# National Indian Health Board



Wyoming

## Special Diabetes Program for Indians:

Saving lives in Wyoming and providing a strong return on federal investment

#### History

Congress established the Special Diabetes Program for Indians (SDPI) in 1997 to address the growing epidemic of diabetes in American Indian and Alaska Native (AI/AN) Nations. By allowing Tribes to determine their own approach, the program has become the nation's most effective federal initiative to combat diabetes and serves as a useful model both for diabetes programs nationwide and public health programs in Indian Country. SDPI is currently authorized through Fiscal Year 2023.

#### SDPI Outcomes

#### OF DIABETES PROGRAMS IN 35 STATES Between 2013 and 2017 15.4% END STAGE RENAL DISEASE REDUCED BY Between 1999 and 2013- the greatest decline of any racial or ethnic group. 14.6% \$88,000 IN SAVINGS FOR MEDICARE FOR EACH PATIENT KEPT OFF CHEMODIALYSIS TRIBES COLLECT DATA AND HAVE **DOCUMENTED THAT** THIS INVESTMENT IS **BOTH SAVING LIVES** AND THE FEDERAL HEALTHCARE SYSTEM MONEY!

### Diabetes in Wyoming

FY 2023 SDPI funding in **Wyoming totaled \$1,032,196 for 2 Community Directed Grant Programs:** Eastern Shoshone Tribe Northern Arapaho

According to the American Diabetes Association, approximately 38,658 people in Wyoming – 8.7 % of the population - have diagnosed diabetes, and many suffer from serious diabetes-related conditions such as heart disease, neuropathy, and eye, foot and skin complications. An additional 148,000 people—33.6 % of adults— have prediabetes. In addition to the human toll diabetes places on the people of Wyoming, it also places a large financial burden on the state's healthcare system. The staggering estimate of cost of diabetes in Wyoming is approximately \$424 million each year.

## **SDPI Impact**

SDPI provides a strong return on federal investment and is saving lives in Wyoming. Since the beginning of SDPI, blood sugar levels have decreased, risk factors of cardiovascular disease have been reduced, diabetes-related kidney disease has been cut by more than half, and primary prevention and weight management programs for Native youth have increased. Nationwide AI/AN diabetes prevalence decreased from 15.4% to 14.6% between 2013 and 2017. National data reflect the excellent outcomes in Native Nations resulting from innovative local level programs.

For more information, visit <a href="https://www.nihb.org/sdpi/">https://www.nihb.org/sdpi/</a>

