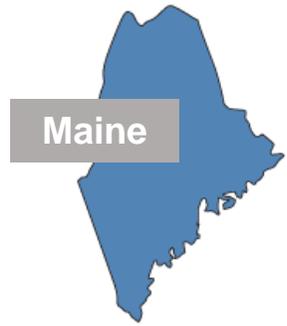


# Special Diabetes Program for Indians

*Saving lives in Maine and providing a strong return on federal investment.*



## History

Congress established the Special Diabetes Program for Indians (SDPI) in 1997 to address the growing epidemic of diabetes in American Indian and Alaska Native (AI/AN) communities. This program has grown and become the nation's most strategic and effective federal initiative to combat diabetes. SDPI is currently authorized through fiscal year 2017.

## SDPI Outcomes

SDPI funding supports over 300 diabetes treatment and prevention programs in 35 states, and the results have been extraordinary. The structure of the grant program has allowed Tribes to collect data and document that this investment is both saving lives and saving the federal healthcare system money. For example, according to the United States Renal Data System, there has been a remarkable decline in diabetes incidence rates among AI/ANs since 1998 that has resulted in **a 54% decline, more than any other race**, in prevalence rates of end-stage renal disease (ESRD) – a costly complication often linked with diabetes. ESRD requires expensive treatments and is the single largest driver of Medicare costs. The Medicare cost per year for hemodialysis (a common ESRD treatment) exceeded \$84,000 per patient in 2013.

## Diabetes in Maine

According to the Centers for Disease Control and Prevention (CDC), in 2016, approximately 141,000 people in Maine – **10.6% of the population** – had diagnosed diabetes, and many suffered from serious diabetes related conditions such as heart disease, neuropathy, and eye, foot and skin complications. In addition to the human toll diabetes places on the people of Maine, it also places a large financial burden on the state's healthcare system. In 2016, the staggering estimate of direct and indirect cost of diabetes in Maine was approximately \$1.5 billion.

## FY 2017 SDPI funding in Maine totaled \$543,068 for 5 Community-Directed Grant Programs.

- Houlton Band of Maliseet Indians
- Micmac Service Unit
- Passamaquoddy Indian Township
- Passamaquoddy Pleasant Point
- Penobscot Indian Nation

"I truly believe that Diabetes is robbing us as a community of our elders' wisdom, as they die too young. The SDPI Healthy Traditions program, by concentrating on prevention, not only gives people hope of a healthier future for all our Nations, but it also gives us the tools to fulfill that future."

– Amy Lemmer

## Renewal is Vital

Congress must renew this critical program to ensure that the SDPI funded programs can continue their important work and that lessons learned from these programs can be shared and replicated to keep Indian Country on the path to a diabetes-free future.

National Indian Health Board



To find out more about SDPI, visit [www.nihb.org/SDPI](http://www.nihb.org/SDPI)