

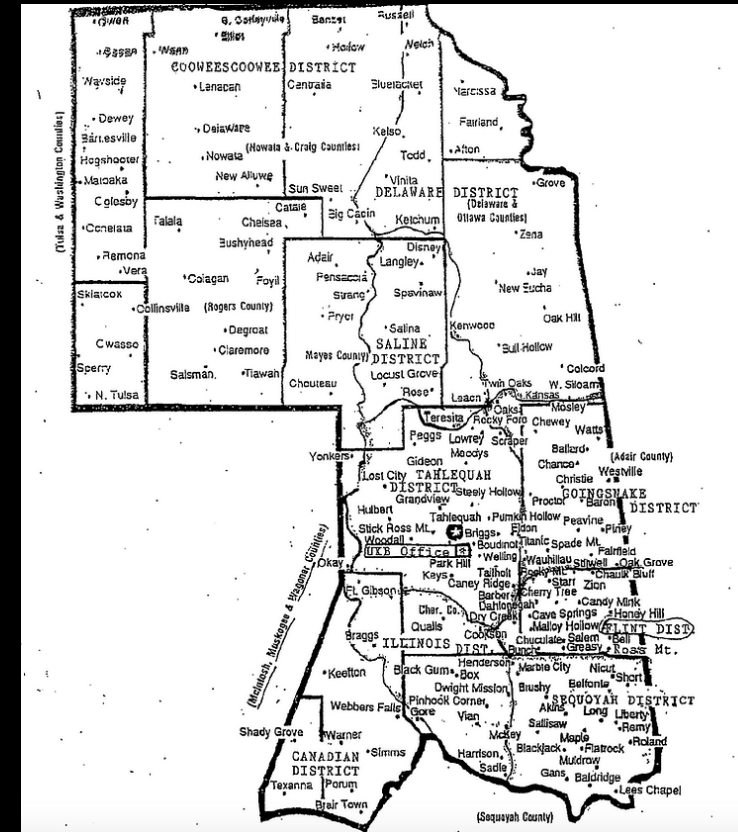
CULTURE IS MEDICINE :ECHOTA BEHAVIORAL HEALTH'S PREVENTION TEAM

Kaleb Proctor



UNITED KEETOOWAH BAND OF CHEROKEE INDIANS IN OKLAHOMA

- The Constitution ratified on October 3, 1950 states the Council consist of 9 members elected to represent the 9 districts of the Old Cherokee Nation.
- These 9 Districts reside in Northeast Oklahoma
- The tribal headquarters is located in Tahlequah, OK



ECHOTA BEHAVIORAL HEALTH

- Echota Behavioral Health is a United Keetoowah Band of Cherokee Indians-owned behavioral health clinic providing compassionate, accessible mental health services to both tribal and non-tribal members across Northeastern Oklahoma
- Locations include Tahlequah (Tahlequah district), Jay (Delaware district), Kansas (Goingsnake district), Vian (Illinois district), and Stilwell (Flint district)



PREVENTION TEAM



THE PREVENTION TEAM IS CREATED THROUGH VARIOUS SAMHSA GRANTS AND INCLUDE

- Native Connections
- Tribal Opioid Response (TOR)
- TREE Ensuring Hope (Treatment of Recovery Enhancement and Expansion)
- Methadone and Treatment (MAT)

