

RECOGNIZING TEEN DATING VIOLENCE

Coalition to Stop Violence Against Native Women
Jovita Belgarde- Native Youth Coordinator



What is teen dating violence?

Teen violence is a type of violence that happens between two young people in a relationship.





THE ABUSE OF WOMEN
IS WELL KNOWN IN
HISTORY, AND TELLS
YOU A LOT ABOUT
WHAT IS HAPPENING
TO OUR EARTH

LADDONNA BRAVE BULL ALLARD
STANDING ROCK SIOUX

Recognizing that teen dating
violence exists and can
happen to any gender is the
first step in the journey to
supporting youth.



National Statistics

Nearly 1 in 11 female teens and about 1 in 14 male high school students report having experienced physical dating violence last year.

About 1 in 8 female and 1 in 26 male high school students report having experienced sexual dating violence in the last year.

Interpersonal Violence Victimization Among High School Students—Youth Risk Behavior Survey, United States, 2019



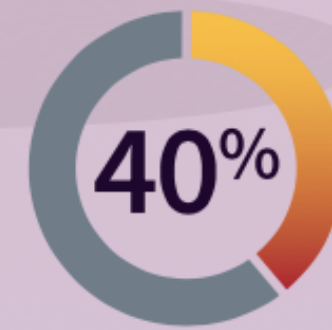
New Mexico Statistic

**8% OF NEW MEXICO TEENS
9TH-12TH GRADE REPORTED
EXPERIENCING PHYSICAL
DATING VIOLENCE AT LEAST
ONCE IN THE PAST YEAR.**

2017 NM YOUTH RISK AND RESILIENCY SURVEY



1 in 10 NM Native high school students have experienced physical dating violence in the past 12 months.²



Nearly 40% of children experience two or more acts of violence from their surroundings before the age of 8.¹



Children exposed to violence are likely to suffer from difficulty with attachment, regressive behavior, and be prone to dating violence, delinquency, and further victimization.³

◆◆◆◆◆ ABUSE AND VIOLENCE CAN OCCUR IN DIFFERENT FORMS ◆◆◆◆◆



Physical

Unwanted contact with a person or something close to their body.



Verbal

Using words to hurt, harass, or embarrass another person.



Emotional & Mental

Harming someone's emotional well-being and self-worth.



Digital

Using technology to abuse, harass, stalk, or intimidate someone.



Sexual

Any act of behavior that is pressured or forced without prior consent.



Dating

All types of violence that occur in an intimate relationship.



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NATIVE WOMEN

What is the effect of teen dating violence?

Power & Control

Domestic Violence is NOT (Myths we believe)

- An anger management issue
- A small problem that only affects a few people
- Caused by substance abuse
- Happening somewhere else, not in my church

Domestic Violence IS

- Hidden, happening here, even in my church
- **ALL ABOUT POWER & CONTROL**





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What does it look like?



- Excessive jealousy or insecurity
- Controlling tendencies
- Explosive anger or rage
- Vandalizing or ruining personal property
- Preventing a partner from talking to friends or family
- Threatening or actual physical violence
- Monitoring where their partner goes or who they are with
- False Accusations
- Pressuring a partner into unwanted sexual activity
- Invasions of privacy
- Taunting or Bullying

PHYSICAL ABUSE

- Intentional and unwanted physical contact with a partner or something close to their body.
- Abuse does not have to cause pain or leave a bruise

- **Punching**
- **Kicking**
- **Slapping**
- **Hair pulling**
- **Throwing objects**
- **Holding Forcefully**
- **Biting**
- **Choking**
- **Pushing or pulling**
- **Using a weapon**



PSYCHOLOGICAL ABUSE

-When a person uses verbal or non verbal communication to intimidate, exert control, or mentally harm their partner.

-Non-physical abuse such as threats, insults, intimidation, humiliation, isolation, and stalking.

- Calling their partner names.
- Yelling or screaming
- Intentional embarrassing their partner in public
- Starting or spreading rumors
- Telling their partner what to do, say, wear, and where they can go



Sexual Abuse

-When a person forces or attempts to force someone to perform a sex act, sexual touching, or non-physical sexual acts like sexting without their consent

- Unwanted touching or kissing
- Rape or attempted rape
- Not allowing a person to use birth control
- Threatening a person into having sex
- Having sex with a person that is intoxicated or high
- Sexual harassment

CYBER ABUSE

Using technology like texting or social media to bully, harass, stalk, or intimidate someone.

- Checks social media accounts, texts, or calls without permission
- Demands or steals someone's password
- Tells a person who they can and cannot be friends with online
- Sending of threatening messages
- Sending unwanted explicit pictures or demands pictures from someone
- Non-consensual sexting

What are the consequences for youth?

Youth can experience negative short term and long term effects such as:

- Depression
- Anxiety
- Suicide Ideation
- Engaging in tobacco, drugs, or alcohol use
- Engaging in behaviors like lying, theft, bullying, or hitting



Preventing Teen Dating Violence from the Inside Out | Briana Neben | TEDxCarsonCity




Watch later



Share



Watch on  YouTube



COALITION to STOP
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NATIVE WOMEN

Violence Against American Indian and Alaska Native Women and Men



NIJ | **National Institute
of Justice**
STRENGTHEN SCIENCE. ADVANCE JUSTICE.

Narration by Terri Henry
Eastern Band Cherokee Indians



THE SOLUTIONS TO VIOLENCE EXIST WITHIN OUR COMMUNITIES.

TOGETHER, WE ARE THE MOVEMENT.



WHAT CAN YOU DO?



PROMOTE SAFETY

Create environments in schools and community where youth feel safe.



SUPPORT SURVIVORS

Believe survivors of teen dating violence and encourage them to seek out resources.



EMPOWER UPSTANDERS

Enable others to address violence if they witness it happening.

What can we do to prevent teen dating violence?



Teach healthy relationship skills such as consent and healthy communication.



Supportive adults should engage with teens. Relationships with caring adults is a protective factor.



Strengthen economic supports for families like work-family supports and household financial security.

What is CSVANW doing to prevent Teen Dating Violence?

TRAININGS WITH NATIVE YOUTH

We teach our young Native relatives about Consent, Setting Boundaries, Bullying, and Allyship.

SUPPORT FOR PROVIDERS

We offer technical support to build the capacity for providers that work directly with Native Youth.

NATIVE YOUTH EVENTS

Native Youth Summit, Teen Dating Violence Awareness Month, Self Defense

9th Annual NATIVE YOUTH SUMMIT



BLACK & INDIGENOUS SOLIDARITY

**WHAT ARE
SOME
RESOURCES
FOR
EDUCATION
AND
SUPPORT**

**NATIONAL TEEN
DATING ABUSE
HELPLINE**

1-866-331-9474
www.loveisrespect.org
Text "Loveis" to 77054

**TEEN DATING
VIOLENCE
MONTH**

www.teendvmonth.org

**HEALTHY
RELATIONSHIP
QUIZ FOR
TEENS**

<https://www.loveisrespect.org/printable-quizzes/>

**BREAK THE
CYCLE**

www.breakthecycle.org



NEED TO TALK?

The StrongHearts Native Helpline **1-844-7NATIVE (1-844-762-8483)** is a safe, confidential and anonymous helpline for Native Americans affected by domestic violence and dating violence. Support and referrals to resources are available for free, Monday through Friday from 9 a.m. to 5:30 p.m. CST.

Callers after hours may connect with the National Domestic Violence Hotline or call back the next business day.

MORE RESOURCES

QUESTIONS?

CSVANW OFFICE

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WEBSITE

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Let's stay in touch!

