



# HOW IS ZIKA SPREAD?

NATIONAL INDIAN HEALTH BOARD

WITH SUPPORT FROM CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)



From an infected mosquito to a person (most common)



From an infected pregnant woman to her unborn baby



From an infected person to a partner during sexual activity



Through laboratory or healthcare settings (rare)



Through blood transfusion (no confirmed U.S. cases)

## PROTECT YOURSELF AND YOUR COMMUNITY

Control mosquitoes & prevent bites

Plan for travel and follow CDC guidelines

Consider condom use as advised by CDC



National Indian Health Board

