, Traditional Foods, Place-Making, and Storytelling for Positive Comprehensive Health Outcomes</td>
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<td>12:45 pm - 1:45 pm</td>
<td>Problem Gambling in Tribal Communities: Storytelling and Conversations on a Hidden Public Health Issue</td>
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<td>1:30 pm - 2:30 pm</td>
<td>Culture as Prevention: Addressing Adverse Childhood Experiences in Indian Country</td>
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<td>4:30 pm - 5:30 pm</td>
<td>Cultural Connections and the Northern Cheyenne Tribal Board of Health's Cheyenne Connectedness Survey Results</td>
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<tr>
<td>8:00 am - 9:00 am</td>
<td>Building Resilience, Building Health: An Integrated Approach to Suicide Prevention and Community Wellness</td>
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<tr>
<td>8:00 am - 9:00 am</td>
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This workshop introduces health-care professionals to Dialectical Behavior Therapy (DBT) and helps with decisions about whether DBT is the right fit. Clinicians working with patients who have multiple problems are often stymied by the complex clinical presentations and challenges that arise during treatment. This introductory session will describe the theoretical and empirical foundations for DBT. It covers the basic principles of balancing change and acceptance strategies in standard DBT and discusses ways of applying these strategies and principles to your clients. Participants can expect to learn useful DBT skills; however, this workshop is not sufficient for acquiring the competence necessary to conduct comprehensive DBT. Suggestions for additional training and self-study will be provided. Methods of instruction include lecture and demonstrations of treatment. This workshop is appropriate for mental health providers who are exploring whether learning DBT to a standard of clinical proficiency would benefit their own clinical skills and their clients suffering from complex disorders. It can also be useful for health care providers, outside of mental health, who are interested in determining whether DBT is appropriate for their patients. Teaching methods include lecture and demonstration to illustrate the treatment strategies used in DBT.

Primary Objective: As a result of this training participants will be able to make a decision about using DBT with clients.

Learning Objectives: As a result of this training, participants will be able to:
1. Describe two key characteristics each of the theoretical and practice based foundations for DBT.
2. List and describe the main components of DBT and apply them to your everyday practice.
3. Identify the main problem areas that DBT addresses in high-risk populations.
4. Describe, integrate and utilize the goals of the four DBT skills modules.
5. Describe and create an action plan to utilize DBT skills and interventions in your everyday practice.
6. Describe, develop and apply 3 key strategies to utilize with the American Indian/Alaska Native population.
7. Describe and understand the fit of DBT for your clinical practice and treatment center.
Agenda:
8:30 am .... Registration, Sign-in
9:00 am .... Overview/Foundations of DBT
10:15 am .... BREAK
10:30 am ... Structure of DBT/DBT Skills Mindfulness & Distress Tolerance
11:45 am .... BREAK
1:00 pm .... DBT Skills: Emotion Regulation & Interpersonal Effectiveness
2:15 pm ...... BREAK
2:30 pm .... Is DBT Right for you and your clients?
3:45 pm .... Q & A, Evaluation, and Sign-out
5 CE or 5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

9:00 am - 12:00 pm
National Opioid Response Planning
ROOM: TAOS
PRESENTERS:
Jessica Leston, Clinical Programs Director, Northwest Portland Area Indian Health Board
Robert Foley, Chief Program Officer, National Indian Health Board

High rates of opioid and substance use among AI/AN people have created an urgency for tribes to come together in a manner that meaningfully improves the well-being of Tribal communities. Coordination and collaboration among tribes across Indian Country will help contribute to an overall Tribal opioid response. The Northwest Portland Area Indian Health Board and National Indian Health Board are working to build a strategic framework to be co-owned by all Tribes to help form a clear foundation to develop and elevate priorities for action and further learning. This session will be highly interactive in order to formulate content across the different pillars of a proposed cross-tribal strategic framework (including but not limited to: prevention, clinical treatment and recovery, perinatal substance use, harm reduction, and data).

9:00 am - 10:30 am
Indian Health Service (IHS) and U.S. Department of Veterans Affairs Listening Session
ROOM: SAN MIGUEL/RUIDOSO

SPEAKERS:
RADM Michael Weahkee, Deputy Director, Indian Health Service
P. Benjamen Smith, Intergovernmental Affairs, Indian Health Service
Thomas F. Klobucar, Executive Director, Office of Rural Health, U.S. Department of Veteran Affairs
Stephanie E. Birdwell, Director, Office of Tribal Government Relations, U.S. Department of Veterans Affairs

The Indian Health Service (IHS) and U.S. Department of Veterans Affairs will hold a Listening Session to hear comments and recommendations to consider prior to formally initiating Tribal Consultation and Urban Confer on updating a Memorandum of Understanding (MOU) between IHS and VA later this year. In 2010, IHS and VA updated their 2003 MOU, to build upon its purpose for coordination, collaboration, and resource-sharing between IHS and VA to improve the health status of American Indian and Alaska Native Veterans. IHS and VA welcomes your input on conducting Tribal Consultation and Urban Confer on the MOU, as well as, other IHS or VA programs.

10:30 am - 12:00 pm
Centers for Disease Control and Prevention (CDC) Listening Session - E-cigarettes and Indian Country
ROOM: SAN MIGUEL/RUIDOSO

PRESENTER:
Corrine Graffunder

The Office on Smoking and Health (OSH) is at the forefront of the nation’s efforts to reduce deaths and prevent chronic diseases that result from tobacco use. The topic, along with smoking cessation is the use of electronic cigarettes (e-cigarettes). OSH would like to hear from Tribal Public Health Practitioners and leaders on the use, impacts, and challenges of e-cigarettes in their communities and across Indian Country

12:00 pm - 1:00 pm
LUNCH (On Your Own)
**1:00 pm - 5:00 pm**

**Tips for Successful Grant Writing**

**ROOM: TAOS**

**FACILITATOR:**

*Robert Foley, M.Ed., National Indian Health Board*

American Indian and Alaska Native Tribes and Tribal organizations were excluded when the U.S. federal government was formulated its public health system. Because of this significant oversight, federal government dollars earmarked for public health systems, practices, and activities may not make it directly to Tribes. For this reason, Tribes rely more heavily than other entities on grant funding to support public health operations, and development work becomes a significant part of any Tribal public health division. This institute will provide some fundamentals tips for preparing competitive grant applications for government and private funding sources. Key topics covered will include: 1) how to identify a grant, 2) how to define your project, and 3) how to outline a grant. The session will include interactive activities with participants so that they can practice some of the skills discussed in the institute.

**Learning Objectives:**

By the end of this institute, participants will be able to:
- Explain the steps in generating a proposal
- Outline a grant proposal
- Describe a logic model
- Describe the elements of a work plan
- Outline a project narrative

*No credits provided*

Disclosure Statement: The presenters have no financial relationship to this program.

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**1:00 pm - 5:00 pm**

**START UP! : Art Therapy Trauma Treatment for Native American Youth**

**ROOM: COCHITI**

**PRESENTER:**

*Carey MacCarthy, MA-ATR, LPCC*

The AI/AN National Behavioral Health Conference will host a pre-conference training session on: Art Therapy Trauma Treatment for Native American Youth. This workshop, held on pre-conference day, Wednesday, May 15, 2019, will introduce health-care professionals to the START UP! Program: Art Therapy Trauma Treatment for Native American Youth.

START UP! is aimed at healing historical and inter-generational trauma by bringing mental health to the tribal classroom as prevention and early intervention of PTSD, depression, anxiety, substance abuse and suicide in children and adolescents. Trauma-informed care is important in working with AI/AN youth. Teachers and mental health professionals will be introduced to the Neurobiology of trauma and an abbreviated presentation on Neurodevelopmental Art Therapy Four Stage Chronic Trauma treatment model. Participants will be guided through Art Therapy experientials using various art media.

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**1:00 pm - 3:00 pm**

**SPECIAL LISTENING SESSION:**

**Developing the National Strategies for HIV and Viral Hepatitis and an STD**

**ROOM: SAN MIGUEL/RUIDOSO**

**FACILITATORS:**

*Melissa Habel, Health Scientist Office of HIV/AIDS and Infectious Disease Policy, HHS*

*Nate Fecik, Public Health Advisor, Office of HIV/AIDS and Infectious Disease Policy, HHS*

The current National HIV/AIDS Strategy (NHAS) and the National Viral Hepatitis Action Plan (NVHAP) expire in 2020. Scientific advances, the evolution of the health care system, emerging strategies for effective prevention, treatment and cure, and ongoing and emerging challenges have created imperatives and opportunities to develop the next iterations of these strategies. The HHS Office of HIV/AIDS and Infectious Disease Policy (OHAIDP), in close collaboration with federal leadership across HHS and other departments as well as nonfederal stakeholders, coordinates development of the next iterations of the national HIV and viral hepatitis strategies. In addition,
OHAIDP is collaborating with federal partners to develop a STD Federal Action Plan, as the nation continues to see increases in sexually transmitted diseases. During this session, federal leaders will provide brief remarks on the process, policies, and scientific advances that guide HHS’ efforts to develop these initiatives. Tribal leaders, health department staff, researchers, individuals living with and at risk for infection, and other stakeholders from Indian Country are encouraged to attend a listening session to share with federal leaders their input for these national strategies and federal action plan.

1:00 pm - 5:00 pm

National Action Alliance for Suicide Prevention
American Indian and Alaska Native Task Force Meeting
ROOM: LAGUNA

3:00 pm - 5:00 pm

Centers for Disease Control and Prevention (CDC) Environmental Health Discussion Session
ROOM: SANTA ANA

The purpose of this listening session is to help elevate Indigenous knowledge and the expertise of Tribal leaders in addressing environmental concerns. The National Indian Health Board (NIHB) is convening listening sessions to discuss environmental health concerns in Tribal Nations and innovative ways Tribes are addressing these concerns. The information shared during these sessions will inform the development of national programs and policies.

5:00 pm - 6:30 pm

Exhibitor & Vendor Set-up

6:00 pm - 8:00 pm

CULTURE NIGHT

INDIAN PUEBLO CULTURAL CENTER

Hosted by the Albuquerque Indian Health Board and local Tribes.

You won’t want to miss this exciting evening at the Indian Pueblo Center featuring a Southwest indigenous buffet and cultural stories, dances and songs. Culture night is sponsored by the Albuquerque Area Indian Health Board in partnership with Tóhajiilee Band of Navajos, Jicarilla Apache Nation, Mescalero Apache Tribe, Ramah Band of Navajos, Southern Ute Indian Tribe, Ute Mountain Ute Tribe.

SPECIAL SESSIONS
(By Invitation Only):

8:00 am - 12:00 pm

SASPP/DVPP Area Project Officer Meeting
ROOM: COCHITI

9:00 am - 12:00 pm

Indian Health Service (IHS) Zero Suicide Initiative: Profiles in Success
ROOM: SANTA ANA

PRESENTER:
Sean K. Bennett, L.C.S.W., BCD CDR, USPHS, Public Health Advisor National Lead, Zero Suicide Initiative, Division of Behavioral Health, Office of Clinical and Preventive Services, Indian Health Service

Objectives:
• Increased understanding best and promising practices among the eight (8) IHS Zero Suicide Initiative Program
• Viewing work of Indigi-Dreams native media organization producing AIAN ZSI Digital Narrative
• Onsite interviews of AIAN principals implementing the Zero Suicide model in Indian country

MAY 15-17, 2019 >>> ALBUQUERQUE CONVENTION CENTER >>> ALBUQUERQUE, NEW MEXICO
THURSDAY • MAY 16, 2019

6:30 am - 6:00 pm
Registration and Information Desk Open

8:00 am - 5:30 pm
Exhibit Hall Open

8:30 am - 10:00 am
Plenary Session
ROOM: AZTEC/BRAZOS/CIMARRON/DONA ANA/GALLESTEО
• Opening Prayer, Opening Comments
• Welcome
• Opening remarks from Donnie Garcia, Albuquerque Area Indian Health Board Chairperson, NIHB Albuquerque Area Representative
• Theresa Galvan, National Tribal Advisory Committee on Behavioral Health (NTAC) remarks
• Dr. Evan Adams, Coast Salish actor and physician from the Tla’amin First Nation remarks
• Closing remarks from Stacy A. Bohlen, NIHB Chief Executive Officer

10:00 am - 10:30 am
BREAK

10:30 am - 12:00 pm
BREAKOUT SESSION I
(CONCURRENT BREAKOUT SESSIONS)

WORKSHOPS

10:30 am - 12:00 pm
Track: Community-based Behavioral Health Services

Healing through Culture and Story: The Family Wellness Warriors Initiative
ROOM: ANASAZI
PRESENTERS:
Polly Andrews
Alfred Quijance

Learning Objectives:
• Describe how cultural strengths can be used to address the spiritual, emotional, mental, and physical effects of abuse
• Use new strategies for working with the community to end domestic violence, child abuse, and child neglect
• Harness the power of story to break the silence associated with abuse and initiate a safe, healing journey
• Describe how helping adults who have experienced violence and abuse can lead to better health and conditions for children

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.
10:30 am - 12:00 pm

**Track: Sharing Traditional & Promising Practices**

**Wisdom Warriors: Evidence-based Indigenous Healing**

**ROOM: COCHITI**

**PRESENTERS:**
Becky Bendixen

**Learning Objectives:**
- We will demonstrate though a Power Point and audience participation how simple tools can bring about change in the way you manage problems from chronic disease. The audience will experience a sense of community and empowerment during our session. Several tools will be discussed and modeled.
- We will describe how you can tailor evidence-based tools to fit into our Indigenous life styles and communities. We will demonstrate how our indigenous selves have been oppressed to the point it makes our physical selves ill.
- We will identify ways that various tribes can use the same tools even if their cultures and traditions may vary greatly. We will work with the audience to show real life examples of how you can use the program for your own tribe. We will identify how we are all different and yet the same inside.
- Participants will have first-hand knowledge as to steps to bring evidence based program to diverse communities.

No credits provided.
Disclosure Statement: The presenter has no financial relationship to this program.

