

# CMS Division of Tribal Affairs Update



**Centers for Medicare &  
Medicaid Services**

**Training for  
Indian Health Service  
Tribes and Tribal Organizations  
Urban Indian Organizations**

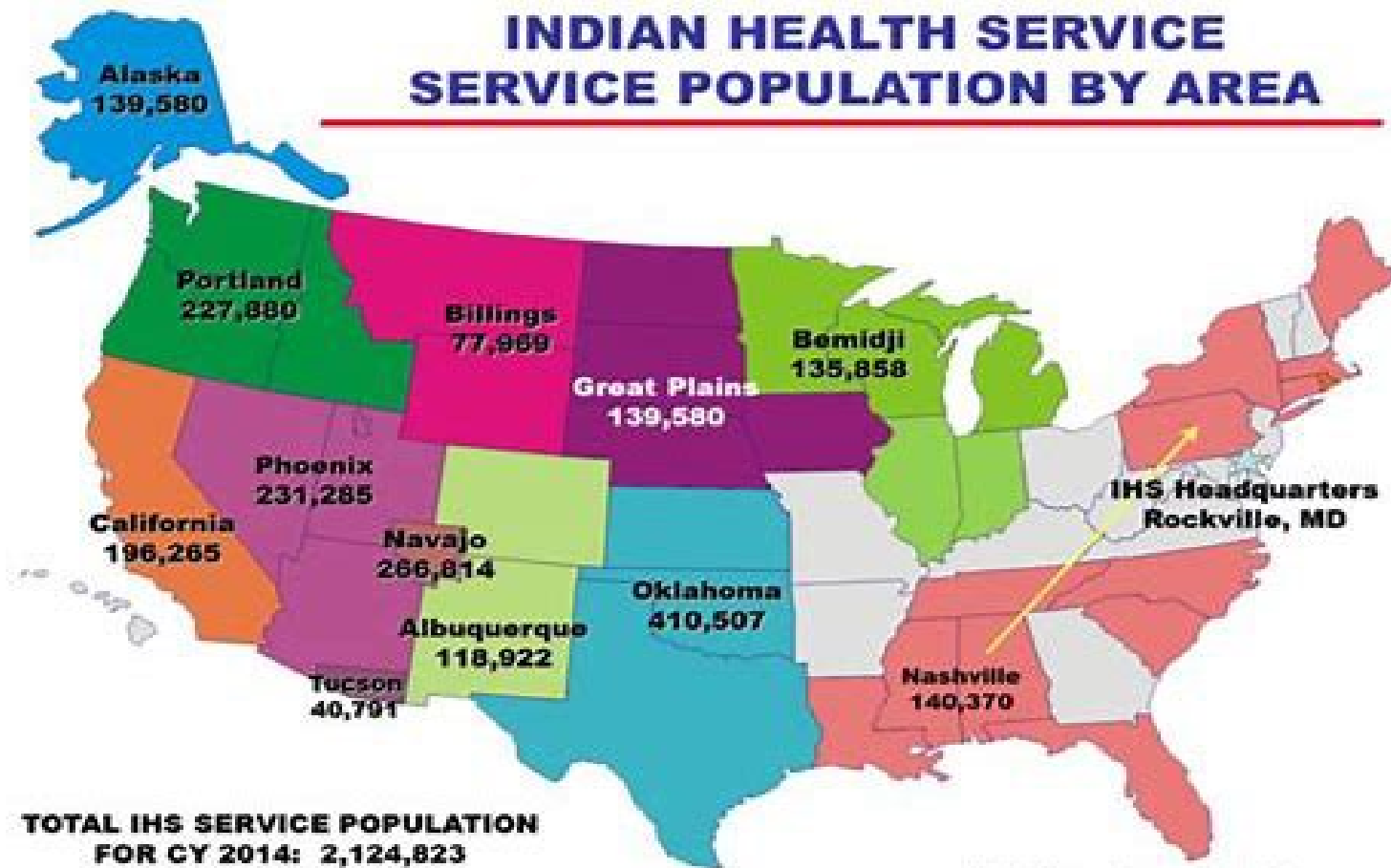


# Role of CMS Tribal Affairs

- **CMS Division of Tribal Affairs (DTA) is located in Baltimore within the Children & Adults Health Programs Group (CAHPG), under the Center for Medicaid & CHIP Services (CMCS).**
- **DTA serves as the point of contact on Indian health issues for the agency and works in collaboration with Native American Contacts (NACs) to provide technical assistance to our Tribal and Federal partners.**



# Native American Contacts (NACs)



SOURCE: Division of Program Statistics, OPIHS



# Background and History

- In 1976, Congress authorized IHS and Tribal hospitals and clinics to receive reimbursement for services provided to Medicare and Medicaid patients.
- The authority to bill Medicare and Medicaid is unique to any other federal health program.
  - VA and DOD do not have this authority.
- IHS publishes its reimbursement rates in the Federal Register on an annual basis, often called the All Inclusive Rate (AIR).



# Background and History

- **In addition to Medicaid and Medicare, ITUs also bill the Children's Health Insurance Program (CHIP) and private insurance, including those purchased on the Health Insurance Marketplace.**
- **CMS reimburses States 100% for services provided to AI/ANs in IHS and Tribally operated facilities, this is commonly referred to as the 100% Federal Medical Assistance Percentage (FMAP).**



# CMS Tribal Consultation

- **CMS has an agency specific Tribal Consultation Policy that was updated on December 10, 2015.**
- **Many CMS policies and regulations can have a direct impact on Tribes. Tribal consultation is important in addressing the unique needs of AI/ANs and the Indian health system.**
- **CMS holds Tribal consultation sessions through formal face to face meetings, All Tribes Calls, Dear Tribal Leader letters, and comments received through the rulemaking process.**



# CMS Tribal Technical Advisory Group

- **CMS supports a Tribal Technical Advisory Group (TTAG), which provides advice and technical expertise on CMS policies, guidelines and programmatic issues.**
