



Million Hearts® Resources

New

- Preventing 1 Million Heart Attacks and Strokes: A Turning Point for Impact (10 page report)
http://millionhearts.hhs.gov/Docs/MH_Mid-Course_Review.pdf
- Million Hearts® Logic Model
http://millionhearts.hhs.gov/Docs/MH_logic_model.pdf
- Million Hearts® Measure Alignment
http://millionhearts.hhs.gov/aboutmh/cqm_measure_alignment.html
- CDC Public Health Grand Rounds: Preventing A Million Heart Attacks and Strokes: A Turning Point for Impact
<http://www.cdc.gov/cdcgrandrounds/archives/2014/september2014.htm>
- *Million Hearts®: Sodium Message Map*
http://millionhearts.hhs.gov/Docs/Sodium_message_map.pdf
- Million Hearts® Clinical Quality Measure Dashboard
http://millionhearts.hhs.gov/aboutmh/cqm_dashboard.html
- Million Hearts® Speakers Bureau Toolkit
<http://millionhearts.hhs.gov/resources/toolkits.html>
- Make Control Your Goal Blood Pressure Toolkit
<http://millionhearts.hhs.gov/resources/toolkits.html>

About the Initiative

- Million Hearts Website
<http://millionhearts.hhs.gov/index.html>
- Million Hearts *en Español*
<http://espanol.millionhearts.hhs.gov/index.html>
- Million Hearts Begins with You (infographic)
<http://millionhearts.hhs.gov/aboutmh/infographic.html>
- Join 100 Congregations for Million Hearts
http://millionhearts.hhs.gov/aboutmh/100_congregations.html

Partner Resources

- Evidence-Based Hypertension Treatment Protocols
<http://millionhearts.hhs.gov/resources/protocols.html>
- Million Hearts e-Update newsletter
<http://millionhearts.hhs.gov/stayconnected/eupdate.html>
- Cardiovascular Health: Actions Steps for Employers
http://millionhearts.hhs.gov/Docs/MH_Employer_Action_Guide.pdf
- Self-Measured Blood Pressure Monitoring: Action Steps for Public Health Practitioners
http://millionhearts.hhs.gov/Docs/MH_SMBP.pdf
- Healthy Eating & Lifestyle Resource Center
<http://recipes.millionhearts.hhs.gov/>

Consumer Materials

- The State of High Blood Pressure in the U.S. - Infographic
<http://www.cdc.gov/bloodpressure/infographic.htm>
- Blood Pressure Resource Page
http://millionhearts.hhs.gov/abouthds/blood_pressure.html
- Spanish-language Materials
<http://millionhearts.hhs.gov/resources/toolkits.html#spanishToolkit>
- High Blood Pressure – Medicines to Help You (FDA Office on Women’s Health)
<http://www.fda.gov/downloads/ForConsumers/ByAudience/ForWomen/FreePublications/UCM282311.pdf>

Regulatory/Guidance Updates

- FDA Tentative Determination Regarding Partially Hydrogenated Oils; Request for Comments and for Scientific Data and Information
<https://www.federalregister.gov/articles/2013/11/08/2013-26854/tentative-determination-regarding-partially-hydrogenated-oils-request-for-comments>

Press and Promotion (Selected links Included)

- CDC Director on Medscape re: Blood Pressure Control as a National Priority
http://www.medscape.com/viewarticle/814350_3

Social Media - Million Hearts®

- Become a Facebook Fan
<http://www.facebook.com/millionhearts>
- Join Million Hearts on Twitter
<http://twitter.com/millionheartsus>