CHR & SDPI programs are important partners in linking community members with health care. They are vital to the good health & wellness of Native Americans.
Increased community-clinical linkages.

Objective: Train a cadre of 50 tribal paraprofessionals annually on chronic disease/risk factor prevention and management
Finding balance between Native American and Western health theories is critical for impacting local and population health.
What is health?
Ancestors Way of Life

Helped to protect from diseases like diabetes, heart disease, & stroke.

Family & community members helped each other.
The PGHW curriculum is delivered over a 4-month period. Topics include:

- Native foods
- Depression and behavioral health
- Breastfeeding
- Motivational interviewing
- Physical activity
- Medications
During the 4-month period:

- 4-day in-person training
- Weekly teleECHO clinics
- Testing and Graduation Session

UP TO 5 SKILL ENDORSEMENTS CAN BE EARNED

- Foot Health and Counseling Education
- Blood Pressure Counseling and Education
- Blood Glucose Counseling and Education
- Depression Screening
- Weight Management Counseling and Education
Adaptation Process & Outcomes

Building trust in a safe environment

Project ECHO Native American Training Support Analyst hired

Native American Content & Content Experts added to training

Recruitment handled by AASTEC

Weekly curriculum meetings

Initial partnership meeting between AASTEC and Project ECHO

Cohort feedback sessions

Cardiovascular disease, stroke, & breastfeeding included

Culturally relevant materials developed

Participants provided with teaching tools

Evaluation modified
Best Things About Training

- Cultural elements
- Hands-on interactive training
- Information and topics
- Knowledgeable instructors
Contact Information

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