- **The CMS TTAG is comprised of representatives from each of the 12 IHS geographic areas and includes representation of national Indian organizations and IHS.**



# The Role of CMS in Indian Health Care

**CMS developed a video that highlights the history of Indian Health Care, CMS Tribal Consultation and the significant impact that CMS programs have in Indian Country.**



# Medicaid and CHIP: AI/AN Cost Sharing Protections

**AI/ANs have the following Medicaid and CHIP protections:**

- **Do not have to pay premiums or enrollment fees and can enroll at any time.**
- **No cost sharing for AI/ANs enrolled in CHIP.**
- **No cost sharing in Medicaid if the beneficiary has ever used an Indian health care provider, or received services through Purchased/Referred Care .**

# Medicaid: MAGI and Indian Trust Income and Resource Exemptions

**Certain types of Indian income and resources are not counted when determining Medicaid or CHIP eligibility:**

- **Per capita payments from a Tribe that come from natural resources, usage rights, leases, or royalties.**
- **Payments from natural resources, farming, ranching, fishing, leases, or profits from Indian trust land (including reservations and former reservations).**
- **Money from selling things that have Tribal cultural significance, such as Indian jewelry or beadwork.**

# Marketplace and Tribal Members

- **Income that is subject to federal income tax is counted for the Marketplace.**
- **Special Enrollment Period (SEP): Tribal members can enroll in the Marketplace at any time during the year in a Zero or Limited Cost Sharing Plan.**
- **If one family member on the application is eligible for the SEP, all family members who apply on the same Marketplace application are eligible.**
- **This is true even if different family members are eligible for different Marketplace plans as long as they use the same application.**



# Marketplace: Zero Cost Sharing Plans

## Zero Cost Sharing Plans:

- For AI/ANs with incomes between 100-300% FPL
- You do not need a referral for services received outside the Indian health system to avoid cost sharing, co-insurance or deductibles