10:30 am - 12:00 pm

**Track: Behavioral Health Workforce Innovation**

**A qualitative analysis: A pilot study to determine the efficacy of a vetted provider program for tribal Community Health Aides serving rural and remote regions**

**ROOM: PICURIS**

**PRESENTERS:**
Seth Green
Royleen Ross

**Learning Objectives:**
- Identify strengths and resiliency of remote and rural community health aide providers in Indian Country.
- Demonstrate how intersectionality of behavior health interventions and community health program workforce may result in workforce longevity and retention.
- Discuss unique aspects to the Bering Straits region of Alaska that impact strengths and challenges to intervention, access to care, within the PCMH integrated care model.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

10:30 am - 12:00 pm

**Track: Behavioral Health Integration-Substance Use Disorders, Mental Health Disorders, Suicide Prevention**

**Native Veteran Curriculum: Healing the Returning Warrior**

**ROOM: TAOS**

**PRESENTERS:**
Sean Bear, BA, CADC
Raymond Daw, MA

**Learning Objectives:**
- Discuss historical attitudes and trauma associated with native warfare
- Compare traditional healing practices to mainstream mental health services for veterans
- Identify ways to improve engagement with native veterans around mental health disorders

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.
10:30 am - 12:00 pm

Tribal Medication Assisted Treatment (MAT) Project Efforts to Reduce Opioid Use Disorders (OUD) among American Indian and Alaska Natives in CA

ROOM: NAVAJO/NAMBE

PRESENTERS:
Claraadena Soto, PhD, MPH
Gloria Miele, PhD
Melissa Eidman

Learning Objectives:
- Demonstrate and highlight culturally specific programs that are addressing prevention, treatment, and recovery needs of AI/AN communities in CA to reduce OUD.
- Describe how the Tribal Medication Assisted Treatment (MAT) program is implemented in Urban and Indian Health Programs.
- Illustrate how providers and clinicians are provided OUD training and technical assistance.
- Understand the identified strengths, weaknesses and available resources to address OUD.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

12:00 pm - 1:30 pm

LUNCH (On Your Own)

1:30 pm - 3:00 pm

WORKSHOPS

Track: Community-Based Behavioral Health Services

Successes and Challenges Implementing Infant and Early Childhood Mental Health Consultation

ROOM: ANASAZI

PRESENTERS:
Whitney Danz, MSW
Marcella Adolph, MSW

Learning Objectives:
- Describe, integrate and utilize four key characteristics of the Infant and Early Childhood Mental Health Consultation Model implemented in the CSKT community.
- Describe strategies for communicating the preliminary findings of the IECMHC Model to the families being evaluated.
- Describe an action plan for implementing the IECMHC model in your everyday practice including listing potential barriers for implementation and strategies for overcoming them.
- Describe how key learning from Project LAUNCH's work that will inform your implementation strategies

1.5 CE or 1.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.
1:30 pm - 3:00 pm
Track: Sharing Traditional & Promising Practices

Documenting Traditional Elder Knowledge: Indigenizing Prevention and Health Promotion
ROOM: COCHITI

PRESENTERS:
- Maria Crouch, MS
- Rebecca Ervin
- Melissa Castaneda

Learning Objectives:
- Understand the history and context of traditional Elder knowledge as a system and transmission of prevention, health promotion, and resiliency.
- Describe how understanding cultural and spiritual Elder knowledge will impact and benefit current and future generation’s health and wellness.
- Learn strategies to enhance and strengthen intergenerational dialogue in order to gain deepened understandings of diverse cultural knowledge for documentation and use in healthcare settings and beyond.
- Describe how cultural knowledge of self can both favorably and unfavorably impact wellness and prevention for tribal health.

1.5 CE or 1.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

1:30 pm - 3:00 pm
Track: Behavioral Health Workforce Innovation

A Competency based Approach to Developing a Rural Behavioral Health Workforce
ROOM: PICURIS

PRESENTERS:
- Sheri Patraw
- Jolene Firmin Telford

Learning Objectives:
- Describe a training model that integrates adult-learning principles and cultural values.
- Practice the use of a competency-based skills assessment tool
- Identify opportunities to integrate Native Elders and Traditional Ways of Knowing into learning experiences
- Use competency-based tools to support professional development goals.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

1:30 pm - 3:00 pm
Track: Behavioral Health Integration — Substance Use Disorders, Mental Health Disorders, Suicide Prevention

Zero Suicide in Oklahoma — Tribal Healthcare System Implementation
ROOM: TAOS

PRESENTERS:
- Kristie Brooks, MS, LPC
- Shannon Dial, PhD, LMFT

Learning Objectives:
- Describe, understand and utilize the 7 essential elements of Zero Suicide
- Apply the knowledge just learned about different implementation strategies of Zero Suicide to decide which the best fit for your agency is.
- Understand and describe 4 ways that Zero Suicide operates for two different large tribal healthcare systems.
- Describe how the Joint Commission’s national patient safety goal of identifying those at risk for suicide is best achieved through screening and assessment implementation.

1.5 CE or 1.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.
1:30 pm - 3:00 pm

**Track: Behavioral Health Integration — Substance Use Disorders, Mental Health Disorders, Suicide Prevention**

**Building Resilience, Building Health: An Integrated Approach to Suicide Prevention and Community Wellness**

ROOM: NAVAJO/NAMBE

**PRESENTERS:**
Leolani Ah Quin
Kelly McGrady, RN
Anita Martin, MD

**Learning Objectives:**
- Recognize key components of integrated care model.
- Participants will recognize and understand the interrelation between Adverse Childhood Experiences and health outcomes.
- Participants will learn practical interventions to build resilience as it relates to suicide prevention and reduction.

*No credits provided.*

Disclosure Statement: The presenters have no financial relationship to this program.

1:30 pm - 2:30 pm

**Track: Sharing Traditional & Promising Practices**

**Culture as Prevention: Addressing Adverse Childhood Experiences in Indian Country**

ROOM: SAN JUAN

**PRESENTERS:**
Carolyn Hornbuckle, JD
Katie Ports, PhD

**Learning Objectives:**
- Define and explain the phenomena of Adverse Childhood Experiences (ACEs) and its specific connections to Historical and Inter-generational trauma in Indian Country
- Identify and list protective factors, strategies, and practices that are critical to the development of resiliency and positive youth development
- Describe the process and protocols of developing culturally responsive ACE prevention resources, which may include a resource guide/basket and discuss what other elements would be needed to address ACEs in Indian Country.

*No credits provided.*

Disclosure Statement: The presenters have no financial relationship to this program.

3:15 pm-4:15 pm

**SPECIAL SESSION:**
Poster Presentations and Networking

ROOM: AZTEC/BRAZOS/CIMARRON/DONA ANA/GALLESTEO

4:30 pm - 5:30 pm

**BREAKOUT SESSION III**
(CONCURRENT BREAKOUT SESSIONS)

**ROUNDTABLE (60 MINUTES)**

4:30 pm - 5:30 pm

**Track: Community-based Behavioral Health Services**

**Strengthening our Nets**

ROOM: ANASAZI

**PRESENTERS:**
Amy Carlough, MSW, (Subject Matter Expert)

**Learning Objectives:**
- Describe three methods that Aleutian Pribilof Islands Association has used to incorporated culture and sustainability in suicide prevention efforts.
- Describe and utilize four strategies to engage youth, community, and youth advisory boards in prevention activities.
- Describe strategies to increase partnerships and strengthen access to resources available in rural communities for suicide prevention.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health

Disclosure Statement: The presenters have no financial relationship to this program.

4:30 pm - 5:30 pm

**Track: Behavioral Health Integration—Substance Use Disorders, Mental Health Disorders, Suicide Prevention**

**Indian Health Manual: Chapter 34 Suicide Prevention and Care Program Policy**

ROOM: TAOS

**PRESENTERS:**
Pamela End of Horn, MSW, LICSW

**Learning Objectives:**
- Define IHS standards of care for treating people at risk of suicide.
- Apply the previously mentioned standards of care to patients presenting with risk of suicide.
- Describe and understand IHS standards of care as they relate to unique aspects of American Indians/Alaska Natives.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health

Disclosure Statement: The presenters have no financial relationship to this program.
4:30 pm - 5:30 pm
Track: Behavioral Health Workforce Innovation

Clinicians Lived Experiences with Culturally Adapting Empirically Supported Treatments for American Indian and Alaska Native Populations

ROOM: PICURIS

PRESENTERS:
Meagan Rides At The Door, LCPC

Learning Objectives:
• Describe useful strategies obtained from a review of the cultural literature of the cultural adaptation of Empirically Supported Treatments for American Indian and Alaska Native populations.
• Identify knowledge gained from discussions with clinicians who have utilized the cultural adaptations of EST for AI/AN.
• Describe how and understanding of the cultural adaptations of EST for AI/AN will impact you everyday practice.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

4:30 pm - 5:30 pm
Track: MSPI/DVPI Grantee

People of a Place: Comparing Indigenous evaluation approaches with Western frameworks

ROOM: SANDIA/SANTA ANA

PRESENTERS:
Colin Gerber, MPH

Learning Objectives:
• Differentiate between Indigenous and Western evaluation frameworks.
• Compare purposes and methods of evaluation styles.
• Identify practical applications of Indigenous evaluation practices that you can apply in your current study.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenter has no financial relationship to this program.

4:30 pm - 5:30 pm
Track: Community-based Behavioral Health Services

Cultural Connections and the Northern Cheyenne Tribal Board of Health's Cheyenne Connectedness Survey Results

ROOM: SAN JUAN

PRESENTERS:
Allyson Kelley, DrPH, MPH
Desiree Restad, MPH
Rufus Spear

Learning Objectives:
• Describe and understand the process of developing a tribal-specific survey for American Indian youth attending K-12 schools in reservation settings.
• Describe and understand how to utilize existing cultural knowledge to develop culture-based curriculums and teachings that give youth meaning and purpose.
• Describe and understand culture-based teachings as a method to address suicide, substance use, and school drop-out risk factors in American Indian youth.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.
FRIDAY >>> MAY 17, 2019

6:30 am - 3:00 pm
Information Desk Open

8:00 am - 3:00 pm
Exhibit Hall Open

8:30 am - 10:00 am
BREAKOUT SESSION IV
(CONCURRENT BREAKOUT SESSIONS)

WORKSHOPS

8:30 am - 10:00 am
Track: Community-based Behavioral Health Services

Leveraging Cultural Assets in Impacting Outcomes in Tribal Wellness Court Programs
ROOM: ANASAZI

PRESENTERS:
Louis Lafrado
Judge. Randolph Collins
Tonya Louis

Learning Objectives:
• Multi-level programming that engages a wide range of disciplines can have a direct impact on Wellness Court outcomes that build resilience and leverage assets to protect graduates in after-program efforts.
• Leveraging culture, tradition and native language preservation with public health responses and non-punitive judicial action can improve outcomes and protect Wellness Court graduates in after program efforts.
• Multi-level approaches to Wellness Court programs can have a direct impact on outcomes for participants and graduates by leveraging community-wide and enterprise-wide assets and resources to support current and graduate Wellness participants to succeed in after-care.
• The Acoma program highlights the value added to the effort by weaving cultural assets and resources with western approaches to prevention and intervention. The collaborative approach between cultures values each and leverages each to support the entire program's goals and objectives across the Tribe.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

8:30 am - 10:00 am
Track: Sharing Traditional & Promising Practices

Healing the Healers: Lessons from the Good Road of Life Training for Mental Health Professionals
ROOM: COCHITI

PRESENTERS:
Allyson Kelley, DrPH
Clayton Small, PhD

Learning Objectives:
• Describe the components of the Good Road of Life training for mental health professionals.
• List the sources of strength of mental health professionals attending the Good Road of Life Training and changes in their knowledge, strengths, and perspectives.
• Describe the impact of culture-based trainings like Good Road of Life on mental health professionals and how attendees plan to use the skills, knowledge, and information gained in their communities.
• Describe and review the importance of culture and resilience based trainings for mental health professionals working in Indian Country.

1.5 CE or 1.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.
8:30 am - 10:00 am
Track: Behavioral Health Integration-Substance Use Disorders, Mental Health Disorders, Suicide Prevention

Integrating Behavioral Health with Cancer Prevention and Treatment
ROOM: TAOS

PRESENTERS:
Hon. Joshua Hudson
Taslim van Hattum, LCSW, MPH

Learning Objectives:
• Describe the implications of cancer diagnosis and treatment relating to behavioral health outcomes
• Attendees will be able to identify culturally tailored resources for cancer survivors
• Attendees will be able to demonstrate and duplicate traditional medicine bundle construction

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

8:30 am - 10:00 am
Track: Innovative Strategies with the Expressive Arts, Behavioral Health Aides and Community Centers

ROOM: PICURIS

PRESENTERS:
Denise Curtis, MA, LPC

Learning Objectives:
• Put together 4 Expressive Art Therapy activities that will bring in ancestral wisdom, purpose in life and/or basic coping strategies. These will include: “Ancestral Healing through Mask Making”, “Clay Bowl Meditation and the Art of Int
• Envision success for their own community centers utilizing Behavioral Health Aides (BHA).
• Appreciate the healing power of art making in community and witness how community center “events and activities” can serve to de-stigmatize counseling while providing a less direct approach to therapy.
• Facilitate and process the experiences and feelings that resulted from the expressive art activity in circle.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

8:30 am - 10:00 am
Track: MSPI/DVPI Grantee

A public health professional-research partnership to reduce adolescent risk for substance use and suicide on the Navajo Nation
ROOM: SANDIA/SANTA ANA

PRESENTERS:
Lauren Tingey, PhD, MPH, MSW
Annette Gonnie, MHA
Joleen Tapaha, MPH

Learning Objectives:
• Describe the collaborative effort between Indian Health Service and Johns Hopkins University to reduce substance use and suicide on the Navajo Nation.
• Discuss the key components of the Arrowhead Business Group Youth Entrepreneurship Education program for reducing risk for substance use and suicide among Navajo youth.
• List the research results from the public health program implementation of the Arrowhead Business Group Youth Entrepreneurship Education intervention on the Navajo Nation.
• Detail how the Arrowhead Business Group Youth Entrepreneurship Education program was delivered to Navajo youth through a multi-level approach.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

8:30 am - 10:00 am
Track: Behavioral Health Integration-Substance Use Disorders, Mental Health Disorders, Suicide Prevention

Improving American Indian and Alaska Native (AIAN) Behavioral Healthcare through improved access to Medicaid services and reimbursements to Indian health care providers.
ROOM: NAVAJO/NAMBE

PRESENTERS:
Kitty Marx
Ed Fox
Susan Karol

Learning Objectives:
• Understanding the basics of Medicaid for Beneficiaries and Providers and the impact on Health Disparities and Reimbursement.
• Understanding Medicaid State Plans and Behavioral Health Providers requirements for billing and reimbursements.

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.
Teaching Mental Health in Native Communities: Lessons Learned and Cultural Considerations

ROOM: ISLETA/JEMEZ
PRESENTERS:
Alyssa Jojola
Rachel Tenorio
Beverly Bowman

Learning Objectives:
• Identify one cultural and one contextual factor that impact a Native individual with a dual diagnosis.
• Describe how the four directions model/corn stalk model can be used to assist a Native individual with a dual diagnosis.
• Inform how the Mental Health First Aid curriculum can be used to address cultural stigma in Native communities

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

10:15 am-11:45 am

Track: Sharing Traditional & Promising Practices

“Sa’ah naaghei bik’eh gozhoo” — Apache Path to Wellness

ROOM: COCHITI
PRESENTERS:
Ginger Myers, LMFT
Larold Pinal

Learning Objectives:
• Identify concepts of the strategic planning process as it relates to implementation of culture and history with mental health clinical programming.
• Identify specific strategies for a road map of developing and modifying evidence-based curriculum to teach foundational concepts of culture and history.
• Identify specific examples of how connecting providers, stakeholders and community members to culture and tribal history leads to improvements of the behavioral health workforce, increased resource sharing, stakeholder engagement, and community mobilization around behavioral health education.
• Identify lessons learned by White Mountain Apache Behavioral Health services in the journey to implementing White Mountain Apache culture & history into mental health programming.

7.5 CE or 7.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.
Multi-level programming to support public health intervention and prevention efforts

**ROOM: TAOS**

**PRESENTERS:**
Louis Lafrado  
Tonya Louis  
Autumn Drags Wolf

**Learning Objectives:**
- Supportive, consistent community messaging across varied components of a Tribal enterprise can reinforce and amplify intervention and prevention messages to reduce risk factors by building of assets and resiliency.
- Multi-level programming provides a consistent, cohesive message across the community and engages, encourages and supports “belonging” through strength and resiliency.
- Consistency of public health intervention and prevention efforts provides a seamless environment across the community, there is always a sense of belonging to the community when all components are supportive.
- The outcome of the learning objective is the ability recognize the strengths of the entire enterprise and take advantage of each and drive the program to address the intervention, prevention and supportive needs of the community. Doing this accomplishes the sustainability by engaging a strengths-based approach to public health issues.

