



National Indian Health Board

NATIONAL TRIBAL COVID-19 RESPONSE

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COVID 19 & Multisystem Inflammatory Syndrome in Tribal Children

Multisystem Inflammatory Syndrome in Children, or MIS-C, is a rare health condition that causes different organs and body parts in children to become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. The official cause is still unknown; however, many children diagnosed with MIS-C had COVID-19 or been around somebody with COVID-19. It is a severe disease and can be deadly. Most of the children who were diagnosed with this health condition responded well to medical care.

What are the symptoms of MIS-C?

- Diarrhea
- Vomiting
- Rash
- Abdominal pain
- Fever
- Bloodshot eyes
- Neck pain
- Feeling extra tired



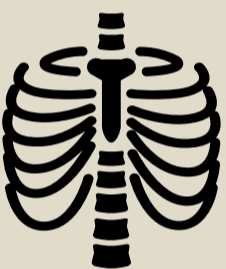
Not all Tribal children will have all the same symptoms

If your child is showing any of these emergency signs of MIS-C or other concerning signs:

- Trouble breathing
- Severe abdominal pain
- Pale, gray, or blue colored skin, lips, or nails beds, depending on skin tone
- Inability to wake or stay awake
- New confusion
- Pain or pressure in the chest that does not go away

AI/AN parents or caregivers who have should call 9-1-1 in emergency or their IHS or Tribal Clinic or other healthcare provider immediately

What are Diagnostic Measures will Detect MIS-C?



- Blood tests
- Echocardiogram (ultrasound of the heart)
- Chest x-ray
- Abdominal ultrasound



How can we prevent Tribal Children from developing MIS-C?

The best way to protect Tribal children from developing MIS-C is to protect them from getting COVID-19. AI/AN children six-months and older are eligible to receive the COVID-19 vaccine. For children ages five-years and older, they are eligible to get their booster after completing their COVID-19 vaccine primary series. Children who have already recovered from COVID-19 should also get vaccinated and/or get their booster shot. Talk to your child's IHS or Tribal health system provider to learn more about protecting them with a COVID-19 vaccination. Please visit the [CDC website](https://www.cdc.gov), for more information about the benefits of getting your child the COVID-19 vaccine.



Again, the best protection is to vaccinate your children and keep taking steps to avoid exposure to COVID-19. This includes:

- Using face masks for you and your children two-years and older
- Maintaining social/physical distance of at least 3-feet between your child or children and people outside your household
- Washing hands properly with soap and water for at least 20 seconds
- Seeking medical attention if you suspect your child or children of being infected or exposed to coronavirus or if they experience any of the above-listed symptoms

What doctors at IHS Clinics or Tribal Health Facilities can provide to AI/AN children?

- Urgent or emergency treatment of severe symptoms
- Supportive care for mild symptoms (medicine and/or fluids to make your child feel better)
- Various medicines to treat inflammation

Find a COVID-19 Vaccine: Search [vaccines.gov](https://www.vaccines.gov), text your ZIP code to 438829, or call 1-800-232-0233 to find locations near you in the U.S.

For more information about MIS-C associated with COVID-19, visit the [CDC website](https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/covid_inflammatory_condition.aspx).
https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/covid_inflammatory_condition.aspx
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children/mis-c.html>



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For more information, visit NIHB's National Tribal COVID-19 Response page at www.nihb.org