# Marketplace: Limited Cost Sharing Plans

## Limited Cost Sharing Plans:

- For AI/ANs with incomes less than 100% and more than 300% FPL
- You do need a referral for services received outside the Indian health system to avoid cost sharing, co-insurance or deductibles



# Medicare

## Enrollment and Disenrollment

**Medicare Annual Enrollment Period (AEP) is October 15 through December 7<sup>th</sup> - often referred to as Medicare Open Enrollment.**

- During the AEP, Medicare beneficiaries may enroll or disenroll from a Medicare Part C (Medicare managed care plan or otherwise known as Medicare Advantage (MA).
- MA plan enrollees may enroll in another MA plan, or disenroll and return to Original Medicare.

**Medicare Advantage Open Enrollment Period (MA OEP) is January 1 – March 31.**

- During the MA OEP, individuals already enrolled in a MA plan, can add or drop Part D (prescription drug) coverage and individuals enrolled in a MA-Part D plan or MA-only plan, can switch to a: MA Part D plan, an MA-only plan or to Original Medicare (with or without a Part D plan).
- The effective date for an MA -OEP election is the first of the month following receipt of the enrollment request. For instance, if an individual who enrolled in a MA-only plan during AEP, and now wants to enroll in Original Medicare, they can use the MA-OEP to do this. If they make this request on January 10<sup>th</sup>, it will be effective February 1<sup>st</sup>.



# Medicare Part C

## Enrollment and Disenrollment

### Special Enrollment Period for Exceptional Circumstances:

- For those who think they were misled in enrolling in a MA plan or don't know how they became enrolled into a MA plan, there is a Special Enrollment Period (SEP), on a case by case basis, for individuals whom CMS determines has experienced exceptional circumstances.
- Individuals should contact 1-800-Medicare and file a complaint or request a SEP.



# Additional Updates

- **Medicaid Redeterminations Reminders**
- **1115 demonstration proposals for Medicaid coverage of Traditional health care practices**
- **Medicaid managed care toolkit**
- **CMS AI/AN Quality Improvement Program**



# Medicaid Redeterminations

- **UPDATE** your contact information with your state Medicaid or CHIP Agency.
- **RESPOND** to the Medicaid/CHIP renewal form when it arrives to keep your coverage.
- **PARENTS** should respond even if you don't think you're eligible – your kids could still be eligible.
- **CONSIDER OTHER COVERAGE OPTIONS:** If you are no longer eligible for Medicaid or CHIP, check if you can get coverage through your employer, through the Affordable Care Act Marketplace at HealthCare.gov, or through Medicare.

[www.Medicaid.gov/unwinding](http://www.Medicaid.gov/unwinding)



# Traditional Healthcare Practices

- There are four approved 1115 demonstrations for Medicaid coverage of traditional healthcare practices: AZ, CA, OR and NM.
- Eligible Beneficiaries: Any Medicaid beneficiary eligible to receive services at an IHS or Tribal facility.
- Traditional health care practices: Practices that are delivered by IHS or Tribal facilities.
- Providers/Practitioners: Employed or contracted by IHS or Tribal facilities.



# Medicaid and CHIP Managed Care Oversight Toolkits

- On October 30, 2023, CMS released the Tribal Protections in Medicaid and CHIP Managed Care Oversight Toolkit.
- The Toolkit builds on recommendations from a National Indian Health Board Managed Care Roundtable Report released in August 2022. [https://www.nihb.org/docs/phrc-uploads/08152022/medicaid-managed-care-report\\_final\\_08102022.pdf](https://www.nihb.org/docs/phrc-uploads/08152022/medicaid-managed-care-report_final_08102022.pdf)
- The Toolkit provides resources for states, managed care plans, and IHCPs to use to maximize the benefits of Medicaid and CHIP managed care for AI/AN enrollees and the IHCPs.