No credits provided.  
Disclosure Statement: The presenters have no financial relationship to this program.

**Strengths, Challenges and Highlights of the Indian Health Service Behavioral Health Initiatives: MSPI & DVPI**

**ROOM: PICURIS**

**PRESENTERS:**
Tamara James, PhD  
Kevin English, DrPH

The session will highlight the strengths and challenges of the MSPI and DVPI IHS behavioral health initiatives via data reported during the 2015-2018 project years.

1.5 CE or 1.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health  
Disclosure Statement: The presenters have no financial relationship to this program.
10:15 am-11:45 am
Track: Sharing Traditional & Promising Practices
Growing Our Own: A Grassroots Approach to Increasing Behavioral Health Access for American Indian and Alaska Native People
ROOM: ISLETA/JEMEZ
PRESENTERS:
Sue Steward, BSHA
Xiomara Owen
Learning Objectives:
• Explain the need to develop culturally informed Tribal behavioral health workforces;
• Describe the evolution of the National Portland Area Indian Health Board (NPAIHB) Behavioral Health Aides and Practitioners (BHA/P) program and how it relates to increasing behavioral health access to AI/AN.
• Discuss and identify the steps to create a system of Behavioral Health Aide education and training.
• Explain how Federal Certification increases behavioral health access for AI/AN.
7.5 CE or 7.5 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

11:45 pm - 12:45 pm
LUNCH (On Your Own)

12:45 pm-1:45 pm
BREAKOUT SESSION VI
(CONCURRENT BREAKOUT SESSIONS)

12:45 pm-1:45 pm
ROUND TABLE (60 MINUTES)
Track: Community-based Behavioral Health Services
Top line findings and recommendations of Alaska's opioids needs assessment
ROOM: ANASAZI
PRESENTERS:
Jackie Engebretson, MSW
Tim Collins, MPH, MA
Cody Chipp, PhD
Learning Objectives:
• List and describe how to use health data, CDC/SAMHSA-based logic models and inventories of activities and resources to design a needs assessment that can be applied to a community, a region or a whole state.
• Identify and describe the top six public information priorities and how this information will enhance your practice.
• Recognize and illustrate messaging, presentation and content of public health educational media about opioids that are culturally responsive to AI/AN communities.
1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.
12:45 pm–1:45 pm
Track: Sharing Traditional & Promising Practices

Kupuna (elder) Councils: Using Native Hawaiian Traditional Healing & Cultural Practices to Reconnect Our Lahui (People) in Healing and Wellness

ROOM: COCHITI

PRESENTERS:
Babette Galang
Sean Chun

Learning Objectives:
• Compare the similarities between Native Hawaiian traditional healing practices and their own cultural practices.
• Participants will be able to analyze the differences associated with both traditional cultural practices and Western healing modalities.
• Participants will be able to begin to design or re-design, assess and/or formulate health and wellness models specific to the indigenous community they serve

No credits provided.
Disclosure Statement: The presenters have no financial relationship to this program.

12:45 pm–1:45 pm
Track: Behavioral Health Integration–Substance Use Disorders, Mental Health Disorders, Suicide Prevention

Suicide Screening: Screening Evidence, Clinical Pathways and Treatment Priorities.

ROOM: TAOS

PRESENTERS:
Pamela End of Horn, MSW, LICSW

Learning Objectives:
• List and describe current evidence based suicide screens applicable to the AI/AN population.
• Describe implementation strategies for suicide screens for the American Indian/Alaska Native population.
• Describe strategies that clinicians can use to assess population needs when identifying and using suicide screens within tribal communities.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

12:45 pm–1:45 pm
Track: MSPI/DVPI Grantee

Collaboration for Youth Focused Suicide Prevention

ROOM: PICURIS

PRESENTERS:
Michelle Smoke
Elizabeth Eggleston

Learning Objectives:
• Demonstrate how to start a youth group from start to finish
• Assess Needs
• Identify Age-Appropriate Topics
• Design an evaluation
• Identify other ways to collaborate for a youth group
• Discuss different programs to collaborate with in your area: create a list, define your groups design

A public health-research partnership to promote adolescent sexual and reproductive health on the Navajo Nation

ROOM: SANDIA/SANTA ANA

PRESENTERS:
Lauren Tingey, PhD, MPH, MSW (Subject Matter Expert)
Cassandra Allen

Learning Objectives:
• Describe the collaborative effort between Indian Health Service and Johns Hopkins University to promote adolescent sexual and reproductive health on the Navajo Nation.
• Describe and utilize the key components of the Respecting the Circle of Life program implemented with Navajo youth and families.
• Describe key research results from the public health program implementation of the Respecting the Circle of Life intervention on the Navajo Nation and apply those findings to your study.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

KEY

Track: Community-based Behavioral Health Services
Track: Sharing Traditional & Promising Practices
Track: Behavioral Health Integration–Substance Use Disorders, Mental Health Disorders, Suicide Prevention
Track: Behavioral Health Workforce Innovation
Track: MSPI & DVPI Grantee
12:45 pm-1:45 pm
Track: Behavioral Health Integration-Substance Use Disorders, Mental Health Disorders, Suicide Prevention

Incorporating the Recovery Wheel in a Therapeutic Village of Care Treatment Model
ROOM: NAVAJO/NAMBE

PRESENTERS:
Becky Jacobs, MSCP
Michael Mooradian, CDCS

Learning Objectives:
• Describe strategies for utilizing the recovery wheel in the Therapeutic Village of Care Treatment Model.
• Utilize the Recovery Wheel for yourself to gain experience in how to use this with individuals in your work settings.
• Describe how the Therapeutic Village of Care Treatment Model incorporates culture and traditions and how this might benefit people you see in your agency.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

12:45 pm-1:45 pm
Track: Community-based Behavioral Health Services

Problem Gambling in Tribal Communities: Storytelling and Conversations on a Hidden Public Health Issue
ROOM: SAN JUAN

PRESENTERS:
Ted Hartwell
Sydney Smith, LPC, PADC, CPGC-S ICGC-II

Learning Objectives:
• Describe the challenges and dilemmas of engaging in a clinical conversation about “problem gambling” in tribal communities.
• Describe key characteristics of “problem gambling” that differentiate it from “recreational gambling”.
• Describe strategies for engaging tribal communities in dialogue and data gathering on “problem gambling”.

1 CE or 1 NBCC hours provided by the UNM Department of Psychiatry & Behavioral Sciences, The Division of Community Behavioral Health
Disclosure Statement: The presenters have no financial relationship to this program.

2:00 pm - 3:00 pm
CLOSING PLENARY

AZTEC/BRAZOS/CIMARRON/DONA ANA/GALLESTEO

• Welcome remarks from Victoria Kitcheyan, Winnebago Tribe of Nebraska Tribal Council Member, NIHB Chairperson and Great Plains Area Representative

• Dr. Doreen Bird remarks

• Closing Remarks - Stacy Bohlen, NIHB CEO

• Retiring the Colors

• Closing Prayer

• Adjourn
The posters feature highlights on evidence-based practices, practice-based approaches, and Tribal best practices in enhancing Tribal behavioral health. Hear from academic researchers, clinical researchers, clinical providers, Tribal government professionals, and the federal government in how they serve American Indians and Alaska Natives through innovative programs and research. We welcome all behavioral health professionals and conference attendees to visit the poster exhibit and participate in a robust dialogue with our presenters to continue building connections between culture and purpose.

- Patricia Roth & Sierra Wolcott — Sisseton Wahpeton Oyate Behavioral Health
- Danna Peterson & Michelle Miller — Hualapi Suicide Surveillance Program
- Nicole Tamayo — SOMS Youth and Family Program
- Andrea Dudley & Marc Clanton — Anadarko Indian Health Center MSPI Collaborative
- Joleen Tapaha & Lauren Tingey — Implementation of Arrowhead Business Group Youth Entrepreneurship Education program to reduce adolescent substance use and suicide on the Navajo Nation
- Cassandra Allen — Implementation of the Respecting the Circle of Life program to promote adolescent sexual and reproductive health on the Navajo Nation
- Arlene Kashata & Bonnie Inman — Culture is Prevention
- Janet Hoskie & Dedra Tsosie — Uniting Lifeskills and School-Based Mental Health for our Navajo Youth
- Carrie Manning & Maria Vega — A Modern Gathering Rooted in Traditional Practices
- Rose DeBerry — “So what? She's just going to go back.” Implementing a Victim-Centered Approach to Interviewing by Rocky Boy’s Law Enforcement
- Joshuua Allison-Burbank & Colby Hagen — Prevention of Developmental Delay to Foster Mental Health in American Indian Children
- Janelle Timber-Jones — Moving from Grief to Dance: Gourd Dancing on the Northern Cheyenne
- Joseph Lafromboise & Janice Myers — Using the Cast Program to Prepare Seventh Grade Boys on the Rocky Boy’s Nation
- Bridget Valenzuela — Pascua Yaqui MSPI Program
- Jessica Two Eagle, Michelle Colombe, & Tokala Inajinyo — Suicide Prevention Mentoring Program
- Cody Chipp — Connecting Cultural Activities in a State Psychiatric Hospital — Stories of Success
- Kimberly Fowler & Sebouh Kouyoumjian — NCUIH’s National Youth Council Suicide Prevention Campaign: Using Social Media to Impact Policy
- Patricia Ramirez & Richard Skaggs — PREPaRE Emergency Response for Schools
PRESENTER BIOGRAPHIES

Evan Tlesla Adams, MD, MPH is a Coast Salish actor & physician from the Nlaka’pamux First Nation near Powell River, BC, Canada. Evan stars as Thomas Builds-The-Fire in Miramax’s SMOKE SIGNALS, written by Sherman Alexie & directed by Chris Eyre. He also won Best Actor awards from the American Indian Film Festival, & from First Americans in the Arts, & a 1999 Independent Spirit Award for ‘Best Debut Performance’. He won a 2011 Gemini Award for co-hosting the National Aboriginal Achievement Awards along with Adam Beach. Aside from his career in the arts, Evan has completed a Medical Doctorate from the University of Calgary in 2002, & a residency in the Aboriginal Family Practice program at St. Paul’s Hospital in Vancouver, BC. Dr. Adams has a Masters of Public Health (2009) from Johns Hopkins University in Baltimore, MD. He was the first-ever Aboriginal Health Physician Advisor in the Office of the Provincial Health Officer, BC Ministry of Health (2007-2012). He was the Deputy Provincial Health Officer for the province of BC from 2012 to 2014. He is currently the Chief Medical Officer of the First Nations Health Authority.

Marcella I. Adolph, MSW currently works for the Confederated Salish & Kootenai Tribes – Project LAUNCH as the Childhood Mental Health Consultant, collaborating with two Preschool locations on the reservation. She has a history of working as a Foster Care/CPS Social Worker for twelve years with CSKT, in addition, as a Therapist-in-Training with the Ronan School District 30.

Leolani Ah Quin serves as the Director of Circle of Life; MHA Nation’s Tribal Health substance use program. She is a 2017 Clinical Scholar: a recipient of the 2018 Cummings Graduate Institute -Biodyne Award for the agency that most embodies the Biodyne model of integrated behavioral healthcare. She has been appointed to the North Dakota Board of Social Work Examiners, and participated in North Dakota State BRSS TACS training to create policy change and implement recovery supports across the state. As a trained provider in integrated behavioral health she has been a primary influence in redesigning the department’s provision of services and developing integrated health care through comprehensive behavioral health services, and integrated behavioral health in both primary care and as an adjunct to psychiatric services. More specifically, she is building on a current movement in the community to build capacity across all disciplines to establish suicide prevention protocols. As the previous director of Elbowwoods Memorial Health Center’s behavioral health department Dr. Ah Quin is an active lead in these efforts supported by the medical, psychiatric care providers and local schools; thus increasing accessibility of much needed services.

Cassandra Allen is a Coordinator for Chinle Service Unit Health Promotion managing four sites: Pinon, Chinle, and Tsailie Health Promotion and the Chinle Wellness Center. I have worked with the Chinle Service Unit from June 2006 to present. I have a special interest in Indigenous people’s health, community driven initiatives, improving patient care initiatives, and grant funding. I currently serve as Project Director for DVPI Purpose Area 1.

Polly Andrews received a Bachelor’s in Human Services, and is currently pursuing a Master’s in Education. Today she is a Learning & Development Associate with Southcentral Foundation Family Wellness Warriors Initiative, a movement that inspires families and communities to break the silence to end cycles of abuse in Alaska.

Sean A. Bear earned his B.A. from Buena Vista University, Double majoring in psychology/human services. He also studied mental health counseling at Drake University for 2 years. He has not graduated as of yet, but stills intend to graduate with his Master’s degree. He has worked with Native Americans with Substance Use issues for many years. He received his third honorable discharge from the Army after over 9 years of service and served with the 82nd Airborne Division.

David “Joel” Beckstead joined the Indian Health Service in 2009 as the Clinical Director of Desert Visions Youth Wellness Center in Sacaton, Arizona. Desert Visions Youth Wellness Center is one of 12 federal and tribal residential treatment centers in IHS that provides substance use services to American Indian and Alaska Native Youth. He is currently serving as the National Alchohol and Substance Abuse Lead for the Division of Behavioral Health in the Office of Clinical and Preventive Services. The Division of Behavioral Health serves as the primary source of national advocacy, policy development, management, and administration of behavioral health, alcohol and substance abuse, and family violence prevention programs for American Indian and Alaska Native (AI/AN) people.

Becky Bendixen has increased her outreach to indigenous nations every year as Wisdom Warriors goes nationwide. Collaborating with tribes to create Wisdom Warriors and share it throughout indigenous communities will always be one of her life’s greatest passions. The Wisdom Warrior program is changing elders’ lives on a daily basis and she feels blessed to be one of the programs creators.

Eli Bighumb serves as the Recreation Specialist for the Division of Public Health at Crownpoint Healthcare Facility in Crownpoint, New Mexico. He has 8 years of experience in coordinating the day-to-day operations of planning, implementation, evaluation and documentation of a dynamic Peer Helpers Program at the Thoreau High School in Thoreau, NM. He has received the Navajo Area Indian Health Service Director’s Award for Health Promotion in 2014 and 2016 for his continuing efforts to make an impact by promoting community outreach programs and for being an integral team member of the Crownpoint MSPI Program.

Doreen M. Bird, PhD, MPH, comes from Kewa Pueblo, NM. She is a recent graduate from Arizona State University’s School of Social Transformation where she obtained her doctorate in Justice Studies while participating in the second Pueblo PhD Cohort Program. Her undergraduate education includes a bachelor’s degree in Psychology and a master’s degree in Public Health from the University of New Mexico. Dr. Bird started training as a researcher under the direction of Philip May, Ph.D. through the Career Opportunities in Research program and has focused her research interests in the areas of substance abuse, mental health, suicide prevention and resilience in Native American populations. After living away from
her tribal lands to obtain a higher education, her recent migration back to her home community has been a completion of a cycle that is often spoken by tribal leaders when they say, “Go get an education, then come back to help our People.” Dr. Bird is a member of Kewa Pueblo Health Corporation's Board of Directors, works as an independent consultant and is a Guest speaker invited by tribal communities to speak on topics such as suicide prevention, which has been her area of study for the past 15 years. More recently, Dr. Bird has been engaging in social justice issues such as environmental justice and the protection of water and sacred sites. She is a mother of 6 and grandmother of 4 and continues with her cultural traditions. Doreen is fluent in her Native language and refuses to work full-time, so that she can spend more time with her family and with Nature.

