National Indian Health Board NATIONAL TRIBAL COVID-19 RESPONSE

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05/19/2021

Guidance on Wearing Masks for Fully Vaccinated People

Are you Fully Vaccinated?

People are considered fully vaccinated:

- 2 weeks after their second dose of the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine of Janssen's Johnson & Johnson vaccine

You are NOT fully vaccinated if you do not meet these criteria regardless of your age. NIHB encourages everyone to continue taking all <u>precautions</u> until you are fully vaccinated and adhere to Tribal and state public health orders and mask mandates.

Fully vaccinated people can resume activities without wearing a mask or physically distancing, except where required by Tribal, federal, state, local, or territorial laws, rules, and regulations, including local business and workplace guidance.

Do I Have to Wear a Mask for Face Covering?			
Fully Vaccinated	Example Activities	Not Fully Vaccinated	
Safest	Walk, run, wheelchair roll, or bike outdoors with members of your household	Safest	
Safest	Attend a small, outdoor gathering with fully vaccinated family and friends	Safest	
Safest	Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	Safest	
Safest	Dine at an outdoor restaurant or event with friends from multiple households	Less Safe	
Safest	Attend a crowded, outdoor event, like a live performance, community gathering or sports event	Least Safe	

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Safest	Visit a barber or hair salon	Less Safe
Safest	Go to an uncrowded, indoor shopping center, cultural center or museum	Less Safe
Safest	Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	Less Safe
Safest	Go to an indoor movie theater	Least Safe
Safest	Attend a full-capacity indoor traditional ceremony or worship service	Least Safe
Safest	Sing in an indoor chorus or participate in a drum circle	Least Safe
Safest	Eat at an indoor restaurant or bar	Least Safe
Safest	Participate in an indoor, high intensity exercise class	Least Safe

For more information, or to learn more about what vaccinated folks can do now, visit the CDC website: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html

Pictures from: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html

Disclaimer:

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