# What is the AIAN Quality Improvement Program

- **CMS contract to support quality and patient safety improvement in health care facilities.**
- **CMS worked closely with Tribal partners to develop a dedicated QIO for hospitals, clinics and nursing homes primarily serving Tribal populations.**
- **Purpose: to promote optimal health and well-being through improved quality of care and outcomes for Medicare beneficiaries in hospitals, clinics and nursing homes managed by Tribes, the Indian Health System (IHS) and Urban Indian Organizations (UIOs).**
- **Five-year program (January 6, 2025 - January 5, 2030).**



# What services are included in the Program?

- **No-cost training and assistance from experienced quality and safety leaders, implementation scientists and clinical subject matter experts.**
- **Virtual and in-person support from a dedicated QI advisor (QIA).**
- **Tailored support to achieve facility and community QI priorities and goals.**
- **Staff skill development to lead and participate in improvement efforts.**
- **Collaboration with other health care providers serving Native people across the country.**



# Fact Sheets and Brochures



**Brochures with information about coverage and Indian health facilities in your State.**



# AI/AN Specific Training Materials



## My Health— CHILDREN'S VACCINATIONS

Use this checklist to make sure your child is getting the vaccinations he or she needs. Vaccinations are covered by Medicaid, the Children's Health Insurance Plan (CHIP), and insurance plans purchased through the Health Insurance Marketplace.

Your doctor can give you information about how many doses your child needs of each vaccine and when these should be take place. Children who miss a dose or doses, can catch up at a later date. Some children in high-risk groups may need vaccinations on a slightly different schedule. For a complete recommended immunization schedule, visit the Centers for Disease Control and Prevention at <https://www.cdc.gov/vaccines/schedules/downloads/child/0-18ys-child-combined-schedule.pdf>

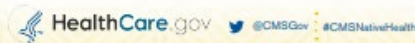
Learn more at <https://www.healthcare.gov/preventive-care-adults/>

Vaccines for Children (0–18)	Notes
Chickenpox Varicella (VAR)	
Diphtheria, tetanus, and acellular pertussis (DTaP)	
Haemophilus influenzae type B (Hib)	
Hepatitis A (HepA)	
Hepatitis B (HepB)	
Inactivated poliovirus (IPV)	
Influenza	
Masles, mumps, rubella (MMR)	
Pneumococcal conjugate (PCV13)	
Rotavirus	

Vaccines for Adolescents (11–18)	Notes
Human papillomavirus (HPV)	
Meningococcal	
Tetanus, diphtheria, and acellular pertussis (Tdap)	
Meningococcal B (for high-risk groups)	
Pneumococcal polysaccharide (for high-risk groups)	

### Sign up

- Visit your Indian health program,
- Go online to [healthcare.gov](https://www.healthcare.gov), or
- Call 1-800-318-2596



CMS ICM No. 90811-10 - May 2018

## My Health— CHILDREN'S HEALTH CHECKLIST

Use this checklist to make sure your child is getting the preventive health care he or she needs during well-child visits to the doctor. These services are free with Medicaid, the Children's Health Insurance Plan (CHIP), and insurance plans purchased through the Health Insurance Marketplace. Learn more at <https://www.healthcare.gov/preventive-care-children/> or talk to your health care provider at your local IHS, tribal, or urban clinic.