GRANT GOALS – NATIVE CONNECTIONS

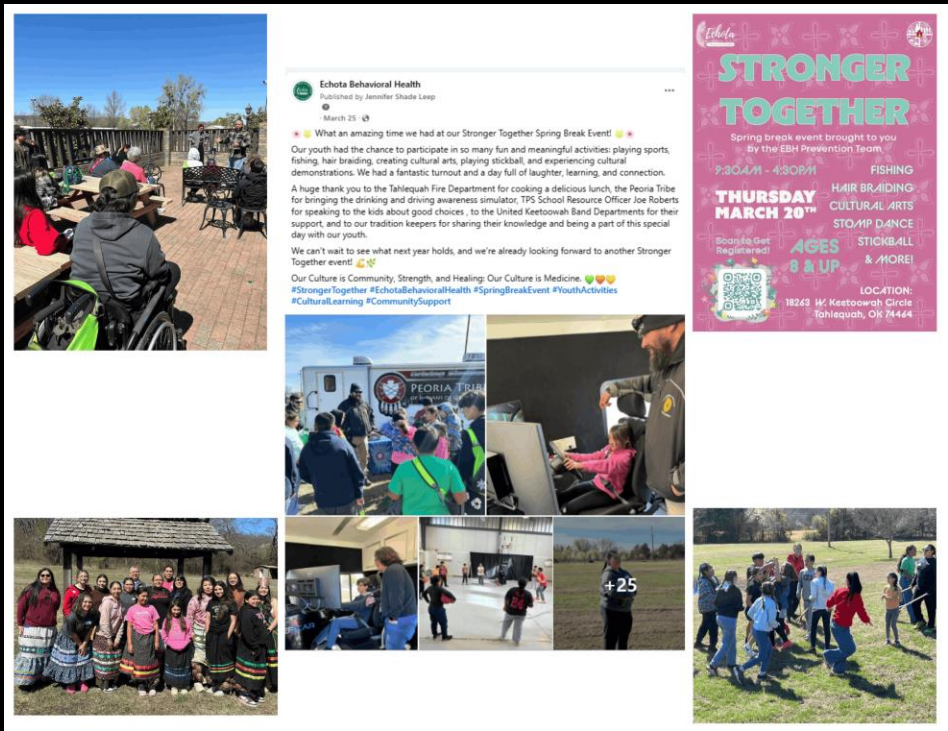
- Increase awareness of the risks of substance misuse and suicide, and the available resources by hosting outreach events through the UKB jurisdiction
- Ensure that the community's language, culture, and spirit of prevention are included into project materials

COMMUNITY VALUES – BENNY SMITH

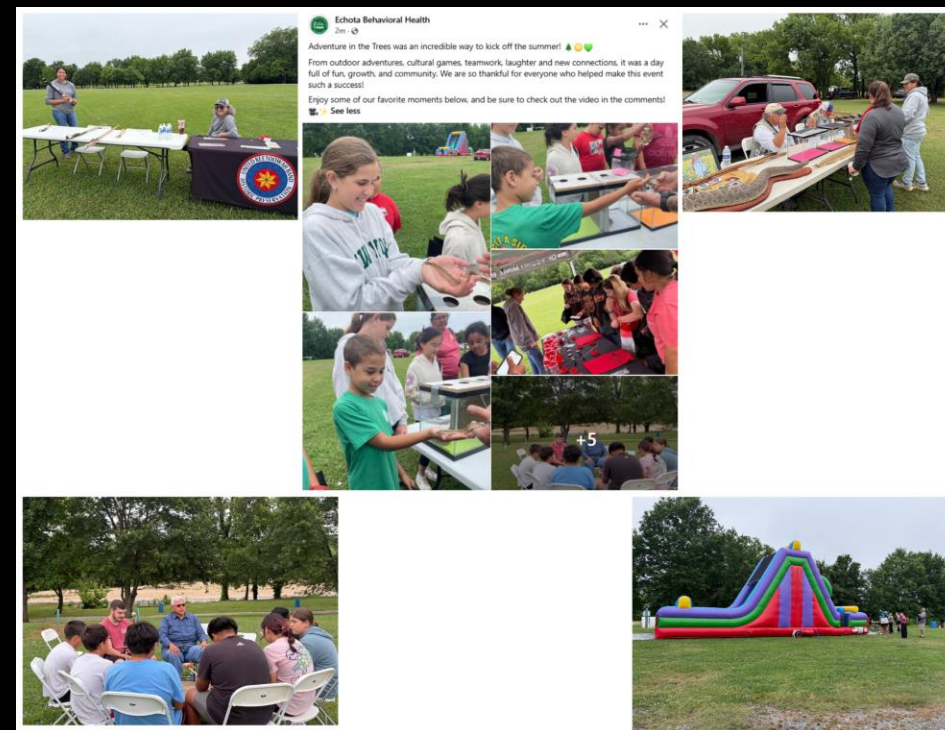
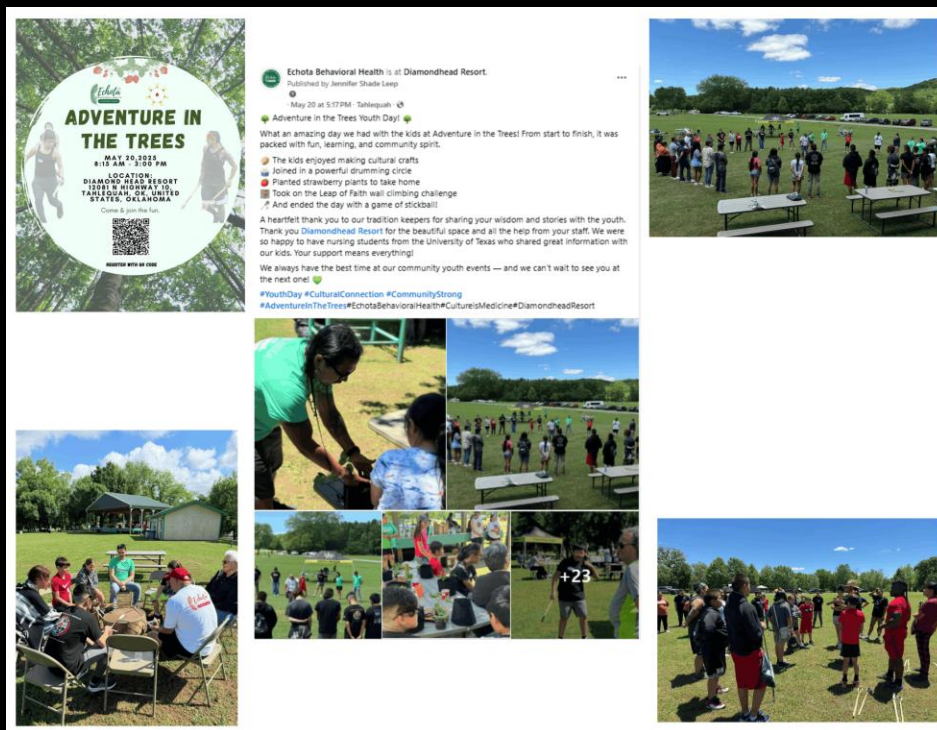
- **Ga-du-gi:** People coming together as one and working to help one another
- **U-li-s-ge-di De-ja-da-ye-lv-se-s-di:** Treat each other's existence as Sacred
- **Di-ja-li-go-hi I-je-he-s-di:** Live united, work as a team with one another
- **Du-yu-go-dv I-di-tlv De-ja-da-se-he-s-de-si:** Direct one another in the right way, without confining or pushing