**Beverly D. Bowman** (Navajo) is from Tohatchi, New Mexico and resides in Albuquerque, New Mexico. Being a strong advocate for reducing and preventing substance abuse and suicide among Native American youth, she worked as a Substance Abuse Health Technician for the Division of Public Health, Crowpoint Suicide Crisis Board (12) at that time she served as the Team Lead for the Eastern Navajo Intergenerational Intercultural (12) Positive Directions for Native Health – Native Connections/SAMHSA Grant, Albuquerque Area Indian Health Board. She continues her advocacy for suicide prevention, intervention and postvention in the two (2) communities she serves in. She has helped the Ramah Navajo/Pine Hill community establish a “uniformed” suicide protocol, phone tree, crisis call number and suicide vocabulary brochure that is being disseminated within the community.

**Kristie Brooks, MS, LPC** serves as the Director of the Behavioral Health Department for the Choctaw Nation of Oklahoma. She oversees the BH Outpatient department, nine Federal grants, and two residential substance abuse treatment facilities. She previously served as the Clinical Director of the BH department and provided clinical support to her staff. Prior to her employment with the Choctaw Nation, Kristie worked for the state of Oklahoma for approximately 5 years. Kristie received her BA degree in 2003 and MS degree in 2007. She received her licensure as an LPC in 2009, and her LPC Supervisor certification in 2012.

**Amy Carlough, MSW** is the Health Department, Youth Program Coordinator at Aleutian Pribilof Islands Association, Inc. in the State of Alaska. In her current position, she oversees youth programming as well as the SAMSHA Native Connections grant. The Health Department provides IHS, Behavioral Health and Elders, Youth and Wellness services to Anchorage, Atka, Nikolski, St. George, and Unalaska, Alaska. She has her MSW from University of Alaska Anchorage and has devoted herself to providing social work services to Native communities for over 18 years.

**Melissa J. "Qillauruq" (Tabor) Castaneda** works for the Wellness and Prevention Department at the Alaska Native Tribal Health Consortium. She has earned a Bachelor's Degree in Psychology, Religion, and an Interdisciplinary Minor in Gerontology from Syracuse University in Syracuse, NY. She has also earned a Bachelor of Arts in Rural Development from the University of Alaska-Fairbanks.

**Cody Chipp, Ph.D.** licensed psychologist, serves as Director of Behavioral Health for the Alaska Native Tribal Health Consortium. He advocates for policies to support behavioral health services, program development, and systems improvement to address needs within the Alaska Tribal Health System. His professional background includes research in rural settings on service delivery and health outcomes of underserved populations. He participates in circumpolar health research and advocacy as a member of the United States Arctic Research Commission (USARC) Arctic Mental Health Working Group and was a former Co-Chair of the Arctic Human Health Expert Group within the Arctic Council.

**Sean A. Chun** resides on the island of Kaua‘i, Hawai‘i. He is the Traditional Healer and Cultural Advisor for Ho‘ola Lahui Hawai‘i, a Native Hawaiian Community Health Center. Sean, also known as Puahi or just “Uncle” is a practitioner of various arts, such as pu‘u (dance), ho‘oponopono (spiritual resolution), la‘au lapa‘au (herbal medicine), lomilomi (massage), and lua (marital arts). Sean is a great advocate of building community and bridging relationships to build a stronger, healthier, Hawaiian community. He works systematically throughout the community by providing traditional healing, healing classes, and programs with in public schools. He also is well vested in the community thru various Hawaiian Agencies and Organizations (HAO), as a small business owner, and various boards he sits on. Sean was trained traditionally by several practitioners, including “Coach” Ken Kamaeke, Kumu Levon Ohai, Papa Tom Takahashi, Auntie Daisy Nash, Papa Francis “Wongy” Wong, Uncle Bruce Kaualani, and Olohe Jerry Walker. He honors his teachers by continuing their work and passing down their knowledge. He has also work at the University of Hawai‘i, Hawaiian Studies with Na Pua No'eau, a program directed at young Hawaiians and higher education. He has a degree in Hawaiian studies and a background in horticulture.

**Judge Randolph Collins** oversees the Pueblo of Acoma Judicial court and is the program director for the Acoma Wellness Court. He has been a critical motivator in the Acoma safety-net that provides support and engagement for graduates of the Acoma Wellness Court. Through his direction of Wellness Court, the program prides judicial response to alcohol and drug use and misuse with health and prevention efforts to lead Wellness Court participants to a healthier and more sustainable outcome after graduation.

**Tim Collins, MPH, MS, MA** is an epidemiologist with 20+ years of experience in public health, research and community relations. As research director for U.S. Agency for International Development-funded projects in Europe and Central Asia, he led teams in large-scale survey implementation. As advisor to heads of state, he assisted with restructuring of health ministries and funding healthcare systems through tax-fiscal reform. In Abu Dhabi, he served as interlocutor to tribal leaders and Bedouin communities. Using data to advocate for rural and disaffected populations, he has presented research worldwide. Recently, he provided statistical analysis for an obesity intervention for Alaska Native children. Currently, he supports opioid and substance use related initiatives of the Alaska Native Epidemiology Center. He holds an MPH from Keck School of Medicine, University of Southern California, and graduate degrees in psychology and diplomacy.
Autumn Drags Wolf, LCSW is an enrolled member of the Mandan, Hidatsa and Arikara Nation. She is Iatzipco from Cheyenne River reservation. Autumn graduated with her Master’s Degree from New Mexico Highlands University and is a licensed Clinical Social Worker. Autumn currently holds the position as Clinical Supervisor with ABHS.

María Christina Crouch currently works in the Behavioral Health Department of Alaska Native Tribal Health Consortium. She is a doctoral candidate in the Clinical-Community Psychology program with a rural and indigenous emphasis at the University of Alaska Anchorage. She is a National Institute of Health Diversity Award fellow and an Indian Health Service scholarship recipient. Her passions are in community research and clinical pursuits related to the health promotion, holistic wellness, and advancement of Alaska Native peoples.

Denise Curtis, MA, LPC is a full-time doctoral student in Counselor Education & Supervision at the University of South Dakota. She focuses on Expressive Art Therapy and facilitated the “Women of Wisdom” Circle in Cherokee NC for Anaknisiwi Behavioral Health. While Denise is currently a college mental health counselor at USD, she has also served as a high school counselor at Saint Francis Indian School on the Rosebud reservation.

Whitney Danz, MSW currently works for the Confederated Salish and Kootenai Tribes Project LAUNCH as the Project Director; formerly she worked as a Childhood Mental Health Consultant within reservation preschools. Before coming to Project LAUNCH, her previous work experiences took place in educational settings, and focused on family partnership, counseling, and mental health supports with children and youth of various ages.

Ray Dav is Navajo originally from Houck, Arizona. Immediately after graduating from high school, he enlisted in the US Army. He has a Masters Degree from the University of New Mexico. He has been in the behavioral health field for over 35 years, as a Clinical Director, Executive Director, and Administrator. His work in behavioral health has been heavily on developing trauma-approach approaches that are healing and effective in prevention and treatment by application of the historical trauma model in with tribal communities; youth, adults, families, elders, veterans, and providers.

Shannon Dial, LMFT currently works as the Executive Officer of the Integrated Services Division for The Chickasaw Nation in Ada, OK. This division includes Medical Family Therapy, which is in its fourth year of implementing behavioral health integration throughout the Chickasaw Nation Department of Health’s four locations. The transition to Integrated Care has improved access to mental health services and provides a biopsychosocial team approach to healthcare. She also oversees Prevention Services which includes two programs; one with a focus on tobacco cessation and wellness education and another dedicated to suicide prevention. In the Integrated Services Division she has overseen the implementation of Zero Suicide, which has included implementation of universal depression and suicide screening throughout the Chickasaw Nation healthcare system. The Zero Suicide project is in its fourth year of development and has had a great deal of success.

Elizabeth Eggleston is a Mental Health Therapist at Saint Regis Mohawk Tribe Mental Health located in Akwesasne, NY. She graduated from SUNY Empire State University with a Bachelor’s degree in Psychology and Human Development with a concentration in trauma. Elizabeth obtained her master’s degree in Social Work from Simmons University; college of Social Work In Boston MA with a certification of trauma and interpersonal violence. She is a licensed Master Social Worker and is a member of the International Association of Trauma Professionals, a Certified Clinical Trauma Professional and a Certified Family Trauma Professional. Prior to working with the Saint Regis Mohawk Tribe Mental Health Services she worked with veterans that had co-occurring disorders providing individual counseling as well as intensive family counseling. She has experience in facilitating therapeutic groups to include: IDDT, DBT, PTSD, relapse prevention and open processing group and Social Skills group.

Melissa Eidman is an enrolled member of the Yurok Tribe of California. She graduated from Stanford University, earning a bachelor’s degree in Human Biology with a concentration in Native American community health. She has 4 associate’s degrees from the Los Rios community colleges in biology, chemistry, social science, and liberal arts. While at Stanford, she worked with the Yurok Tribe to identify contributors to health and health seeking behavior on the Yurok Reservation. Upon graduation, Melissa earned the John Gardner Public Service Fellowship, taking positions to further engage with Native American health policy and delivery. Melissa is now the Medication Assisted Treatment (MAT) Program Coordinator for CCUIH. She works in partnership with the California Department of Health Care Services and the California Rural Indian Health Board to execute the Tribal MAT Project.

Pamela End of Horn, MSW, LICSW National Suicide Prevention Consultant, Indian Health Service Headquarters Rockville, Maryland. She is responsible for the development and oversight of the Suicide Prevention and Care Program. Her work focuses on program policy development, program implementation and evaluation. Her prior work experience includes working as a Public Health Advisor serving as a project officer for the MSHI/DVPI, area liaison for the Great Plains Area, as well as working as a Suicide Prevention Coordinator in the Department of Veterans Affairs at the Eastern Colorado Healthcare System in Denver, Colorado and the Saint Cloud VA Healthcare System in Saint Cloud, Minnesota. She has a Master’s Degree in Social Work with practice in Domestic Violence. In addition, she is certified in Cognitive Processing Therapy. She currently holds advanced practice licenses in North Dakota and Minnesota as a Licensed Independent Clinical Social Worker. She is currently completing a Doctorate in Social Work at the University of Pennsylvania, in Philadelphia, Pennsylvania.

Jackie Engebretson, MSW is a Behavioral Health Program Manager at the Alaska Native Tribal Health Consortium (ANTHC). Her work centers on reducing and preventing opioid and substance use disorders. Jackie previously worked with the YMCA of Snohomish County, Tulalip Tribes of Washington (Youth Services Department), and the National Indian Health Board. She received her BA from the University of Alaska Anchorage. She also completed her MSW in Community-Centered Integrate Practice and a Nonprofit Management Certificate at the University of Washington.

Kevin English, DrPH is the Director of the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), which serves 27 Native American communities in the Southwest. Current AASTEC services are organized around four priority areas:
areas—epidemiology, health research, training, and public health practice. Kevin has been working with tribal communities across the country since 1995 as a researcher, public health practitioner and a clinical pharmacist. He received his Doctorate in Public Health from Columbia University in 2013.

Rebecca Ervin currently works as The Elder Outreach Coordinator at The Alaska Native Tribal Health Consortium. Rebecca earned her BA, in Counseling Psychology from the Alaska Pacific University in the fall of 2017. She is currently pursuing her Master of Science in Counseling Psychology at the Alaska Pacific University. Her passions include learning her Upper Tanana Athabascan culture and language, subsistence hunting and fishing, and working on improving behavioral health wellbeing within the Alaska Native Community.

Kimberly Fowler, Ph.D, hails from Jacksonville, FL, received her Ph.D. from Yale University in New Haven, CT in May 2005 and Bachelors of Science from Tennessee State University in Nashville, TN in 1998. Dr. Fowler completed a postdoctoral fellowship in 2009 from the University of Colorado-Denver where she also received a Certificate in Public Health. During her postdoctoral training, Dr. Fowler supported a local non-profit by writing a grant and supporting the community in developing, implementing, and managing a women’s health behavior intervention program to reduce health disparities risk. Since completing her training Dr. Fowler has supported a number of initiatives through the coordination and delivery of technical assistance in health systems and clinical operations. Her technical assistance projects have included supporting insurance applications for non-profits, credentialing of clinicians, improving clinical operations workflow, Electronic Health Records/Electronic Patient Management system development, billing and coding strategies to increase clinic reimbursements and revenue, third party billing implementation, implementation of emergency preparedness programs and supporting a variety of health education projects focused on reducing health disparities for communities of color.

Robert Foley, M.Ed. is the Chief Program Officer with the National Indian Health Board (NIHB) where he works on programs and advocacy initiatives providing technical assistance, training, resource brokering and information dissemination services on a variety of issues including: Medicare/ Medicaid/CHIP; methamphetamine; behavioral health; and HIV prevention; and public health accreditation. At the core of NIHB’s work is to ensure that the federal government upholds the trust responsibility for health. Previously, Mr. Foley worked with the National Native American AIDS Prevention Center delivering HIV technical assistance, creating national prevention and educational materials, and promoting targeted social marketing efforts. Mr. Foley worked as a training specialist with the National Network of Prevention Training Centers to train on HIV/STI evidence-based prevention. Prior, he was a research assistant with the Tri-Ethnic Center for Prevention Research at Colorado State University where he examined substance use and domestic violence prevention in rural and ethnic communities.

Edward Fox, Ph.D. is the Director of the National CMS Tribal Data Project at the National Indian Health Board. Dr. Fox has a Ph.D. in political science from the University of Washington, a BA from the University of Minnesota, and a Master’s in Public Administration, SFSU. He is a former Policy Analyst and then Executive Director of the Northwest Portland Area Indian Health Board, 1995 to 2005. Dr. Fox has also served as Health Services Director at the Port Gamble S’Klallam Tribe 2011 to 2016 and as the Director of the Squaxin Island Tribe’s Health and Social Services Department 2006–2010. He previously worked in academia as Professor of Government at Eastern Washington University from 1991-1995.

Babette Lilinoe Galang, MPH, LMT is the Traditional Healing and Complementary Health Director at Papa Ola Lokahi (POL), a Native Hawaiian health consortium established by Congressional Act in 1988 to address the dire health statistics of the Hawaiian people. She has been employed at Papa Ola Lokahi since 1997 in the area of Native Hawaiian traditional healing and cultural practices, advocating for their protection, preservation, perpetuation and cultural integrity. She was trained in these practices by masters Henry “Papa” Auwae (ia- au laa- au/herbal medicine), Margaret Machado (lomi-lomi/ massage) and Malia Craver (ho’oponopono/resolving broken relationships). She supports kupuna (elder) cultural practitioners, advocating for their efforts to perpetuate their knowledge and wisdom for future generations. She has organized and supported POL’s kupuna team in cultural awareness/sensitivity workshops for various agencies and organizations. She also assists with Kupuna Councils Statewide who provide healing and cultural services to clients of the Native Hawaiian Health Care Systems.