For all children (0–17)	Done
Annual well baby visits	
Autism screening (at 18 and 24 months)	
Behavioral assessment	
Blood pressure check	
Developmental screening (under age 3)	
Fluoride supplements (children without fluoride in their water)	
Height, weight, and body mass index measurements	
Hemoglobin screening	
Immunizations (ask your doctor which vaccines your child needs)	
Lead screening	
Obesity screening and counseling	
Oral health risk assessment (ages 0-10)	
Tuberculosis testing	
Vision screening	

For adolescents (11-17)	Done
Alcohol, smoking, and drug assessment	
Hypothyroidism screening	
Sexually transmitted infection counseling and screening	
Suicide and depression screening	

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# Tribal Calendar



# Monthly drop-in “news ads” and Radio Clips



**August 2023**  
**Available on YouTube**


**30 second radio clips using the same topic selected for drop-in “news shorts.”**

**Recorded in ten Native languages:**

**Dine, Lakota, Ojibwe  
Yupik, Zuni, Cherokee, Salish,  
Tohono O’odham, Tlingit,  
and Inupiaq**

# Customizable Flyers

## Mom Kissing Girl



**Enroll in Medicaid: For yourself, For your family, For your community.**

Medicaid and the Children's Health Insurance Program (CHIP) offers low-cost or free health insurance for you and your family. In many states, more adults than ever before may qualify for Medicaid.

**Who may be eligible?**

- Children and teens up to age 19
- Parents (and other adults, depending on the state)
- Pregnant women
- People with disabilities
- Youth "aging out" of foster care

Eligibility depends on income, the size of your family and the rules in your state.

**When you enroll, you can get:**

- Doctor visits
- Preventive care, such as immunizations, mammograms & colonoscopy
- Prenatal and maternity care
- Hospital stays
- Mental health care
- Needed medications
- Children get vision and dental care (adults may get these benefits too)


**American Indians and Alaska Natives who are eligible for Medicaid or CHIP:**

- Can still get care from your Indian care provider.
- Don't have to pay premiums or co-payments.
- Indian trust income is not counted to determine eligibility and is protected from Medicaid estate recovery rules.

**You benefit by having greater access to health care services. Tribes benefit because their health programs get more resources.**

To find out if you qualify, visit [HealthCare.gov](http://HealthCare.gov) or call 1-800-318-2596 (TTY: 1-855-889-4325) or contact your local Indian health care provider for help applying.

CMS Product No. 11833-N  
June 2016



## Man



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CMS Product No. 11833-N  
June 2016



## Mom and Baby



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CMS Product No. 90389-N  
June 2016



## Boy on Bike



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CMS Product No. 11833-N  
June 2016



Email [tribalaffairs@cms.hhs.gov](mailto:tribalaffairs@cms.hhs.gov) to order

Subject: Medicaid Enrollment Fact Sheet Customization Request



# CMS AI/AN Website

## go.cms.gov/AIAN

Home | About CMS | Newsroom | FAQs | Archive | Share ? Help Pri

Learn about [your health care options](#)  Search

**CMS.gov**  
Centers for Medicare & Medicaid Services

Medicare | Medicaid/CHIP | Medicare-Medicaid Coordination | Private Insurance | Innovation Center | Regulations & Guidance | Research, Statistics, Data & Systems | Outreach & Education

Home > Outreach and Education > Look up topics > American Indian/Alaska Native > Outreach and Education > Outreach and Education Resources

### Outreach and Education

Outreach and Education Resources

- [English PSAs](#)
- [For Enrollment Professionals](#)
- [Introducing the ACA](#)
- [Native Language PSAs](#)
- [Lakota PSAs](#)
- [Navajo PSAs](#)
- [Ojibwe PSAs](#)
- [Yupik PSAs](#)
- [Zuni PSAs](#)
- [Medicaid and CHIP](#)
- [Medicare for American Indians and Alaska Natives](#)
- [Newsletter Archive](#)
- [Using Insurance and the Marketplace](#)
- [What's Covered](#)

### Outreach and Education Resources

The Outreach and Education Resources page provides access to outreach materials and resources to support the efforts of Indian health care providers and application assisters to enroll American Indians and Alaska Natives (AI/ANs) into programs administered by CMS. Congress has enacted Indian-specific provisions to eliminate barriers and ensure improved access and enrollment of AI/ANs into Medicare, Medicaid, the Children's Health Insurance Program (CHIP), and the Health Insurance Marketplace. The resources are sorted by [specific outreach topics](#) below, such as the health insurance Marketplace, Medicaid and CHIP, Medicare, and AI/AN health coverage data.