PREVENTION TEAM HOSTED EVENTS

STRONGER TOGETHER



ADVENTURE IN THE TREES



DAY OF HOPE

Day of Hope

MORE THAN A WALK

It's a Community Gathering



Resource Sharing • Stickball • Smudge Station • Face Painting • Foam Fun • Music • Food & More

Free Shirts While Supplies Last

CHECK-IN 5:30PM
WALK STARTS 6:30PM

SEPT. 20
SAT.

Norris Park,
Tahlequah



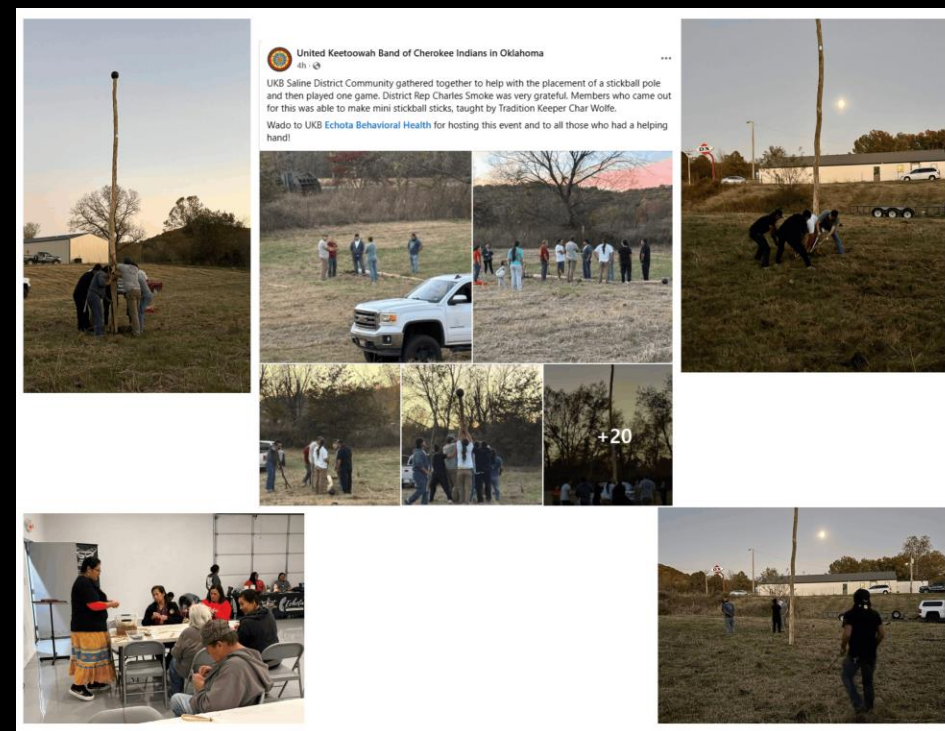
Hope. Culture. Healing. Connection.