Jacque Gencarelle is a substance abuse prevention specialist with over 20 years of experience in community development, coalition building, marketing, strategic planning and grass-root outreach. She is a certified federal trainer of the Indian Country Drug Endangered Children (DEC) curriculum and the Substance Abuse and Mental Health Services Administration (SAMHSA) Substance Abuse Prevention Skill Training (SAPST). Ms. Gencarelle specializes in substance abuse prevention, community coalition development, and strategic planning utilizing the Strategic Prevention Framework. She has extensive experience in collaborating with Tribal communities and the underserved, vulnerable rural populations in addressing the issues from a community based approach. She has facilitated various seminars and workshops on various topics, including prescription drug use and abuse, alcohol, suicide prevention, strategic planning, and the Tribal Action Plan 101 developed in conjunction with SAMHSA. Ms. Gencarelle is currently the Program Coordinator for the Prescription Drug Overdose Prevention Program through the Coconino County Public Health Services District and Arizona Department of Health Services. She is Navajo (Diné)/Chiricahua Apache, mother of four, and resides in Flagstaff, AZ.

Colin Gerber, MPH serves as an Epidemiologist with the Urban Indian Health Institute (UIHI) in Seattle, WA where he provides technical assistance for urban Indian organizations funded under the Indian Health Service’s Methamphetamine, Suicide, and Domestic Violence Prevention Initiatives. He also assists with the CDC Good Health and Wellness in Indian Country program evaluation and UIHI’s sexual violence research. Colin completed his Master’s in Public Health at the University of Minnesota and has worked extensively in public health monitoring, evaluation, and research, including a year of service as a Global Health Corps Fellow in Rwanda, East Africa.

Seth Green, PhD is a licensed clinical psychologist. He serves as the Director of Psychological Services at Norton Sound Health Corporation, Director of Rural Health Psychology Fellowship at NSHC, and as Co-Director of the Alaska Psychology Internship Consortium. He enjoys serving as a site visitor for APA accreditation for training programs to ensure training standards are upheld throughout the country and teaching classes to behavioral health aides on rural practice issues at one of Alaska’s tribal colleges. Seth is passionate about rural workforce development issues, training across...
the spectrum for psychologists, and access to care issues in rural settings.

**Ted Hartwell** is on the research faculty of the Desert Research Institute. He is the Principal Investigator of a study examining the impact of problem gambling in Nevada tribal communities. A problem gambler in long-term recovery, he promotes awareness, prevention, and treatment of problem gambling for the Nevada Council on Problem Gambling as their Community Engagement Liaison. He lectures for UNLV’s Boyd School of Law and University of Utah Gaming Regulation classes, UNLV’s School of Medicine, and trains Clark County social workers and other providers on the issue of problem gambling.

**Joshua Hudson (Ojibwe)** is a citizen of Bay Mills Indian Community, and lives on the shores of Lake Superior in Northern Michigan. He currently serves as the Program Manager for the National Native Network (NNN), in addition to serving as Judge for Bay Mills Tribal Court’s Court of Appeals and the Healing to Wellness Court. He has an educational background centered in public administration, leadership and American Indian studies; with work experience spanning coast to coast in a variety of capacities including substance abuse, mental health, youth development, and public health. Within his current work with the NNN, he provides training and technical assistance nationally as well as developing, cultivating, and disseminating commercial tobacco and cancer resources for Tribes and tribal organizations.

**Becky Jacobs, MS,** has her MS from Alaska Pacific University in Counseling Psychology and is currently working as the Co-Occurring Clinician at Ernie Turner Center, a residential treatment program for adults in recovery. She works individually which each participant to create a Recovery Wheel (a graphic representation of the whole person seeking long-term recovery).

**Tamara D. James, PhD** currently serves as the Acting Director for the Division of Behavioral Health (DBH). Dr. James joined IHS in 2016 as the National Data Coordinator within the DBH. In this role, she has supported DBH program priorities including reporting and evaluation efforts related to Suicide Prevention, Alcohol and Substance Abuse, and the Community Health Representatives programs. She received her PhD in Biomedical Sciences from New York University School of Medicine and completed postdoctoral fellowships at the National Institute of Child Health and Human Development (NICHD-NIH) and a bioinformatic startup, GeneCentrix Inc. Throughout her career she has worked as a health science resource within tribal, non-profit, and federal settings to promote the health and wellness of the American Indian and Alaska Native (AI/AN) population. Her transition from “bench science” to health science administration was possible through her selection into the American Association for the Advancement of Science (AAAS) Science and Technology Policy fellowship program. As a policy fellow within the National Institute of Dental and Craniofacial Research (NIDCR), she participated in science policy activities to advance the mission of the Institute. In that capacity, she was awarded leadership training through the Society for Advancement of Chicanos/Hispanic & Native Americans in Science and Americans for Indian Opportunity Ambassadors program. She is passionate about strengthening AI/AN families and communities with a focus on the promotion of wellbeing and resilience among AI/AN males. Tamara is a member of the Choctaw Nation of Oklahoma.

**Alyssa Jojola** is from Isleta Pueblo, New Mexico. She received her B.S. in Physical Education from the University of New Mexico and has 4 years of teaching experience in grades K-12. Currently, Alyssa is a Project Specialist at the Albuquerque Area Indian Health Board and a graduate student at the University of New Mexico studying Community Health Education. Her work includes creating awareness and education on mental health, as well as substance abuse and suicide prevention in Native American communities in the New Mexico and Colorado areas. Her certifications include Certified Mental Health First Aid Instructor (Youth and Adult).

**Allyson Kelley, DrPH, MPH** is a senior community health scientist and the founder of Allyson Kelley & Associates PLLC. She leads a multidisciplinary team of associates and together they work to build evaluation capacity, understanding, and infrastructure that results in opportunities for community healing and transformation. Since 2005, she has worked with tribes as a research partner, expert public health consultant, lead evaluator, methodologist, epidemiologist, writer, and educator. She earned her Master’s degree in Public Health Practice from the University of Alaska Anchorage and her Doctorate in Public Health from the University of North Carolina at Greensboro. She is the author of more than 30 peer reviewed publications, and the author of Evaluation in Rural Communities text book published in December 2018 by Routledge.

**CAPT Susan V. Karol, MD, FACS** is the Associate Medical Director and a Health Insurance Specialist for the CMS Division of Tribal Affairs. She is an enrolled member of the Tuscaraora Indian Nation. Dr. Karol was the National Chief Medical Officer for the Indian Health Service, 2008-2017. She is a Captain in the United States Public Health Service serving in a variety of positions; presently working to improve the Quality of healthcare for American Indian and Alaska Natives through her work at CMS. Dr. Karol graduated from Dartmouth College in 1979 and received her M.D. from the Medical College of Wisconsin in 1983. Her post-doctoral training includes serving as a Clinical Fellow in Surgery at the Massachusetts General Hospital and Chief Resident at the University of Massachusetts Surgical Program. Dr. Karol is a Fellow of the American College of Surgeons and a member of the Association of American Indian Physicians.

**Sebouh Kouyoumjian, MPA, HAS** is a highly experienced development and public health professional with over 3 years in specialized subject matter experience focusing on mental health, trauma-informed-care, infectious diseases, substance abuse, and medical health policy/advocacy for underserved populations and American Indian and Alaskan native populations. As the Public Health Associate for the Technical Assistance and Research Center (TARC) at National Council of Urban Indian Health (NCUIH), Mr. Kouyoumjian provides leads and supports NCUIH’s National Youth Advisory Council (“Youth Council”) with professional development trainings on areas behavioral health topics, strength-based resiliency, peer support tools. Sebouh also supports UIHP’s with program evaluation efforts to advance UIHPs in an optimal direction, facilities Behavioral Health Community of Learnings webinars focused supporting Member Programs’ efficiency and effectiveness in capacity building, quality of care and providing greater access to urban AI/AN populations. Sebouh earned his Master’s degree in Public Administration/ Health Service Administration from the University of San Francisco.

**Kirsten Krane** has worked with more than 65 hospitals and organizations to implement quality improvement initiatives. Kirsten assists the 14 MSPI and DVPI grantees in the Billings Area with data collection and evaluation support. She also designs and manages projects for Boston Medical Center’s
Center for Health Equity, Education, and Research (CHEER) where she has assisted more than 50 hospitals and communities across the nation to catalyze change and improve maternity care practices. Kirsten runs a public health consulting business, Krane Consulting in East Glacier Park, MT, which focuses on grant writing, evaluation, and healthcare improvement services in Native and rural communities.

Louis J Lafrada, Ph.D. holds a doctorate from The Ohio State University College of Veterinary Medicine and has worked in public health program development and evaluation since 2000. The focus of much of his effort has been on grantmaking and sustainability of community public health programs. He has worked with the Pueblo of Acoma for nearly 15 years where he has served as an external program evaluator and program developer for a series of public health programs including alcohol misuse and substance use disorders. In addition, he has worked on suicide prevention, intervention and postvention, Acoma Drug Court, Department of Education programs, and tobacco cessation and prevention programs. On this AI/AN Behavioral Health Summit programming, he has contributed to the program evaluation assessments for Suicide prevention and intervention and wellness court outcomes in Acoma.

Jessica Leston (Tsimshian) has worked with Tribal health services for 15 years, currently at the Northwest Portland Area Indian Health Board. Jessica has contributed to community-based participatory research and systematic program development at the local, regional and national level – focusing on HIV, HCV, STI and drug use and misuse. She is a healthcare advocate and respects the influence and positive effect people and communities have on healthcare systems. Jessica is currently enrolled in a DrPH program at the University of Illinois.

Tonya M. Louis, MSW is an enrolled member of the Acoma Pueblo Tribe and has been working in the field of Behavioral Health Services for over 10 years. She received her Master of Social Work from New Mexico Highlands University in 2012. She also received her Bachelor of Social Work from Western New Mexico University in 2011. Currently, Ms. Louis is a Licensed Master Level Social Worker, serving in the capacity of the Clinical Director with Acoma Behavioral Health Services. She specializes in the field of substance use and suicide prevention. She is also certified in Native American Inspired Equine Psychotherapy, Motivational Interviewing and is a certified trainer in Connect (prevention/postvention) and Mental Health First Aide (youth/adult).

Carey MacCarthy, MA, LPCC- ATR is a Registered Art Therapist and a Licensed Professional Clinical Counselor, holding a Master's Degree in Psychology/Art Therapy, with eighteen years' experience within the Art Therapy field. She is the Founder, Executive Director and Facilitator of Indigenous Healing Arts Alliance. She is a contributing author to the American Art Therapy journal, presenter, lecturer, and researcher, with most current research studying the efficacy of the Start Up! curriculum within tribal schools on reservations.

Carrie Manning is a Dakota Sioux, tribal enrolled member of the Fort Peck Assiniboine & Sioux Tribes. She has her education degree and is currently working on a community leadership degree. Carrie has been in the education field for the past 20 years. She became the project coordinator for the MSPI GEN I in 2016. Carrie is ASSIST trained, SafeTALK trained and is currently on the Fort Peck Tribes suicide awareness team, and a member of the ZERO Suicide team for the state of Montana. Carrie is a wife, mother, grandmother and a very active community member. Carrie has been a role model for the youth and is guiding the youth to become leaders in their schools and in their community.

Anita Martin, MD received her medical degree from the University of North Carolina at Chapel Hill in 1983. She completed her pediatric residency training at Columbus Children's Hospital in Ohio. From there, she practiced in a rural North Carolina setting as part of the Rural Health Program. In addition, she has practiced in multiple primary care settings including Kaiser Permanente, a private practice, a hospital owned practice, and an urgent care. She currently works as a staff per diem for the Three Affiliated Tribes on the Fort Berthold Reservation in North Dakota. She is a fellow of the American Academy of Pediatrics. As a pediatrician, she believes her role is to work with children and their families to improve the health of the family and the community. Her special interests include childhood obesity, asthma, and ACEs (Adverse Childhood Experiences).

Kitty Marx is the Director, Division of Tribal Affairs, in the Center for Medicaid and CHIP Services, at the Centers for Medicaid & Medicare Services (CMS). CMS Tribal Affairs serves as the point of contact on Indian health issues for the agency and for tribal leaders, Indian health providers, and beneficiaries. Prior to CMS, Kitty served as the Legislative Director, National Indian Health Board. She has also worked for Indian Health Services and for Montana Legal Services in Browning, Montana. Kitty received a Bachelor of Arts from the University of Maryland and a Juris Doctor degree from Vermont Law School.

Celena McCray, Navajo, MPH(c) is a tribal member of the Navajo Nation and serves as the TrRIVE (Tribal Health-Reaching out Involves Everyone) suicide prevention & WA DOH (Washington Department of Health) Parenting Teens Project Coordinator at the Northwest Portland Area Indian Health Board. Her clans are the Bitter Water People born for the Mountain Cove People. She provides suicide prevention training, technical assistance, and develops culturally appropriate media campaigns and resources related to suicide prevention. Celena assists adolescent health project staff with www.ernative.org, the national multimedia health resource for Native teens and young adults.

Kelly McGrady, RN is a professional who seeks to assist all people to find their true wellness within. It is a true calling to be of good cheer and stay in prayer while assisting clients in a state of distress to help promote their inner balance. I love working with young and old clients. Always seeking to help the clients utilize their own strength to build themselves up. Promotes resilience protective factors and helps clients identify their risk factors and learn how to reduce health disparities in Indigenous communities. Years of adversity have strengthened the passion to find one inner strength that is prayers of the generations of old. I am resilient along with her husband Jason and five wonderfully blessed and healthy children (Kelson, Makalie, Khael, Jersey, and Kaylor). I am a member of the Three Affiliated Tribes, along with Seminole Tribe of Oklahoma, and Sioux of Rosebud SD.
Zoann T. McKenzie, DVM, MPH Zoey has a BS in Environmental Health from Colorado State University, an MPH from University of New Mexico, and a DVM from Washington State University. She is currently the Navajo Area Injury Prevention Specialist and a Veterinarian. She lives in Shiprock in her straw bale house with her dependable Chow-mutt mix Foxy and the interminably incorrigible tuxedo cat Nermal. Her most recent harrowing adventure was surviving a three-month string of bad luck at the end of 2017—hit by car, hit a deer, horrible haircut. Just this month, Zoey has taken up the daunting challenge of learning to knit.

Rain McNeil, MSW has a Bachelor’s degree in Sociology and Master’s degrees in Therapeutic Recreation Administration and Social Work. He has worked in clinical social work, education, and substance abuse for almost 20 years, mainly in Child Welfare and is currently an Associate Socia Worker within the state of California. He is originally from North Carolina and is wartime military veteran.

Gloria Miele, Ph.D. is a Clinical Psychologist who has been designing, developing and delivering training in substance use disorders for over 25 years. In her current role as Learning Collaborative Coordinator for the California Hub and Spoke System MAT Expansion Project at UCLA’s Integrated Substance Abuse Programs, she is on the team responsible for training and technical assistance for the 18 Hub and Spoke networks across California. Dr. Miele’s focus areas include empirically-supported behavioral and pharmacological treatments, comorbid mental disorders, gender issues, trauma-informed care, HIV and more. She was Training Director for the Long Island/Greater New York Node of NIDA’s Clinical Trials Network (CTN) from 2001 to 2016 and has worked on projects funded by SAMHSA, NIDA, and the Canadian Institute of Health Research. She was Instructor of Clinical Psychology (in Psychiatry) at Columbia University College of Physicians & Surgeons, 1996-2018. Other interests include women’s leadership development and organizational change.