Even with these statutory provisions to address barriers to enrollment, AI/ANs have high rates of un-insurance in the United States. For instance, in 2015, 21% of AI/ANs (down from 43% in 2013) were uninsured, which is nearly twice the rate for African Americans, and approximately 12% more than the rate of non-Hispanic Whites. In addition, AI/ANs experience greater health disparities (e.g., diabetes and chronic liver disease) and higher mortality rates than other Americans.

### Enrollment Matters

Enrollment in CMS programs benefits AI/AN individuals, their families, and their communities. Enrollment helps reduce health disparities and improves health status by providing AI/ANs with greater access to preventive and specialty care. Indian health care providers who enroll their patients can use the saved funding and resources on uninsured patients. Find more strategies to enroll AI/AN families and children on [Medicaid.gov's Indian Health page](#).

Health coverage through CMS programs ensures that AI/ANs can get health care when and where they need it. CMS provides these outreach and education materials to help you reach out to AI/ANs who are eligible for, but not enrolled in, CMS programs.

**New Public Service Announcements**

Share This Month's Ad **Pop Quiz! Do your kids have** [Newsletter - Covering](#)

Downloaded from this site, or they can be ordered from the CMS Warehouse.



### [The Health Insurance Marketplace](#)

Find tips about the Marketplace and finding a plan that fits AI/AN needs.

- [Introducing the ACA](#)
- [What's covered?](#)
- [For enrollment professionals](#)



### [Medicaid and CHIP](#)

Learn about Children's Health Insurance Program (CHIP) and Medicaid benefits, including special provisions for AI/AN people.

- [Medicaid Basics \(Fact Sheet, 573 kB\)](#)
- [Additional Resources](#)



### [Medicare](#)

Discover AI/AN benefits under Medicare.

- [Medicare Basics \(Fact Sheet, 2.5 MB\)](#)
- [Medicare Savings Program \(Brochure, 383 KB\)](#)
- [Additional Resources](#)



### [Enrollment Assistance](#)

Find resources to help enrollment assisters explain health insurance to patients and sign them up for coverage.

# Long Term Services & Supports Newsletter

**CMS.gov**

Centers for Medicare & Medicaid Services

Medicare

Medicaid/CHIP

Medicare-Medicaid  
Coordination

Private  
Insurance

Innovation  
Center

Regulations &  
Guidance

Research, Statistics,  
Data & Systems

Outreach &  
Education

[Home](#) > [Outreach & Education](#) > [American Indian/Alaska Native](#) > [LTSS TA Center](#) > [LTSS Newsletter](#)

**LTSS TA Center** <

[LTSS Newsletter](#)

[The Tribal Nursing Home Collaborative](#)

[LTSS Webinars](#)

[Program E](#)

[Planning](#)

[LTSS Information](#)

## LTSS Newsletter



The LTSS newsletter shares news, funding and webinar announcements, and online resources at the LTSS TA Center. Designed for health planners, health department or program employees, care providers, tribal leaders, community advocates, and anyone else interested in LTSS, the newsletter is published monthly and emailed to those who have signed up to receive it.

[Sign up for the newsletter.](#)

**CLICK HERE**

TRIBAL AFFAIRS

# Outreach and Education Newsletter

## New Public Service Announcements



### Medicaid Keeps Kids Healthy

**CLICK HERE**

check-ups, and dental care. Visit [Medicaid.gov](http://Medicaid.gov) or call 1-800-318-2596 to see if your child qualifies.

