

how **to break the cycle**

**& PROVIDE BETTER CARE
TO OUR COMMUNITY**

**CONDUCT STIGMA
AWARENESS TRAINING
WITH MEMBERS OF THE
COMMUNITY**

**ADVOCATE FOR POLICIES
THAT PROMOTE SOCIAL
JUSTICE, EQUITY, AND
EQUALITY**

**SHIFT THE FOCUS OF
MENTAL HEALTH CARE
TO PREVENTION AND
EARLY INTERVENTION**

**DEVELOP A MORE
PERSON-CENTERED
CARE PHILOSOPHY**

01

**INCREASE AWARENESS
OF MENTAL HEALTH
AND ITS CONNECTION
TO CHRONIC DISEASES**

02

**EDUCATE PROVIDERS
ABOUT UNIQUE MENTAL
HEALTH ISSUES IN THE
NATIVE POPULATION**

03

**CREATE AND PROVIDE
COMPREHENSIVE,
AFFORDABLE HEALTH
COVERAGE FOR
EVERYONE**

05

06

**BETTER INTEGRATE
TRADITIONAL HEALING
AND SPIRITUAL
PRACTICES WITH
MODERN HEALTHCARE**

07

08