Michael Mooradian, CDCS Graduated from Anchorage Drug Court in 2003. The treatment model used was a Therapeutic Community Model of Substance use treatment. Since his completion of that program he has become a student of the TC Model and has worked in a TC Model for over 10 years and is currently working in a modified TC. He is a person in long term recovery and has over 16 years clean and sober. Since graduating, he has obtained the State of Alaska, Chemical Dependency Clinical Supervisor Certification. He currently holds a position on the board of directors for the Alaska therapeutic Court Alumni, which he co-founded in 2006. Since his completion of the Drug Court Program he has presented numerous times at the national association of Drug Court Professionals annual conference as well as the Alaska Annual School of Addiction specializing in Peer to peer work with those addicted to substances.

Ginger Myers is a licensed marriage and family therapist with over 16 years’ experience providing clinical therapy services for children, adolescents, adults, couples and families in outpatient and residential clinic settings as well as school and military installation settings. Ginger’s specialized training includes suicide risk assessment/intervention, clinical supervision, play therapy, trauma therapy (EMDR Level II), military deployment/reunification, team building and sex offender treatment for adolescents. Ginger currently serves as the Quality Management Administrator for the White Mountain Apache Tribal Regional Behavioral Health Authority and Apache Behavioral Health Services. Her prior positions at ABHS include clinical supervisor and mental health counselor as part of the Nowhi’ Ida’ bagoye’ (Life is Precious) Suicide Prevention Team.

Elisha Oliver is a biocultural anthropologist and visual ethnographer. Her research explores the intersections space and place, health, and language in rural and urban communities, with particular focus on structural violence, women’s biopsychosocial health, intergenerational and historical trauma, and the use complimentary and alternative medicine and syncretic religion to produce positive health outcomes. She has worked extensively on research to improve birth outcomes for pre-term babies and reduce infant mortality. Elisha is working on a variety of research projects. Currently, her top three projects are: Suicide Prevention in American Indian/Alaska Native Communities, The Role of Caregivers for Parents with Early Onset Dementia, and Infant Mortality in Urban African American Communities. Elisha is an adjunct professor at OSUOKC and serves as the Chief Operating Officer for Thick Descriptions. She is a STEM mentor for a national organization. Elisha earned her Ph.D. and M.A. in Anthropology from the University of Oklahoma.

Xiomara Owen, MS grew up in Wasilla, Alaska and currently lives in Anchorage with her wife and 3 sons. Xio obtained her bachelor and master degrees in psychology from the University of Alaska Anchorage and she is a PhD Candidate in the UAA-UAF Clinical-Community Psychology program. She completed her pre-doctoral internship as a clinician in Bethel, Alaska and has worked at the Alaska Native Tribal Health Consortium for nine years, serving tribal partners throughout the state. Xio’s professional interests focus on issues related to behavioral health in multicultural populations, mental health literacy, behavioral health training, and workforce development. As the Director of Behavioral Health Aide Training, Xio seeks to understand statewide behavioral health concerns, align training needs and resources, and assist in the continued development of a culturally sensitized behavioral health workforce to serve rural Alaskan communities. In her off time, Xio enjoys being with her family, biking, cooking, and playing games.

Sheri Patraw was born and raised in Bethel, Alaska and is of Yup’ik Eskimo and Denaina Indian descent. She holds a bachelor’s degree in Psychology and has thirty years of experience in the social service field including family preservation, child protection and mental health case management. Much of her work has been with Native American/Alaska Native populations utilizing the Indian Child Welfare Act. Her goal as Program Manager of the Behavioral Health Aide Program is to elevate the profession of village-based behavioral health providers and to provide them with a network of support that enables them to address a wide array of behavioral health issues with confidence. In her spare time, Sheri enjoys reading, sewing, gardening and decapitating people’s personality profiles with her husband Robert.

Leolod Pinal is an enrolled member of the White Mountain Apache Tribe. His maternal clan is (Green Mesquite People) and his paternal clan is (Line of White Sand People). He is a traditional Apache medicine man from the community of Canyon Day on the Fort Apache Indian Reservation. He conducts many Apache healing ceremonies that include the use of herbs and traditional prayers and songs. He was taught these Apache ways and ordained by his grandfather, who was also an Apache Medicine Man, as well as another elderly Apache Medicine Man. Leolod currently works for Apache Behavioral Health Services
and White Mountain Apache Tribal Regional Behavioral Health Authority as the Tribal Relations Administrator. Larold has more than eight years mental health experience and is credentialed as a Behavioral Health Technician. Larold has more than four years experience developing and adapting curriculum specific to mental health and the White Mountain Apache.

Katie A. Ports, PhD is a behavioral scientist on the Sexual Violence and Child Maltreatment Team with the Research and Evaluation Branch in the Division of Violence Prevention at the National Center for Injury Prevention and Control at the U.S. Centers for Disease Control and Prevention (CDC). She received her doctorate in experimental psychology from the University of Wisconsin in Milwaukee. Much of her current work examines risk and protective factors for Adverse Childhood Experiences (ACEs) in order to identify and improve evidence-based prevention strategies that address health outcomes and inequities across the lifespan. Dr. Ports is CDC’s subject matter expert on the Adverse Childhood Experiences (ACE) Study and a co-chair of the Injury Center’s Tribal Workgroup.

Alfred Quijance was born in San Jose, California. At the age of three months, Alfred was taken to Old Harbor to live with his Grandmother until the age of 11. He then moved to Seldovia, where he currently resides. Alfred has been married for 49 years to Helen. He and his wife have served as Family Wellness Warriors Initiative Committee members for many years. Together they have two children, one boy and one girl and proud grandparents of four grandchildren and one great-grandchild. Alfred has volunteered with Family Wellness Warriors Initiative for many years as a group leader, and speaker and also an advocate for FWWI. Alfred’s passion is to reach out to those hurting and bring healing to our people, while giving glory to God.

Patricia “Tish” Ramirez, R.S., MPH was raised in the wilds of the Navajo Reservation at a time when TV went on and off at a respectable hour, gas was cheap, and sugar was real. “You made your own fun and read books.” Tish read a sufficient number of books, when computers were in their infancy, to graduate from the University of Arizona in Tucson, with a BS in Microbiology. Midway between insanity and senility, she completed her MPH at the University of New Mexico, College of Medicine. The science of Injury Prevention is very near and dear to Tish, since she lives her life vicariously through her daughters. Tish currently serves as the Shiprock District Sanitarian, Anthony Ramirez’s wife of 32 meritorious years, and a frustrated seamstress poet.

Desiree Restad, MPH is the Director of Health Promotion Programs for the Northern Cheyenne Tribal Board of Health and the Cottonwood Connections Program. She oversees the following tribal programs: health education, environmental health, and oncology as well as: tobacco, WIC, Tribal Injury Prevention Cooperative Agreement Program, and the Methamphetamine and Suicide Prevention Initiative grant programs. She earned her Master’s degree in public health from the University of Montana and her Bachelor’s degree in health promotion from Montana State University Billings. She started working for the Northern Cheyenne Tribe in September 2004 and for the last fifteen years, she has led a dynamic team of health professionals and together they have improved the health and wellbeing of Northern Cheyenne tribal members.

Maegan Rides At The Door, LCPC is the Director of National Native Children’s Trauma Center. As Director of the National Native Children’s Trauma Center, Maegan Rides at the Door has had a key role in designing and implementing a range of training and technical assistance initiatives in tribal communities, including projects for trauma-informed systems change in mental health, child welfare, and educational settings, each of which address early childhood populations, as well as cross-system projects focusing on the sequelae of early exposure to trauma, including projects in juvenile justice reform and suicide prevention. She is a member of the Fort Peck Sioux and Assiniboine Tribes and a descendent of the Absentee Shawnee Tribe.

Royleen J. Ross, PhD (Pueblo of Laguna) is employed at the Norton Sound Health Corporation, in the Rural Health Psychology Fellowship track, serving the rural and remote Alaska Native population. She received her PhD in Clinical Psychology from UND, as a member of the INPSYDE program. She serves as the Society of Indian Psychologists (SIP) secretary and is the SIP Fellow for the APA CNPAAEMI, Leadership Development Institute. She is active in APA Divisions 18, 45, and 35, Section 6 (Indigenous Women). Dr. Ross’ professional interests include policy development, tribal and federal advocacy, and mental health advancement for Indigenous Peoples. Dr. Ross is working on an Indigenous perspective child maltreatment book. She is involved in MIMWG awareness and treatment modalities, and projects exploring the intersectionality between mental health and law enforcement in Indian country, attributed partly to her former career experience as an FBI agent and New Mexico State Policeman.

Patricia Roth brings to the position as the project coordinator for the grant includes 7 years in the counseling field. Coordinating individualized care plans for clients in crisis and receiving long-term care as well as a year experience as program director for level III.7 medically monitored inpatient treatment center. She also has experience as director for student services for community college. Ms. Roth has 8 years experience of collaborating with service providers that include probation/parole officers, social workers, attorneys, nurses and aftercare providers. Domestic violence prevention focus on collaborating with community services and resources to provide education, counseling, court ordered safety protection petitions and access to homeless shelters. As project coordination she is responsible for organizing DV/SA information exchange collaborative community events. She has a rapport with the different agencies utilized to provide services to victims of domestic violence.

Michelle Singer (Navajo), B.S. worked on behalf of tribal people at Oregon health & Science University for 13 years, most recently as Project Manager for the Native STAND (Students Together Against Negative Decisions) Dissemination, Implementation and Evaluation project. She now works as the Healthy Native Youth Project Manager at the Northwest Portland Area Indian Health Board, where she will help transition the Native STAND project into Phase II under their robust adolescent sexual health programming. Michelle’s professional experience spans over 30 years of experience in education, research, government affairs and community engagement in Indian Country & Alaska.

CDR Richard E. Skaggs Jr., R.S., MPH, was born in Owensboro Kentucky and raised on a small farm in rural Western Kentucky. In 1989, he graduated from the University of Kentucky with a B.A. in Economics. In 1997, Richard graduated from Eastern Kentucky University with a B.S. in Environmental Health Science. After graduation, his first permanent US Public Health Service assignment was with the IHS Tucson Area on the Tohono O’odham Nation in Sells, Arizona. In 2000, he completed the IHS Injury Prevention Fellowship. In 2004, Richard came to the Navajo Nation as the District Injury
to make more of an impact on her community.

Clayton Small has been an elementary, middle, and high school principal on reservations and in urban communities. He has been a faculty member at the University of New Mexico, University of Montana, and Gonzaga University. He served as a CEO for Indian Health Services and directed several non-profit organizations. His organization, Native PRIDE, provides prevention, wellness, healing, and leadership training throughout Indian Country. He has developed prevention programs for the Bureau of Indian Affairs, Indian Health Services, SAMHSA, and the Department of Justice. He has comprehensive knowledge and experience in community mobilization, strategic visioning, Indian education, organizational development, youth leadership, prevention, wellness/healing, team-trust building, cultural competency, and creating positive change. He conducts training and facilitation nationally and internationally. His programs offer leadership and hope for American Indian, Alaska Native, and First Nations people.

Sydney Smith, LPC, PADC, CGC-S IGCC-II holds a Master's Degree in Clinical Psychology and Psychometrics, is licensed as a Nevada Certified Gambling Counselor Supervisor, Licensed Professional Counselor, Licensed Alcohol and Drug Counselor, and Internationally Certified Gambling Counselor. Sydney has spent her career working with co-occurring and addictive disorders in inpatient and outpatient settings. Practicing in diverse cultural setting from small-town Oklahoma to western metropolitan areas of California and Nevada. She brings a depth perspective and Jungian approach to psychotherapy and treatment. Having worked as a behavioral researcher with the Desert Research Institute in Las Vegas, Nevada and the UCLA Psychiatry Department, Sydney is dedicated to continued engagement in tribal communities in the area of problem gambling through surveys, education, awareness, prevention, and treatment throughout Nevada and Indian Country. Sydney is the Founder of RISE Center for Recovery in Las Vegas, NV; her expertise resides in the treatment of problem gamblers and their families.

Michelle Smoke is an Akwesasne Mohawk woman from the Territory of Akwesasne. Her Mohawk name is Kawennake which translates to “on the words”. She attended the Clarkson School which was a bridging program at Clarkson University and graduated from Clarkson University with a Bachelor’s of Science in Psychology, and a minor in Business. Michelle has two Masters. She obtained her Masters of Education in Counseling and Human Development and a Certificate of Advanced Studies in Counseling and Human Development at St. Lawrence University. Michelle also has a Master’s Degree in Mental Health Counseling from St. Lawrence University. She currently holds a limited permit as a mental health therapist and is currently working on hours to obtain full licensure. Prior to working as a therapist, Michelle has 15 years of work experience across a variety of settings including education, where she worked in early childhood and provided programming for grades K-12. She worked in the social services field as a youth worker in an urban and rural setting and as a preventive/foster care caseworker. She also worked in the criminal justice field advocating for indigenous people and victims of crimes, facilitating restorative justice circles, and providing support for preventative programming. During these work experiences she learned more about implementing trauma informed care and strived to make more of an impact on her community. Michelle’s approach emphasizes the integration of culture and the therapeutic approach. Services include individual, couples, family and group therapy across the lifespan. Michelle is trained in Trauma Focused Cognitive Behavioral Therapy, Restorative Justice Facilitation, and Crisis Intervention.

Clara C. Soto (Navajo/Jemez Pueblo) is a full-time Assistant Clinical Professor at the University of Southern California Keck School Of Medicine in the Institute for Health Promotion and Disease Prevention Research. With over 20 years working with American Indian and Alaska Native (AI/AN) populations in public health, she has projects collaborating with urban and Tribal communities in CA to reduce and prevent mental health disparities, commercial tobacco use, and substance use disorders. She collaborates on several research projects funded by NIH/FDA, Tobacco Related Disease Research Program (TRDRP), Department of Health Care Services, California Tobacco Control Programs and the Office of Health Equity. She teaches courses in the Master of Public Health and Health Promotion programs at USC and mentors undergraduate and graduate students. Dr. Soto is a longtime advocate for the AI/AN communities and other priority populations to advance health equity and reduce health disparities.

Rufus Spear is the Community Health Specialist for the Cottonwood Connections youth suicide prevention program. His interest has been in the preservation of Cheyenne history and was highly influenced by both his paternal and maternal grandparents. His experience over the past 28 years visiting and interviewing Cheyenne members, researching the preservation efforts of past generations, reviewing non-Cheyenne authored records, and work with other programs servicing the Northern Cheyenne community led him to develop the Cheyenne Curriculum, its presentations, prevention protocol, and the Cheyenne Connectedness Survey. Conversations with community members, school officials, Societies members, Chiefs, law enforcement, and youth have all had a significant role in guiding and shaping the efforts of the Cottonwood Connections program.

Sue Steward, BSHA, CHP is a citizen of the Cow Creek Band of Umpqua Tribe of Indians and grew up in Southern Oregon. She currently lives in Vancouver, WA with her husband of 38 years. Sue, her husband and 2 sons moved to Seward, AK in 1998 where she became educated and worked as a Community Health Practitioner, and completed her BS in Health Administration. In 2008 she became a CHAP Director and intimately involved in CHAP leadership throughout the state. Sue has envisioned CHAP expansion for the Northwest Tribes for many decades. She is pleased to now be a member of the Tribal Community Health Provider Project of NPAIHB in the position of CHAP Project Director serving the 43 Tribes of the Portland Area. Sue is committed to efforts to develop Tribal providers of all disciplines to increase access to culturally competent care for all American Indians and Alaska Natives. Sue enjoys a large family who hike, explore and often engage in Tribal and cultural events to sustain our ceremonies, language and history.