### Share This Month's Ad

[Horizontal](#) (PDF, 1 MB)

[Vertical](#) (PDF, 721 KB)



#### Audio

[English](#) [Lakota](#) [Navajo](#)  
[Ojibwe](#) [Yupik](#) [Zuni](#)



#### Video

[English](#) [Lakota](#) [Navajo](#)  
[Ojibwe](#) [Yupik](#) [Zuni](#)

## Newsletter – Covering Indian Country

Sign Up

Keep up with the latest ACA news and outreach tools.

[See past issues of the newsletter.](#)

## Brochures, Flyers, and Fact Sheets



- [Essential Health Benefits for AI/ANs](#) (PDF, 2.52MB) <sup>LL</sup>  
What benefits do all plans cover and what falls under free preventive care?

## Order Outreach and Education Resources

Order



# How to Order Tribal Products

The screenshot shows the CMS.gov website interface. At the top right, there are navigation links: Home | About CMS | Newsroom Center | FAQs | Archive | Share | Help | Email | Print. Below this is the CMS.gov logo and the text 'Centers for Medicare & Medicaid Services'. A search bar contains the text 'Learn about [your healthcare options](#)' and a 'Search' button. A horizontal menu below the search bar includes: Medicare, Medicaid/CHIP, Medicare-Medicaid Coordination, Private Insurance, Innovation Center, Regulations and Guidance, Research, Statistics, Data and Systems, and Outreach and Education. The breadcrumb trail reads: Home > Outreach and Education > American Indian/Alaska Native > How to Order Tribal Products. On the left is a sidebar with 'American Indian/Alaska Native' as the main category and sub-links for Spotlight, Tribal Consultation, Affordable Care Act, All Tribes Calls, and Children's Health Insurance Program. The main content area is titled 'How to Order Tribal Products' and contains the following text: 'Tribal Product Ordering Website:', 'If this is your **first time ordering**, go to <http://productordering.cms.hhs.gov> and **Create An Account**.', 'If you are a **CMS partner** and need education and outreach materials click on the words **Create An Account**', and 'For **previous users**, please enter your Username and Password in the designated fields, and then click on the **Sign In** button.'

If this is your **first time ordering**, visit:  
<http://productordering.cms.hhs.gov>



# CMS ITU Trainings and Webinars

- **CMS provides face-to-face trainings**
  - CMS is now holding some trainings in-person and some virtually.
  - To register or see a complete list of trainings visit [www.regionalcmsitustrainings.com](http://www.regionalcmsitustrainings.com)
- **CMS provides two (2) week medical coding boot camps.**
- **CMS holds webinars throughout the year**



# Links: Resources

- **Link to DTA-NAC sheet:**

<https://www.cms.gov/files/document/cms-native-american-contact.pdf>

- **Link to Indian Health 101 Video:**

<https://www.youtube.com/watch?v=I2EnR88gIZM>



# Links:

## Fact Sheets and Brochures

- **Link to AI/AN Trust Income and MAGI Fact Sheet:**  
<https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/Downloads/AIAN-Trust-Income-and-MAGI.pdf>
- **Cost Sharing Protections Brochure:**  
<https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/Downloads/Understanding-Cost-Sharing-brochure.pdf>



# Links:

## Websites and Webpages

- **CMS Tribal Affairs page:** [go.cms.gov/AIAN](https://www.cms.gov/AIAN)
- **State Tribal Relations page:** <https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/State-Tribal-Relations-on-Health-Care>



# Links:

## Websites and Webpages

- **Link to DTA Outreach and Education page, Newsletter, and PSAs:** <http://go.cms.gov/AIAN-OutreachEducationResources>
- **Link to LTSS Newsletter:** <https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/LTSS-TA-Center/ltss-newsletter>



# Links:

## Websites and Webpages

- **Link to Products Ordering page:**  
<http://productordering.cms.hhs.gov>
- **Link to Training website:** [www.regionalcmsitustrainings.com](http://www.regionalcmsitustrainings.com)
- **Link to Archived Outreach and Education Webinars:**  
<http://go.cms.gov/All-Tribes-Calls>



# CMS Division of Tribal Affairs

