

# National Indian Health Board Community Changemaker Grant

## **Strong. Resilient. Engaged.**

Indigenous people are all of the above and more. So when you see something in your community that needs to change, step up and take action. When you are ready to do this, the National Indian Health Board (NIHB) has got your back.

## **Make a difference**

NIHB offers Community Changemaker Grants to assist Native youth in advocating for the health of our communities.

## **Community Changemaker Grants**

Community Changemaker Grants are small amounts of money (\$250) that can help supercharge a youth-led health event. They are open to American Indian and Alaska Native youth ages 14-24 years old.

## **Getting Started:**

- Brainstorm an idea with your friends
- Contact NIHB with any questions
- Plan a health-related event
- Apply for an NIHB Community Changemaker Grant
- Use funding from the grant to enhance your event
- Send NIHB 1-2 paragraphs (w/ a few pictures or a short video) about your event
- NIHB will use the info you send about your event to inspire others to make a difference

## **How to Use Community Changemaker Funding**

Some will use Community Changemaker funding to buy T-shirts for a suicide prevention walk they organize. Others will use this funding to offer snacks and drinks at a round dance where participants learn about healthy foods. Some might even use the grant to cover the cost of a band to play at an event they organize on healthy relationships. Got a vision? NIHB can help.

## **Frequently Asked Questions**

### **Who Can Apply for an NIHB Community Changemaker Grant?**

American Indian and Alaska Native youth ages 14-24 years old. Those who are 14-17 years old will need an adult mentor.

### **If my application is accepted how much funding will I receive?**

Everyone whose applications are accepted will receive \$250.

### **How do I apply?**

Download your application from [nihb.org](http://nihb.org). Then either mail, email or fax your application materials to:

#### **Mailing Address:**

National Indian Health Board  
Attn: Youth Department  
910 Pennsylvania Avenue SE  
Washington, DC 20003

#### **Email:**

[wgardner@nihb.org](mailto:wgardner@nihb.org)

#### **Fax Number:**

1-202-507-4071

### **Who do I contact with questions?**

Connect with NIHB's Youth Engagement Manager, Dr. Wendee Gardner, at [wgardner@nihb.org](mailto:wgardner@nihb.org) or 202-548-7297.

