



2026 Virtual Behavioral Health Youth Summit

Healing Through Culture, Connection, and Youth Leadership

Hosted by the National Indian Health Board (NIHB)

June 10–11, 2026

The 2026 Virtual Behavioral Health Youth Summit will bring together Indigenous youth, behavioral health professionals, advocates, researchers, artists, and community leaders for two days of culturally grounded learning, healing, leadership, and connection.

Two-Day Agenda

Day 1 — Wednesday, June 10, 2026

Time	Session	Presenter(s)
11:00 AM – 11:15 AM	Opening Prayer & Welcome	Welcome by Lacey Wind (Northern Cheyenne) Prayer by Chris Tall Bear (Southern Cheyenne)
11:15 AM – 11:20 AM	Youth & Staff Introductions	TYAC Members & NIHB Staff
11:25 AM – 12:10 PM	Keynote Address: <i>Culturally Grounded Behavioral Health App</i>	Dr. Glorinda Segay (Diné)
12:15 PM – 1:00 PM	Session 1: <i>Walking the Path of a Warrior</i>	Adrian Salliego (Diné)
1:00 PM – 2:00 PM	Lunch Break	
2:00 PM – 2:45 PM	Session 2: <i>Co-Developing a Community-Grounded Measure of Indigenous Internalized Oppression</i>	Dr. Anna Fetter (Saint Regis Mohawk)
3:00 PM – 3:45 PM	Session 3: <i>Culture is Medicine: Echota Behavioral Health's Prevention Team Efforts</i>	Kaleb Proctor (Keetoowah Cherokee/Mvskoke)
3:45 PM – 4:00 PM	Day 1 Closing Remarks	Prayer by Chris Tall Bear (Southern Cheyenne)

Day 2 — Thursday, June 11, 2026

Time	Session	Presenter(s)
11:00 AM – 11:15 AM	Opening Prayer & Welcome	Welcome by Lacey Wind (Northern Cheyenne) Prayer by Chris Tall Bear (Southern Cheyenne)
11:15 AM – 12:00 PM	Keynote Address: <i>You Already Carry Medicine: Culture, Connection, and Indigenous Youth Leadership</i>	Dr. Damian Chase-Begay (Mandan/Arikara)
12:05 PM – 1:00 PM	Session 1: <i>Elevating Native Youth Voices: Lessons in Leadership from the NCUIH Youth Council</i>	Dr. Kimberly Fowler & Lyz Best, MPH, MA
1:00 PM – 2:00 PM	Lunch Break	
2:00 PM – 2:45 PM	Session 2: <i>Becoming The Person I Needed Growing Up</i>	Devon Headdress (Nakota, Dakota, Ojibwe, Mandan, and Hidatsa)
2:50 PM – 3:40 PM	Session 3: <i>Olowan: The Power of Music</i>	Frank Waln (Sicangu Lakota)
3:45 PM – 4:00 PM	Day 2 Closing Remarks	Prayer by Chris Tall Bear (Southern Cheyenne)



Chris Tall Bear

Southern Cheyenne

Tribal Public Health Advisor

National Network of Public Health Institutes

Chris Tall Bear has worked in Tribal public health for over 24 years, providing project management and subject matter expertise to NNPHI. He holds a Master of Legal Studies from the University of Oklahoma College of Law, serves as an advisor for the Stephenson Cancer Center, and sits on the Sand Creek Massacre Foundation board. He is also a traditional Chief for the Cheyenne Council of 44.



Dr. Glorinda Segay, DBH

Diné (Navajo)

Director, Division of Behavioral Health, Indian Health Service

Dr. Glorinda Segay is a distinguished public health leader and advocate dedicated to expanding behavioral health infrastructure across Indian Country. At IHS, she oversees national policies and funding distribution for mental health, substance use, and suicide prevention. Previously, she served as Executive Director of the Navajo Department of Health and as a Behavioral Health Project Manager with the National Indian Health Board.



Dr. Damian Chase-Begay, PhD, MS

Mandan/Arikara

Associate Professor of Social Epidemiology and Indigenous Health
School of Public and Community Health, University of Montana

Dr. Damian Chase-Begay's work focuses on Indigenous behavioral health, implementation science, traditional healing practices, and culturally grounded approaches to substance use prevention and wellness in Native communities. He currently serves as Principal Investigator of an NIH-funded K01 career development award examining culturally centered substance use prevention interventions among Indigenous young adults in urban communities. Dr. Chase-Begay brings more than two decades of experience working in Tribal and Urban Indian health systems, including prior leadership roles in public health, behavioral health, and healthcare administration. His research and community-engaged work emphasize the importance of culture, connection, and Indigenous knowledge systems in advancing health and wellness. He is passionate about supporting Indigenous youth leadership and the next generation of Native public health and behavioral health professionals.