Joleen Tapaha, MPH has worked in multi-agencies like the Courts, Youth Corrections, Behavioral Health, Educational Institutes and other federal programs. She is currently with Chirie Service Unit, Chirie Health Promotion under the Methamphetamine Suicide Prevention Initiative (MSPI) - Nahatâh Bee’anosêêtê: Growing Leaders Project. She successfully administered the Arrowhead Business Group (ABG) Youth Entrepreneurship Program in collaboration with Johns Hopkins University, Center for American Indian Health. She enjoys working with the general public to address public health
issues. She has her Master’s Degree in Public Health from Grand Canyon University, Phoenix, Arizona.

Jolene Firmin Telford is a Special Projects Coordinator for the Alaska Native Tribal Health Consortium Behavioral Health Aide training program. Jolene received her BA in Psychology from the University of Alaska Anchorage with a Community Mental Health emphasis. She has worked in various capacities supporting family service workers, parent educators, early childhood educators, and Behavioral Health Aides throughout rural Alaska. She is a member of the Gwichyaa Zhee Gwich’in Tribe from Fort Yukon, Alaska.

Rachell Tenorio is an enrolled member of Santo Domingo Pueblo (Kewa) and a proud mother of two wonderful boys, Nathaniel and Dominic. Dr. Tenorio received a Master’s in Social Work from New Mexico Highlands University with a concentration in government non-profit management in 2012. Thereafter obtained a PhD in Justice Studies from Arizona State University in 2018 focused on deconstructing trauma in pueblo communities. Dr. Tenorio is currently employed at the Albuquerque Area Indian Health Board as a Native American Research Center for Health Program Manager and a Program Director to address suicide prevention and underage drinking in Native communities.

Lauren Tingey, PhD, MPH, MSW is an Associate Director at the Johns Hopkins Center for American Indian Health, and Associate Scientist in the Department of International Health at the Johns Hopkins Bloomberg School of Public Health. Her research and service portfolio focuses on the development and evaluation of public health interventions to address behavioral and mental health disparities among Native American youth and families. Projects to date have spanned suicide, depression, and substance abuse prevention, as well as sexual and reproductive health promotion, with a focus on combining community-based participatory research with strength-based approaches to promote positive youth development.

Taslim van Hattum, LCSW, MPH is a Director of Practice Improvement at the National Council for Behavioral Health (National Council.) She serves as the Program Director on various CDC-funded initiatives including the National Behavioral Health Network for Tobacco & Cancer Control and the Office for State, Tribal and Territorial Support’s Capacity Building Assistance for Public Health Professionals cooperative agreement. She previously served as the Director of Family Health Portfolio at the Louisiana Public Health Institute, and the Director of Behavioral Health at the Louisiana Public Health Institute, overseeing a portfolio of programs that focused on increasing access to and quality of primary care, reproductive health and behavioral health services in the greater New Orleans area, across Louisiana and the Gulf Coast. Taslim brings over a decade of experience to her work including leading behavioral health integration with community-based health care providers to implement innovative and evidence-based models of primary health care, behavioral health care, reproductive health and social services integration.

Maria Vega is a 21 year old, full-time nursing student at Montana State University-Bozeman and a part-time Certified Nurse’s Aid. She is a founding member of the Fort Peck Tribes Nakona and Dakota Otaye Youth Council and a member of the Suicide Reduction Committee with the state of Montana. Maria also founded the first ever Miss and Junior Miss Fort Peck Scholarship pageant. Besides her passion for volunteerism, Maria is signed with a modeling and acting agency.

Marjorie Werito, MPH, CHES is currently serving as the Director for the Public Health Division for the Crownpoint Service Unit on the Navajo Nation in Crownpoint, NM. She has over 30 years of experience in Public Health and has been involved in major health initiatives in NM. She graduated from the University of Oklahoma. She has three children and 6 grandchildren with another one on the way. She has provided the administrative support needed for her staff to plan and implement programs like the Peer Helpers Program. She fully supports the MSPI Program efforts for the Crownpoint Service Unit and with her guidance and direction, many best practice programs have been implemented and evaluated.

Jeremy Willie is currently the Methamphetamine/Suicide Prevention Initiative (MSPI) Program Coordinator for the Division of Public Health at the Crownpoint Healthcare Facility in Crownpoint, NM. He has worked with the Crownpoint Division of Public Health for three years. He is responsible for the full oversight and implementation of the MSPI program goals and objectives to promote positive youth development and family engagement through the implementation of early intervention strategies to reduce risk factors for methamphetamine/substance abuse and suicidal behaviors among Native youth up to age 24. He graduated from the University of Nevada-Las Vegas with a Bachelor of Science Degree and has 13 years of experience working in the Public Health field with the Navajo Nation and Indian Health Services.

Autumn Drags Wolf, LCSW is an enrolled member of the Mandan, Hidatsa and Arikara Nation. She is also Itázipco from the Cheyenne River reservation, one of the seven Lakota Tribes. Autumn graduated with a Master of Social Work Degree from New Mexico Highlands University and holds her license in New Mexico as a Licensed Clinical Social Worker. Autumn currently holds the position as Clinical Supervisor with the Pueblo of Acoma Behavioral Health Services. Autumn is passionate about cultivating healing to people whose lives have been affected by challenges, changes, chaos, confusion and trauma. Autumn has been in the helping profession for over 10 years. She strives to create an environment where personal development is actualized, and healthy collaborative relationships are built.

Sierra Wolcott has worked in the helping field for six years, and been an advocate for those with mental health and other different abilities in education and health systems for many more years. She uses her AAS in Accounting to support programs with budgets and data reporting, and uses her experience as a person healing from trauma to help others find their resiliency.

COR Micah Woodard has extensive leadership experience over the last 20 years that includes serving as an Executive Director, extensive school-based services program development, and is a board certified diplomat in clinical social work. He has served as the Behavioral Health Director at the Western Oregon Service Unit since 2010, where he has received numerous awards and recognition for innovative service delivery design that has positively contributed to both the USPHS and IHS mission.
NIHB BOARD BIOGRAPHIES

Kitcheyan, Victoria (Winnebago Tribe of Nebraska)
NIHB Chairperson, Great Plains Area Representative Council Member, Winnebago Tribe of Nebraska

Ms. Victoria Kitcheyan is an enrolled member of the Winnebago Tribe of Nebraska currently serving the Winnebago Tribal Council. She graduated from Haskell Indian Nations University in 2006 with a Bachelor of Science in Business Administration. Previous to Ms. Kitcheyan’s Tribal Council tenure, she served as the Internal Auditor for the Winnebago Tribe. Most recently, her work has been focused on advocating for systematic changes to the Indian Health Service and overall improved health care outcomes for Tribal nations. Ms. Kitcheyan takes great pride in her Tribal advocacy work and will continue to carry the sacred message of all Native people.

Smith, William (Valdez Native Tribe)
NIHB Vice Chairperson, Alaska Area Representative Chief, Valdez Native Tribe

William F Smith, a son, father, and grandfather. He was born in Cordova Alaska September of 1952, to Chief Marie Smith-Jones the last full blooded speaker of the Eyak language and a fisherman. When Bill was 17 he went into the Army as a heavy duty mechanic and a recovery specialist. Shortly after going into the service he went on his first tour to Augsburg Germany with the 1/36 field artillery, after returning his next tour was in Long Binh Vietnam from 1971 to 1972. Returning to the states he was transferred to Fort Huachuca Arizona where he was then again shipped overseas to Germany with the 5/68 armor tank outfit. Bill retired from the service in August of 1977, he then moved to Valdez Alaska to work on boats. In 1981 he stopped working on boats and started working for Alyeska Pipeline Service Company in the Marine Department. After 36 year in 2017 he retired from Alyeska and is still enjoying his retirement by hunting, fishing and spending time with his loving family. He is the vice president of the Valdez Native Tribe. He also sits on the board of the Alaska Native Health Board and the National Indian Health Board helping as many Alaskan Native and American Indians as possible. Bill is one of the local Tribal Veterans Representatives working for his brothers and sisters with their veteran issues.

Moose, Sam (Mille Lacs Band of Ojibwe)
NIHB Treasurer and Bemidji Area Representative Director of Human Services, Fond du Lac Band of Lake Superior Chippewa

Mr. Sam Moose currently serves as the Director of Human Services at Fond du Lac Band of Lake Superior Chippewa. Previously, Mr. Moose was the appointed Commissioner of Health and Human Services for the Mille Lacs Band. In this role, Mr. Moose oversaw the Band’s three clinic locations and other services in the areas of public health, behavioral health, family services, and community support services.

Moose previously served as Commissioner of Community Development and was in charge of the Mille Lacs Band’s public works and facilities departments and housing development initiatives. He has also served as the Band’s director of housing. Mr. Moose is active in traditional activities within his community. He grew up near East Lake and graduated from McGregor High School. He has a bachelor of applied science degree in community health with a minor in Indian Studies from the University of Minnesota Duluth and a master’s degree in tribal administration and governance from the University of Minnesota Duluth.

Elgin, Lisa (Manchester Band of Pomo Indians)
NIHB Secretary and California Area Representative Chairperson, California Rural Indian Health Board Tribal Administrator, Manchester Pt. Arena Band of Pomo Indians

Ms. Lisa Elgin is the Tribal Administrator for her Tribe and was hired to the position in May 2014. She is an enrolled member of the Manchester-Pt. Arena Band of Pomo Indians which is located in Mendocino County, CA. She is a board member for Sonoma County Indian Health Project and has served in that capacity since 1999. She is a delegate to the California Rural Indian Health Board (CRIB) for the past eight years and in October 2014 was nominated as Chair for that Board. Her profession is a legal assistant/ legal secretary and she has worked in the legal field for over 25 years. She has worked with a wide array of lawyers who specialize in Federal Indian law. She is an active community member and participates and coordinates events for the health clinic as well as her Tribe.

Joseph Jr., Andrew (Confederated Tribes of the Colville Reservation)
NIHB Member at Large, Portland Area Representative Chairman, Northwest Portland Area Indian Health Board Vice Chairman, Confederated Tribes of the Colville Reservation Tribal Council

Mr. Andrew Joseph, Jr. has served on the Colville Tribal Council for five terms. He is a Nespelem district representative, serving on the following Colville committees: Executive Committee, Veterans Committee as Chair, Health & Human Services Committee as 1st Vice, Tribal Government Committee as 1st Vice, and Culture Committee as 1st Vice. Mr. Joseph is also a voting delegate of the Affiliated Tribes of Northwest Indians (ATN) and the National Congress of American Indians (NCAI). In July 2007, he was elected Vice Chairman of the Indian Health Service (IHS) Direct Services Tribes Advisory Committee. On January 22, 2009 he was appointed the Chairman of Northwest Portland Area Indian Health Board (NPAIHB) and in April 2011 he was elected Chairman. In March 2013 he was elected the Member- At-Large for the National Indian Health Board.
Nez, Jonathan (Navajo Nation)
NIHB Navajo Area Representative
President, Navajo Nation

Jonathan Nez currently serves as the President of the Navajo Nation. He was born on the Navajo reservation in Tuba City, Arizona and raised in Shonto, Arizona. President Nez is married to Phefelia Herbert-Nez and they have two children, Christopher and Alexander. In regards to his Navajo clans, President Nez is of the Ashjih Clan (Salt People) and born for the Ta’neeszhnii Clan (Tangle clan). President Nez began his Navajo political career after being elected as Shonto Chapter Vice President. He was later elected to serve three terms as a Navajo Nation Council Delegate. President Nez was also elected as a Navajo County Board of Supervisor for District 1 and served two terms. After that he served for four years as Vice President of the Navajo Nation. He is an alumnus of Northland Pioneer College and Northern Arizona University (NAU). He holds a Bachelor of Science degree in Political Science and a Masters of Public Administration both from NAU. He is currently a doctoral student in political science. President Nez is an avid runner and advocate for healthy living. He enjoys training and competing in long-distance events and has competed in multiple marathons.

Wallette, Kaci (Fort Peck Assiniboine and Sioux Tribes)
NIHB Billings Area Representative
Councilwoman, Fort Peck Assiniboine and Sioux Tribes

Kaci Wallette is an enrolled member of the Ft. Peck Assiniboine & Sioux Tribes in Montana. She is currently serving her first term on the Tribal Executive Board. She is also a Registered Nurse and obtained her degree from Montana State University-Northern. Kaci is very passionate about the healthcare of all indigenous people and improving policies, procedures and outcomes on the local, state and national level.

Cook, Beverly (Saint Regis Mohawk Tribe)
NIHB Nashville Area Representative
Tribal Chief, Saint Regis Mohawk Tribe

Ms. Beverly Klawakwiton Cook is serving her second term as elected Chief on the Saint Regis Mohawk Tribal Council. For 40 years, Chief Cook has advocated for the rights of Native people in her community of Akwesasne. Chief Cook, a Family Nurse Practitioner, is a prominent voice in the mind-body medicine approach to restoring wellness, reproductive health and environmental justice for Mohawk people. She has presented her signature lecture, “Resilience from our Roots: You are Creation,” to hundreds of community members as well as national and international audiences. The lecture weaves together Haudenosaunee traditions and beliefs with basic reproductive physiology, encouraging understanding of the responsibilities of men and women and exploration of how trauma can be passed down through the generations.

Garcia, Donnie (Jicarilla Apache Nation)
NIHB Albuquerque Area Representative
Council Member, Jicarilla Apache Nation

Mr. Donnie Garcia is a member of the Jicarilla Apache Nation and currently serves his Tribe as a Council Member. Mr. Garcia also serves on the Board of Directors for the Albuquerque Area Indian Health Board and is 2017 Vice-Chair for the Direct Service Tribes Advisory Committee.

Wafford, Marty (Chickasaw Nation)
NIHB Oklahoma City Area Representative
Chairperson, Southern Plains Tribal Health Board
Under Secretary of Support and Programs, Chickasaw Nation Department of Health

Marty Wafford serves as the Under Secretary of Support and Programs in the Chickasaw Nation Department of Health. Ms. Wafford has over 25 years of experience working in healthcare administration and support. She obtained her accounting degree from Southeastern Oklahoma State University in Durant, Oklahoma. She is a Fellow of the Healthcare Financial Management Association and a Certified Healthcare Financial Professional by the HFMA Board of Examiners. She, her husband Michael, son Cash, and daughter Lainee live on a small farm in the Southeastern Oklahoma Area.

Cook, Beverly (Saint Regis Mohawk Tribe)

Ms. Beverly Klawakwiton Cook is serving her second term as elected Chief on the Saint Regis Mohawk Tribal Council. For 40 years, Chief Cook has advocated for the rights of Native people in her community of Akwesasne. Chief Cook, a Family Nurse Practitioner, is a prominent voice in the mind-body medicine approach to restoring wellness, reproductive health and environmental justice for Mohawk people. She has presented her signature lecture, “Resilience from our Roots: You are Creation,” to hundreds of community members as well as national and international audiences. The lecture weaves together Haudenosaunee traditions and beliefs with basic reproductive physiology, encouraging understanding of the responsibilities of men and women and exploration of how trauma can be passed down through the generations.