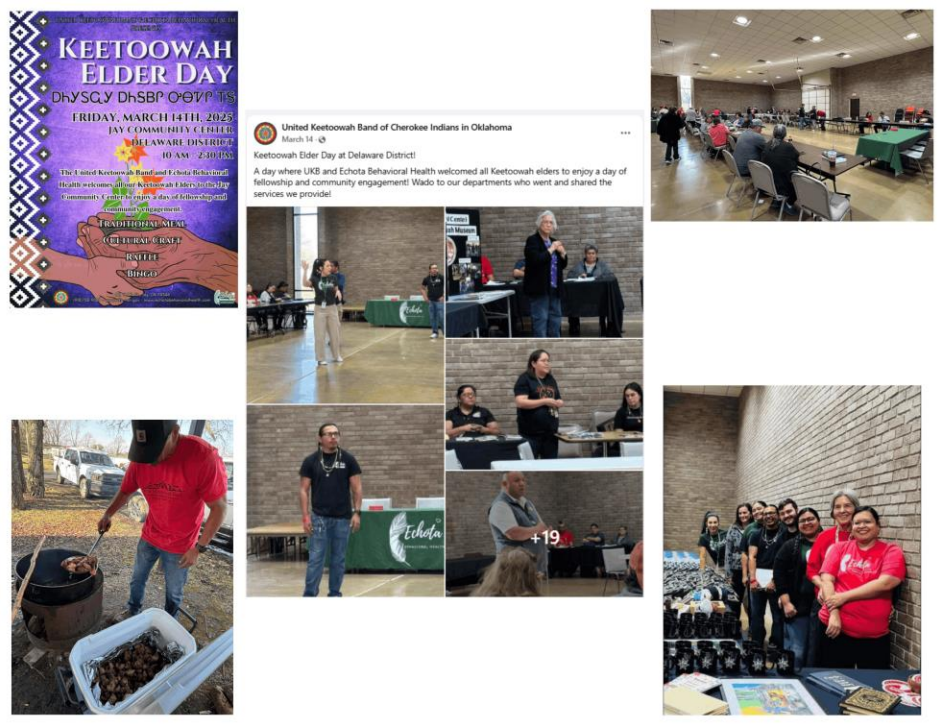
KANUCHI AND KAHOOT



STICKBALL POLE RAISING



ELDER DAYS



LIFE SKILLS



We are excited to announce our partnership with Echota Behavioral Health's Grants and Prevention team. Every week this semester our 7th-8th students get to be a part of lessons led by Kaleb Proctor learning about life skills such as:

- Mindfulness
- Gratitude
- Self Care
- Interpersonal Relationships
- Suicide Prevention
- Respect and Responsibility

As well as cultural activities!



At Echota Behavioral Health, we want to extend our deepest gratitude to all the incredible teachers who work tirelessly to educate, inspire, and support our children every single day. Your dedication, compassion, and resilience make a lasting impact on the lives of students and families in our community.

Thank you for being the guiding lights in the classroom and beyond. Your work matters—and we see you, we appreciate you, and we celebrate you!

Thank you, teachers!

#TeacherAppreciationWeek #ThankATeacher #EchotaBehavioralHealth #CommunitySupport



Adair County Retired Educators Association-ACREA

May 7 at 11:03AM · 45

Marcella Morton from Echota Behavioral Health in honor of Teacher Appreciation Week gave a comparison of a Teacher and a Butterfly. She then spoke to us about the benefits of Narcan in the war against Fentanyl. Her final presentation was teaching us about the Corn Husk doll as we enjoyed making our own. Thank you Marcella for a great presentation.

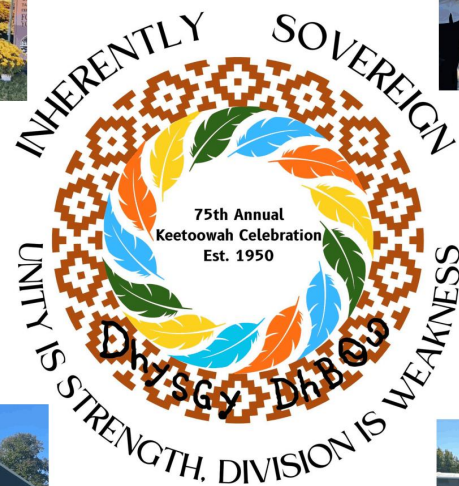
LIFE SKILLS



UKB YOUTH COUNCIL



KEETOOWAH CELEBRATION



QUESTIONS & ANSWERS

Wa-do, Mvto for your time and energy sharing space