Adrian Salliego

Diné (Navajo)

Behavioral Health Consultant & Recovery Advocate

Adrian Salliego is an enrolled member of the Navajo Tribe. His Maternal clan is Bitterwater and born for the Deerspring Clan. His Mother is from Tuba City, AZ and Father from Cedar Ridge, AZ. Adrian grew up on the Navajo Reservation his whole life. He was raised with the Traditional way of the Navajo people. Adrian Salliego has worked diligently in the behavioral health field since 2016, dedicating his career to assisting individuals seeking addiction recovery and those struggling with suicide ideation. As a traditional Navajo man and a long-term recovery survivor, he travels across Turtle Island facilitating Wellbriety talking circles and sharing culturally grounded service commitments to heal Native communities.



Dr. Anna Fetter

Saint Regis Mohawk Tribe

Licensed Psychologist & Assistant Professor
Duke University School of Medicine

Dr. Anna Kawennison Fetter works in the Department of Psychiatry and Behavioral Sciences at Duke University. Her professional research and clinical practice focus primarily on Indigenous mental health, youth wellness, and designing culturally responsive behavioral health approaches. Her work actively supports Native communities and ensures sustainable wellness frameworks for future generations.



Kaleb Proctor

United Keetoowah Band of Cherokee Indians/ Mvskoke descent

Native Connections Project Coordinator, Echota Behavioral Health

Kaleb Proctor serves as a vital member of the Prevention Team and works as a Life Skills Instructor at Echota Behavioral Health. In his role as the Native Connections Project Coordinator, he designs and implements community-centered prevention efforts and wellness education programs specifically tailored to support and empower local Indigenous youth.



Dr. Kimberly Fowler
Sr VP Technical Assistance and Research Center
National Council of Urban Indian Health

Dr. Kimberly T. Fowler has been working to support indigenous communities for over a decade. Employed at the National Council of Urban Indian Health (NCUIH) since 2011. She is leading the development of projects focused on UIO capacity-building and sustainability to support operational and programmatic growth, and supporting research centered on the urban Indian health sector. Under her leadership, NCUIH's first Youth Advisory Council was developed in 2022. She received her Ph.D. from Yale University and B.S. from Tennessee State University. Additionally, she completed her postdoctoral fellowship at the University of Colorado-Denver, where she received a Certificate in Public Health.



Lyz Best, MPH, MA
Manager of Technical Assistance
National Council of Urban Indian Health

Lyz Best, MPH, MA, is the Manager of Technical Assistance at the National Council of Urban Indian Health, where she supports Urban Indian Organizations through training, technical assistance, and health education initiatives focused on improving health outcomes in American Indian and Alaska Native communities.

With a strong background in health communications and a deep passion for health literacy and equity, Lyz has dedicated her career to improving access to meaningful, culturally relevant health education. Leveraging her expertise in curriculum development, adult learning principles, and community-informed engagement strategies, she has designed and delivered comprehensive trainings, webinars, and educational resources that equip individuals and organizations with the knowledge and skills needed to support healthier communities. Lyz holds a Master of Public Health (MPH) and a Master of Arts (MA) in Medical Anthropology.



Devon Headdress

Nakota, Dakota, Ojibwe, Mandan, Hidatsa
Student & Advocate, UND

Devon Headdress blends his background as a collegiate basketball athlete and public health professional to offer culturally grounded fitness and nutrition coaching. He is currently pursuing a Master of Public Health in Indigenous Health at the University of North Dakota. Guided by his ancestors, his mission focuses on health education, physical endurance, and systemic policy reform.



Frank Waln

Sicangu Lakota (Rosebud West Reservation)
Multi-Genre Music Artist, Songwriter, and Educator

Frank Waln is an award-winning artist and storyteller who earned a BA in Audio Arts & Acoustics from Columbia College. He uses his music as a therapeutic vehicle for global advocacy and education. Today, he presents "Olowan: The Power of Music," exploring how songwriting can heal historical trauma, preserve culture, and support overall Indigenous wellness.



NIHB Staff & Tribal Youth Advisory Council Members



Lacey Wind, Ota'taveenova'e (Blue Wing Woman), MSW, LCSW
Northern Cheyenne Nation
Vice President of Tribal Public Health Programs, NIHB

Lacey Wind leads national efforts to advance health equity and strengthen health systems across 575 federally recognized Tribes. A Licensed Clinical Social Worker with over 20 years of leadership, she has successfully managed integrated behavioral health programs and built sustainable, community-driven maternal and substance use services that respect and uphold Tribal sovereignty.



Chelsea Bellon, MPH
Ihanktonwan Dakota (Yankton Sioux)
Tribal Health Programs Manager, NIHB

Chelsea Bellon was raised on the Colville Reservation and holds an MPH in Indigenous Health from the University of North Dakota. At NIHB, she advances Tribal maternal, child, and public health through culturally grounded and community-centered approaches. Her work focuses on Indigenous maternal health, peer support, perinatal mental health, and strengthening Indigenous-informed systems of care. Her work is rooted in reciprocity, responsibility, and Indigenous health sovereignty for future generations.