Ortega, Sandra (Tohono O’odham Nation)
NIHB Tucson Area Representative
Council Member, Tohono O’odham Nation

Ms. Sandra Ortega is a member of the Tohono O’odham Nation of Arizona. She has been involved with the Direct Service Tribes (DST) Advisory Committee since 2007. Ms. Ortega currently serves as a Tohono O’odham Legislative Council Representative. Ms. Ortega is Chairwoman for the Health and Human Services Committee which provides oversight to the Tohono O’odham Tribe’s Health Programs and the Indian Health Service facilities. She is also Chairwoman for the Human Resources Development Committee which provides oversight to the education department and schools on the Tohono O’odham Nation.
The National Tribal Advisory Committee (NTAC) on Behavioral Health acts as an advisory body to the Division of Behavioral Health and to the Director of the Indian Health Service, with the aim of providing guidance and recommendations on programmatic issues that affect the delivery of behavioral health care for American Indian and Alaska Natives.

The NTAC consists of one primary and one alternate representative from each of the 12 IHS areas. Members are nominated by IHS Area Directors, in consultation with Tribal leaders. All nominees must be elected Tribal leaders or a designee selected by Tribal leaders.
BILLINGS AREA

Representative
Mr. Tim Davis, Blackfeet Tribal Business Council
Chair, Health, Education, and Social Services Subcommittee

Alternate
Ms. Brandi King, Fort Belknap Tribal Community Fort Belknap Indian Community Council

Alternate
Administrative Assistant: Phoebe Wilson

NAVAJO AREA

Representative
Mr. Jonathan Nez, President Navajo Nation

Alternate
Mr. Jonathan Hale, Honorable Delegate 23rd Navajo Nation Council

OKLAHOMA AREA

Representative
Mr. Jay Keel, Administrator, Secretary, Department of Family Services
Chickasaw Nation
Assistant: Nina Blair

Alternate
Ms. Cassandra McGilbray, Senior Advisor to the Secretary of Family Services
Chickasaw Nation

CALIFORNIA AREA

Representative
Mr. Robert Super, Vice Chairman Karuk Tribe
Assistant: MaraLei Allec

Alternate
Ms. Elaine Bethel Fink, Vice Chairperson North Folk Rancheria of Mono Indians of California

PHOENIX AREA

Point of Contact
Ms. Ophelia Watahomigie-Corliss Havasupai Tribal Councilwoman

GREAT PLAINS AREA

Representative
Mr. Roger Trudell, Tribal Chairman Santee Sioux Tribe

Alternate
Mr. Sidney Tuttle, Vice Chairman Santee Sioux Tribe

PORTLAND AREA

Representative
Ms. Cassandra Sellards Reck, Tribal Council Member Cowlitz Tribe

Alternate
Ms. Cheryl Sanders, Business Council Member Lummi Nation

NASHVILLE AREA

Representative
Ms. Cheryl Frye-Cromwell, Tribal Council Mashpee Wampanoag Tribe

Alternate
Ms. Dolly Barnes, Director of Child and Family Services Passamaquoddy Tribe

TUCSON AREA

Representative
Ms. Adrianne Tiller, Tohono O'odham Legislative Council Sells District Representative

Alternate
Mr. Anthony Francisco Jr., Tohono O'odham Legislative Council Schuk Toak District Representative
THE 2019 HOPE & HEALING BEHAVIORAL HEALTH AWARD

The Hope & Healing Behavioral Health Award was created to honor individuals, Tribes, organizations, and programs that have enriched and improved American Indian and Alaska Native behavioral health. NIHB recognizes that behavioral health is important to Native health and wellness, and that Tribes have led the way in creating and implementing behavioral health programming and services that align not only with contemporary needs, but with cultural beliefs as well. This award highlights the work and vision of an individual, organization, Tribe or program that has worked to improve behavioral health status, implement new programming, address long standing health disparities, and/or increase the visibility of behavioral health concerns.

FOREST COUNTY POTAWATOMI

Forest County Potawatomi youth and families brought their voices to the FCP Executive Council about the suffering and need for action due to the opioid epidemic. Out of this compassionate and courageous action the “Not One More” campaign was born. The FCP community has come together with the Forest County Sheriff’s Department to create a layered media and awareness campaign (billboards, website with resources, videos) with an impactful, conceptually-strong program that benefits FCP members and non-members alike. As an example, please go to: https://www.youtube.com/watch?v=C3R81JeTcxU (first news spot) to see their commercial that is emotionally moving to all who see it on TV and on social media sites. The campaign is powerfully impacting all who are suffering, and educating all who need to understand this suffering. It is a bright ray of hope and a true testament to the resilience of the Forest County Potawatomi Community. They are truly “Keepers of the Fire” in every sense.

From the FCP website at https://www.fcpotawatomi.com/: "The Forest County Potawatomi (FCP) have lived in Forest County, Wisconsin, since the late 1800s. [The elders] have done much for the younger generation, and it is because of the elders that the younger generations are who they are today. By pursuing a diverse set of business models, the Forest County Potawatomi of today are the largest employer in Forest County. With revenues from various tribal enterprises, the Potawatomi have invested in the health, wellness, education, environment and future of its people. The FCP have also worked hard to preserve its culture and honor its past. The Cultural Center, Library and Museum provide an important link to the past and serves to facilitate important ceremonies.

You will find a thriving Native American culture that is proud of its past and eager for the future.
The Lower Brule Sioux Tribe Partnership for Success (PFS) strategically integrates traditional Lakota knowledge, language, history, spirituality and an overall worldview into interventions. Lower Brule youth and families believe that “culture is medicine” and “culture is prevention.” In addition to culturally adapting evidence-based interventions, staff integrate Lakota best practices such as traditional medicine teachings, oral histories and language, traditional concepts of unity through medicine wheel teachings and Lakota four life stages roles and responsibilities. Through PFS programming, youth and families have been involved in the annual “Welcoming back the Thunder Beings” ceremony, the “Honoring the Spirit: Anniversary of the Signing of the 1868 Ft. Laramie Treaty” gathering and the International Treaty Council.

The Natural Helper program in the schools trains youth to be able to identify peers at risk and then refer them to professionals as needed. Several trainings have been completed in the community such as Mental Health First Aid, ASIST, Crisis Response, Debriefing and Trauma Informed Care. PFS also has an active partnership with Boys and Girls Club.
EXHIBITORS & VENDORS

TALKING LEAVES
DUKE & DAISY BEADWORK
DEBBIE DESJARLAIS DESIGN
MARTINEZ INDIAN ART
CANYON ARTS
MOQUINO INDIAN JEWELRY
GOOD MEDICINE JEWELRY
ELECTROMEDICAL PRODUCTS INTERNATIONAL, INC;
REGROUP, INC.
NATIONAL NATIVE CHILDREN'S TRAUMA CENTER
AMITY FOUNDATION CIRCLE TREE RANCH
NATIONAL CONGRESS OF AMERICAN INDIANS POLICY RESEARCH CENTER
OFFICE OF MINORITY HEALTH AND HEALTH EQUITY
SWINOMISH DIDGWALIC WELLNESS CENTER
ALKERMES, INC
NATIONAL AMERICAN INDIAN AND ALASKA NATIVE MENTAL HEALTH TECHNOLOGY TRANSFER CENTER
COMMUNITY ANTI-DRUG COALITIONS OF AMERICA (CADCA)
ECKERD CONNECTS
NATIONAL INDIAN HEALTH BOARD
DESJARLAIS PUBLISHING
DESIGNS BY PIE
REGISTRATION

The registration desks are located in between the main lobby. The registration desk will be staffed daily but will be closed for 1 hour daily for lunch. For registration desk hours, please see each day's agenda beginning on page 6 or refer to the conference app (app instructions on page 4).

EXHIBIT HALL & MARKETPLACE

The exhibit hall and marketplace featuring booths from public health programs and entities as well as talented Native artisans is located in the La Sala Lobby. The hours for the exhibit hall can be found in each day's agenda beginning on page 8.

LOST AND FOUND

The lost and found for the Conference will be housed at the Registration Desk. All unclaimed items in the lost and found still remaining at the end of the Conference will be donated.

EVALUATIONS – NEW THIS YEAR!

In order to better serve the environment, NIHB is changing the way we conduct session evaluations. Paper evaluations will no longer be available and all evaluations be conducted using the conference app. See page 4 for instructions on using the app on your mobile devices.

PRIZES

There are 2 ways to win prizes during the Conference
1. Attend the fitness event on Thursday morning and you will be entered into a raffle drawing to win one of five prizes! Winners will be chosen immediately after the event.
2. Fill out session evaluations in the Conference app and you will be entered into a random drawing to win one of six prizes for each evaluation you complete! Winners will be chosen at the Closing Plenary.

AGENDA CHANGES

Should any last minute changes occur in the agenda, NIHB will notify participants as soon as possible through the conference app (see page 4 for instructions on using the app on your mobile devices) as well as posted daily by the registration desk.

CODE OF CONDUCT

The National Indian Health Board is dedicated to providing a positive and healthy environment for our conference attendees. The National Indian Health Board AI/AN National Behavioral Health Conference maintains a policy of being drug and alcohol free during all Summit-related events, meetings, plenary sessions and breakout sessions. The Board of Directors of the National Indian Health Board and staff respectfully request that all participants, exhibitors, vendors, guests, friends and family members please conduct themselves in a respectful, courteous and appropriate manner at all times to make the Conference experience enjoyable for everyone.
**VERIFICATION OF ATTENDANCE FOR CONTINUING EDUCATION CREDITS**

Continuing Education Credits are available from American Psychological Association (APA) and National Board for Certified Counselors (NBCC). Please PRINT your name and email address LEGIBLY, and keep track of the sessions you attend. For each session attended, the entire row must be completely filled in to claim credits. No Partial Credits will be awarded. Submit this verification of attendance form to the registration desk and an email with further instructions will be sent to you. We encourage you to take a photo of this form with your mobile device before submitting it for your records.

First Name: ___________________________ Middle Initial: ______ Last Name: ___________________________

Email Address: __________________________

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I certify that I attended the sessions indicated above for the entirety of the presentation.

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SIGNATURE OF ATTENDEE

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DATE
### Friday, May 17, 2019 – 8:30 AM

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<td>&quot;Sa'ah naaghei bik'eh gozhoo&quot; - Apache Path to Wellness</td>
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<td>Advancing Indigenous School-Based Health Services: Wholeness and Healing by Design</td>
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<td>Growing Our Own: A Grassroots Approach to Increasing Behavioral Health Access for American Indian and Alaska Native People</td>
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<td>Suicide Screening: Screening Evidence, Clinical Pathways and Treatment Priorities</td>
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<td>A public health-research partnership to promote adolescent sexual and reproductive health on the Navajo Nation</td>
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<td>Incorporating the Recovery Wheel in a Therapeutic Village of Care Treatment Model</td>
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<td>It All Begins with A Story: Community-Based Participatory Research, Traditional Foods, Place-Making, and Storytelling for Positive Comprehensive Health Outcomes</td>
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<td>Problem Gambling in Tribal Communities: Storytelling and Conversations on a Hidden Public Health Issue</td>
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I certify that I attended the sessions indicated above for the entirety of the presentation.
ALBUQUERQUE CONVENTION CENTER FLOORPLAN

MAY 15-17, 2019 >>> ALBUQUERQUE NEW MEXICO
CONTINUING EDUCATION INFORMATION

TARGET AUDIENCE


NOTE: Per APA guidelines partial credit will not be given, you must attend the entire session in order to receive credits.

Assistance/Questions Obtaining APA or NBCC

ALB_AO.esupport@ihs.gov

Continuing Education Disclaimers

Behavioral health, 1.0 or 1.25 or 1.5 CE or 1.0 or 1.25 or 1.5 NBCC hours

UNM CBH is approved by the NBCC as an Approved Continuing Education Provider, ACEP No.6740. Programs that do not qualify for NBCC credit are clearly identified. UNM CBH is solely responsible for all aspects of the programs.

The University of New Mexico Department of Psychiatry Behavioral Sciences, Division of Community Behavioral Health is approved by the American Psychological Association to sponsor continuing educations for psychologists.

The University of New Mexico Department of Psychiatry Behavioral Sciences, Division of Community Behavioral Health maintains responsibility for this program and content.

CE Provider

UNM Dept. of Psychiatry & Behavioral Health, Division of Community Behavioral Health (CBH)
MSC09 5030, 1 UNM, Albuquerque, NM 87131-0001
505-272-6238
TeleBH@salud.unm.edu
For further information please go to our website.
http://psychiatry.unm.edu/divisions-centers/crcbh/telebehavioral/continuingedbh/index.html

OBTAINING CONTINUING EDUCATION UNITS INSTRUCTIONS

Continuing Education Credits are available from American Psychological Association (APA) and National Board for Certified Counselors (NBCC). Please PRINT your name and email address LEGIBLY, and keep track of the sessions you attend. For each session attended, the entire row must be completely filled in to claim credits. No Partial Credits will be awarded. Submit this verification of attendance form to the registration desk and an email with further instructions will be sent to you. We encourage you to take a photo of this form with your mobile device before submitting it for your records.

Please note that not all sessions at the 2019 AI/AN National Behavioral Health Conference will be offering CEUs. Please refer to both the online and program book agenda to assess whether or not a session offers CEUs.
2019 National Behavioral Health Conference

FITNESS EVENT

Walk/Run Event
Thursday, May 16
6:30 - 7:30 AM
Meet at Registration Desk

For Additional Information:
Wendee Gardner
202-548-7297 wgardner@nihb.org

National Indian Health Board

See Waiver on Reverse
WAIVER: I understand that there is a risk of personal injury to me associated with personal exercise, training activities, walking, running, and hiking. I voluntarily assume all risks of injury associated with participating in this event, and in no way hold the coordinators or their representatives responsible or liable for any such injuries.

PARTICIPANT’S NAME (Print): ________________________________

PARTICIPANT’S SIGNATURE: ________________________________

PARTICIPANT’S Contact Information:

Street Address: ____________________________________________

City, State, Zip Code: _______________________________________

Phone Number: ____________________________________________
Clinical Scholars Information Reception

HOSTED BY: ROBERT WOOD JOHNSON FOUNDATION

AI/AN National Behavioral Health Conference attendees,

Want to know how you can receive program funds, executive coaching, and leadership training to improve health in your community?

Join us on Thursday, May 16th to hear about the Clinical Scholars Program and how you can apply:

Current participants working with the Mandan, Hidatsa, Arikara Nation and Elbowoods Memorial Health Center, New Town, North Dakota will be present to discuss this and other leadership and funding opportunities for community leaders, researchers, and doctoral students:

- Kelly McGrady, RN
- Leolani Ah Quin, LCSW, DBH
- Anita Martin, MD

RECEPTION DETAILS:
May 16th from 5:30–6:30 pm MST
Albuquerque Convention Center La Sala Lobby
Please RSVP by May 9th at http://clinicalscholarsnih.org/RSVP/

SHARE THIS INVITATION WITH OTHERS COMMITTED TO IMPROVING HEALTH IN THE COMMUNITY.
Thank you

For helping make the 2019 AI/AN National Behavioral Health Conference a Success!

National Indian Health Board
National Indian Health Board

Save the Date

SEPTEMBER 16-20, 2019

NATIONAL INDIAN HEALTH BOARD’S 36TH ANNUAL

National Tribal Health Conference

PECHANGA RESORT TEMECULA, CALIFORNIA