

NATIVE AMERICANS EXPERIENCE

SERIOUS PSYCHOLOGICAL

DISTRESS

1.5x

MORE THAN THE GENERAL

POPULATION

NATIVE CHILDREN AND

ADOLESCENTS HAVE THE HIGHEST

RATES OF LIFETIME MAJOR

DEPRESSIVE EPISODES AND THE

HIGHEST SELF-REPORTED

DEPRESSION RATES OF ANY

OTHER RACIAL OR ETHNIC GROUP



FAST FACTS

NATIVE AMERICANS EXPERIENCE PTSD

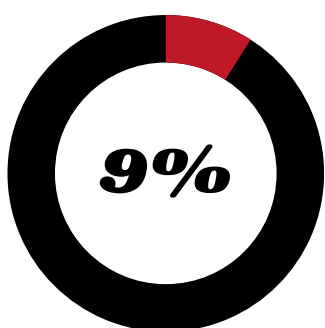
MORE THAN

2x

AS OFTEN AS THE GENERAL POPULATION



INCREASE IN AI/AN
SUICIDE RATE FROM
2015-2020



AI/ANS OVER 18
WITH CO-OCCURRING
MENTAL ILLNESS
AND SUBSTANCE
USE DISORDER

SUICIDE IS THE SECOND LEADING CAUSE
OF DEATH AND

2.5x

THE NATIONAL RATE FOR NATIVE
AMERICAN YOUTH AGES 15-24

***ACCESS TO MENTAL
HEALTH SERVICES IS
SEVERELY LIMITED BY
THE RURAL, ISOLATED
LOCATION OF MANY
AI/AN COMMUNITIES***

OVER 113,000

AI/ANS LIVE IN A COUNTY THAT LACKS AN
ADEQUATE AMOUNT OF MENTAL HEALTH
PROVIDERS



WITH SOME HAVING FEWER THAN 1 PROVIDER
AVAILABLE FOR EVERY 30,000 PEOPLE